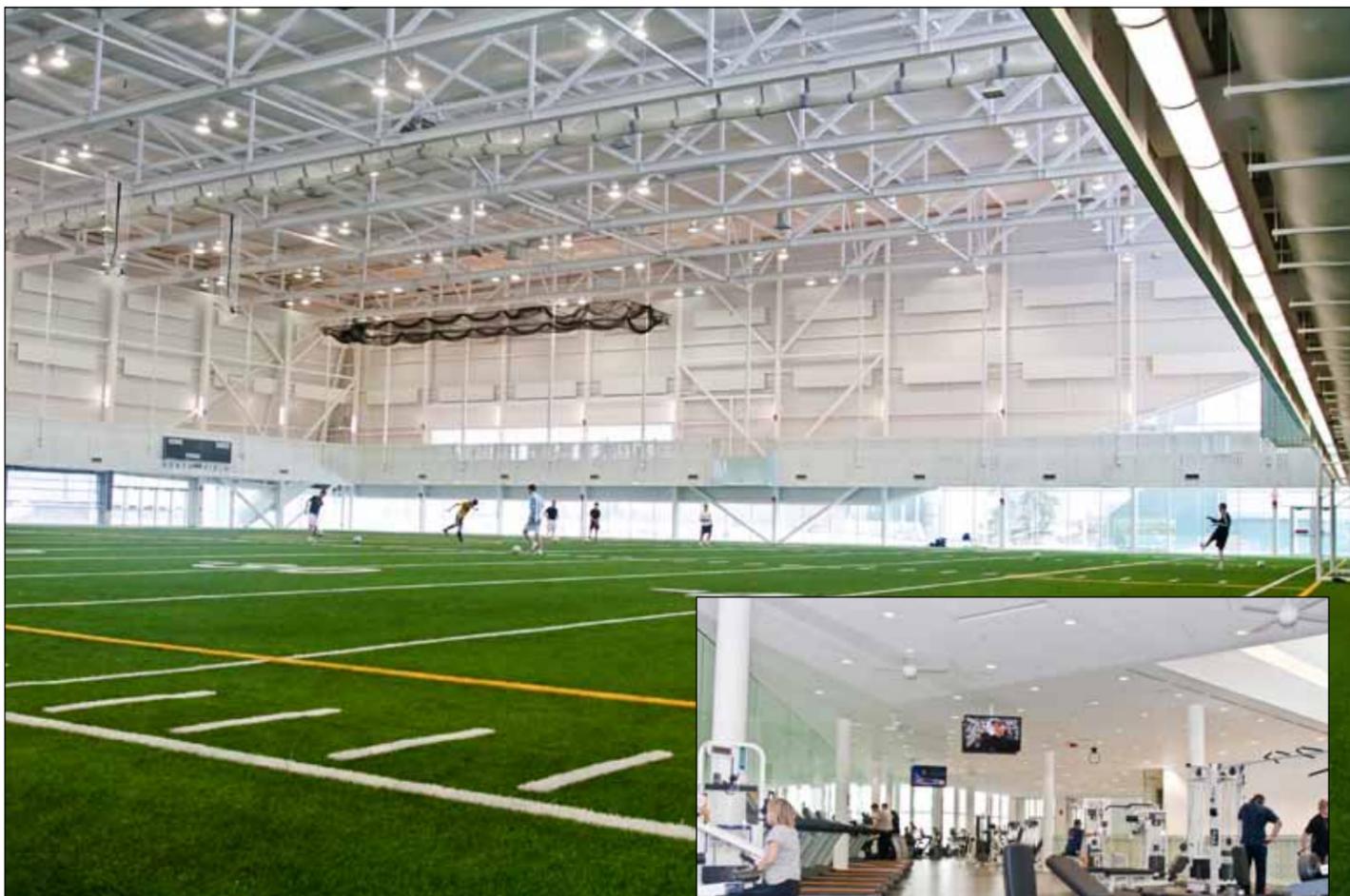


Rec Centre attracts city residents

Athletics centre on track to serve a record 35,000 people in its first year of operation.



The Commonwealth Recreation Centre at 11000 Stadium Road will be hosting a open House in November. Please check the centre's website for dates. <http://www.edmonton.ca/commonwealthrec>



MARI SASANO

The newly-renovated Commonwealth Recreation Centre has been open in our community for nearly a year now. Most of us have seen the natural wood and glass addition to the stadium from the outside, but how has its opening affected those who are on the inside?

Daren Dwernychuk, Operations Manager of the centre, says people have responded very positively so far, and are pleased with the amount of community access available.

"We were looking to reach out to community leagues, the multicultural community and the community that live in the area. They wanted to know that they could afford it, so when we arranged for community league swim time, we included access to all the other amenities as well. So every Saturday night from 5 to 7pm, community league members can use everything for free."

So far, it's working: as of October 2012, the Commonwealth is on track to having served 35,000 customers in its first year. That tops the previous record of 19,200 -- a significant increase.

Alex Murdoch lives in Norwood and loves the changes.

"I go there to use the gym. It's close to where I live and it has all the equipment and that's about all," he says.

"It's a lot more space and it seems like a place I want to exercise and get healthy in. I'm inspired by the building; it feels like a fresh start, and the staff is friendly. They did a great job. There are a lot of different areas, so it's not just a big mess of machinery and I like how that gives a little privacy when you're working out."

Aside from increased community involvement, another surprising factor is that

continued on page 2.

INSIDE

STORY OF TWO PEOPLES

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THE AVE WE HAD

"Innovations made in the United States saw meat packing move from urban to rural areas where it would be closer to its source."

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Community News

continued from page 1.

people from outside of the neighbourhood are coming down to check out the new facilities.

"I live in McKernan, but it's easiest to get to on the LRT," says Tess De Hoog. "I've been going for a few months, since the summer for Zumba classes, and my roommate takes her son to the pool, which she says is awesome."

The aquatic centre amounts for the greatest increase in interest, not only because it's new but also because of the amount of time available for the public to enjoy it.

"We have a leisure pool, a fitness pool, a whirlpool and a waterslide. The community wanted to be able to access the pools any time, not just during public swim times," says Dwernychuk. To respond to this need, the leisure pool is open to families from opening to closing, and there are two lanes in the fitness pool open to the public at all times, regardless of whether there are lessons or a swim club using the other lanes.

Capilano resident Mike Hamilton appreciates how family-friendly the pool area is. "I have a one year old and a two year old, and love the zero-entry pool. My little one can sit in the water while my older one plays in deeper water. They've also got a nice waterside that's appropriate for my two-year-old."

The new facility is still working through some growing pains, namely a few upgrades to increase safety (handrails, modifications to the slide), as well as the completion of the play area. However, the rec centre has been a success overall and will now only need a few touch-ups here and there.

"I don't think there will be any big changes. We want to be a hub for the community, so the programming and the hours will adjust to meet the community's needs and we hope to get better at meeting them."

Dwernychuk also notes that, while the Commonwealth is the shiny new penny of north-central Edmonton, the number of people who try it and stay -- from whatever community they live in -- that's what counts.

"We usually keep them: it's the beauty of the architecture, the natural light. It looks clean, it feels good, and the high air quality makes it a healthy place to work out."

Murdoch has noticed the effort.

"It feels like more of a community when I start to recognize staff, and the other day I was looking out the window -- that's another beautiful thing -- and I noticed people showing up with guitars. A music or songwriting group was using the meeting spaces. The other thing I see is notices posted from individuals to get together for activities, whether someone wants to know more about yoga or something like that. It's really a community centre."

Low-cost retailer opens his Piggy Bank

DARREN BOISVERT

While the Cromdale Hotel is now a pile of rubble, another iconic building on the other end of Alberta Avenue has been renovated and boasts a new tenant. Built in 1908, the building at 9340-118 Ave started out as a packing house for the slaughter industry. It later became Page The Cleaner. The location is probably best known for the almost 40 years it operated as George's Cycle - a well known city bicycle shop. Now it has been transformed into The Piggy Bank Liquidators.

Starting in April, co-owners Julian Proskow and Vanessa Hopf began clearing out the asbestos and tidying the place up.

According to Proskow, they considered the demographic of the community and thought that people would be looking for another store with low-cost bargains. Stocking the shelves through weekly shipments from bankruptcy proceedings and companies that have overstocked, the building is slowly filling up with baby clothes, basic groceries, housewares, and gift cards. Most merchandise is listed at under \$10 and Proskow hopes with Shoppers Drug Mart



Vanessa Hopf straightens the shelves as a customer pays. The building is over 104 years old, but doesn't look a bit past fifty.

moving to the Old Cromdale Hotel site, there will be an opportunity to sell convenience goods for the people living closer to 95th Street.

The Piggy Bank Liquidators had a soft-opening during the Kaleido Festival, but officially opened on September 15th. Vanessa Hopf, co-owner, has already been surprised by the amount of walk-in traffic they have seen.

"People walking around the Avenue," said Hopf. "You would never have seen that five years ago."

Her partner, Julian Proskow,

has been a fixture on the Avenue for over 30 years, spending some time as the chairman of the Alberta Avenue Business Association from 2002 to 2004 and ran the Metrotown Food Market in the same location until he decided to close shop due to cascading security problems.

"Business was good, but we had problems with people shoplifting, threatening my son, and he had to try to deal with it," said Proskow. "We finally made a decision to close the business because there was a lack of policing on the Avenue

and little support from Mayor Mandel at the time."

Proskow spent the past few years working in construction but after a heart attack and increasingly older bones, he decided to get back into the retail business. He's been heartened by the increase in customer traffic.

As for future plans, he is musing over taking the City of Edmonton's offer of grants to transform his building into an historical site. He says he is open to the possibility, but for now, is simply happy to be back in retail on the Avenue.

The story of two peoples continues

SHARON ANNE PASULA

Sometimes events may seem relatively insignificant compared to a war or a natural disaster, but in the spirit realm events take on a whole other kind of import. I'll admit I don't understand everything but sometimes I get a 'nudge' or a 'glimpse' from the other side that tells me 'this is significant.'

This is what happened on September 23, 2012 at the *Renewing Friendship: Zemlya/Nanaskomun: We Give Thanks for the Land: Aboriginal/Ukrainian-Canadian gift exchange*. The event was held at St Faith/St Stephen the Martyr parish hall just off 118 Avenue. The afternoon was marked by creativity, fun, tears, laughter and affirmation for about 85 people, many of whom were of Ukrainian or Aboriginal ancestry or both. Myrna Kostash (www.myrnakostash.com), a renowned author and speaker, was researching her Ukrainian roots in Alberta and realized history had not been entirely recorded. When she realized there had been a good relationship between her settler ancestors and the First Peoples of the land, she wanted to share this story because racism



Mark McKennitt displays the significance of the "Prairie Chicken Dance"

and discrimination had now blotted out whatever goodwill existed from that time period. She was inspired to hold an event to mark the goodwill of two marginalized communities who helped each other in spite

of language and other barriers. After talking around the idea Myrna eventually connected with myself, a long-time Metis activist and cultural resource person. Together we journeyed for over one year with the

consultation of Christy Morin to plan the ceremony. The event took on a surge of life when the Edmonton Journal featured the ceremony under a story called *Cross-cultural event billed as a renewal of friendships*. After reading about the ceremony Lena and Elaine Kostiuik contacted the facilitators and four paintings were released from the Royal Alberta Museum and showcased at the ceremony. The paintings by Lena Kostiuik depicted hospitable relations between settler Ukrainians and First Peoples.

This is how the story continues. People were moved to participate and give. The vision has been caught by many. The two dancers are now planning on a collaborative work for a future festival. People are asking "When is the next ceremony?" to which we want to reply "Same time next year".

More about this engaging ceremony can be found on an event page on face book, (<https://www.facebook.com/#!/events/449517041757197/?fref=ts>). Articles and more pictures from people who attended will be posted. What story are you continuing? What is the spirit nudging you to do?

Put on your cowboy hat and boots for the Wild West Deep Freeze: A Byzantine Winter Festival on January 12 & 13.

News Briefs



SHOP LOCAL, SHOP THE AVE

The Alberta Avenue Business Association (AABA) is encouraging residents to support local businesses on 118 Avenue. The Shop Local page at Live-Local.ca states why this is important - Shopping locally pumps more money right into our local economy. Studies show that for every \$100 that you spend locally, \$48 stays in our community, as compared to just \$13 when you shop at a big box or chain store. In November, AABA is giving businesses on Alberta Avenue reusable shopping bags to share with their customers. Learn more about local businesses at www.alberta-avenue.com.



STREETScape TO BE FINISHED IN 2013

This year Phase 5 of the streetscape/rehabilitation of 118 Avenue was scheduled for 103 Street to 106 Street. The construction got a late start due to EPCOR utility upgrade delays, so only the North side of the street was completed this season. Carry-over for 2013 is to include the south half of the road, bus turnaround grind and overlay, road top-lift and paving stone crosswalks. Mini barriers will be placed down the center line to protect the grade break due to the new surface and on the south side of 118 Avenue to protect the new lighting. Asphalt will patch the concrete walk on the south side and tie in the curb ramps for pedestrians. Two way traffic and all intersections will be restored. Remainder of work will begin in the spring.



MEAT-FEST AT NEW RESTAURANT

Bjorn and Brenda from Absolutely Edibles have transformed their old cafe at 10406 118 Avenue into a barbeque house renamed Sloppy Hoggs Roed Hus. The menu is chock-full of meat-laden dishes that are not for the faint of heart. The Roed Hus Road Kill has 8 oz of beef brisket, 8 oz smoked pork butt, 4 oz smoked chicken, 2 pieces of bacon, 2 pieces smoked cheddar, onion rings and fixings.

You can find their full menu at <http://absolutelyedibles.com/cafe.html>.



LOCAL FARMERS' MARKET IS NO MORE

The Alberta Avenue Community League held its final farmers' market on September 20th. The market will not be returning next year. For the past five years, the league struggled to build a sustainable, vibrant market. It was always a small market with a small customer base which made it difficult to attract and retain vendors. And without a good variety and mix of vendors, it was hard to attract and retain customers. With two new Thursday night markets opening up this past year in central Edmonton, the Alberta Avenue market was no longer sustainable.



SPRUCE AVENUE STARTS PARK AND PLAYGROUND REDEVELOPMENT

This summer the Spruce Avenue playground was removed and preparations started for installation of new equipment. This redevelopment is just the initial phase of a three-phase project started by Spruce Avenue Community League volunteers. After years of dedicated effort, they were finally successful in obtaining a Community Facility Enhancement Program (CFEP) grant for the first phase of construction. The redevelopment plans also include a water spray park, converting a closed roadway into a picnic area and moving the league parking to the west side. Development plans can be viewed at the Spruce Avenue Community League. For more info call 780-471-1932.



BREED SPECIFIC DOG BYLAW REMOVED

On October 17th, the City of Edmonton amended its Animal Control Bylaw removing breed specific legislation that labelled certain dogs "restricted" based solely on their breed.

An administration report stated that "There is no efficient method to determine a dog's breed in a way that can withstand legal challenge." Dogs such as pit bulls will now be treated individually based solely on behavior.

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The Ave We Had 2013 Historical Calendar with local festivals and events is now available for \$10. avenuehistory.org

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EDITORIAL POLICY:

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forum for all people. We en-
courage comments that fur-
ther discussion on a given
article or subject, provide
constructive criticism, or
offer an idea for community
activity. Letters should be
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and must include the full
name, location and contact
information of the author.
Op-Ed columns should be
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More than 'just a community newspaper'

DARREN BOISVERT

Three months before I began working for the Daily Times in Lahore, Pakistan, the newspaper offices were attacked by a crowd of angry people furious about an inadvertent slight against the Prophet Muhammad in a recent article. Molotov cocktails were thrown over the wall, nearly setting the compound on fire. Employees were escorted home under armed guard. It was, by all accounts, an ugly confrontation.

Upon my arrival, I was warned to be careful with everything I said and wrote, and that I was going to be under the watch of Pakistani Military Intelligence. Some evenings, I would catch a glimpse of my 'protectors' as their white SUV followed me home. There were informants inside the newspaper office and in my apartment. Not the easiest country in which to be a journalist.

With all this in mind, I asked the Editor-in-chief how it was possible to keep a newspaper publishing in a country run by a military dictatorship. His answer surprised me.

He said that he could tolerate anything thrown against his newspaper -- petrol bombs,

gunfire, spies and even torture -- but he would close the Daily Times in a heartbeat

if anyone attacked and undermined the credibility of his newspaper. He saw it as his job to present (as much as possible without jeopardising anyone's life) impartial news to his readers. If they no longer believed the newspaper was independent of the government, then he believed it was no longer possible to publish. There would be no point.

It would be grossly unfair to equate the culture of intimidation in Pakistan to Alberta Avenue and the Daily Times to the Rat Creek Press. However, every society has its vested interests, powerful politicians, and bureaucracies. And newspapers, no matter their country of origin, exist to inform the public of news that

is of interest and value.

One fact does translate across country boundaries and cultures. If a newspaper can fight to be impartial under a military dictatorship, why should newspapers in Canada be less ethical when the courts and most of the public agree that reporters should be impartial and unafraid of coercion?

At the Rat Creek Press, we struggle to present news and opinions that are of interest to our readers. We provide dedicated space to anyone with a counter-opinion, complaint, or correction to our facts. We are far from perfect, but like this community, we aim to be more than we are today. We are no more 'just a community newspaper' than this neighbourhood is 'just an inner-city ghetto'.

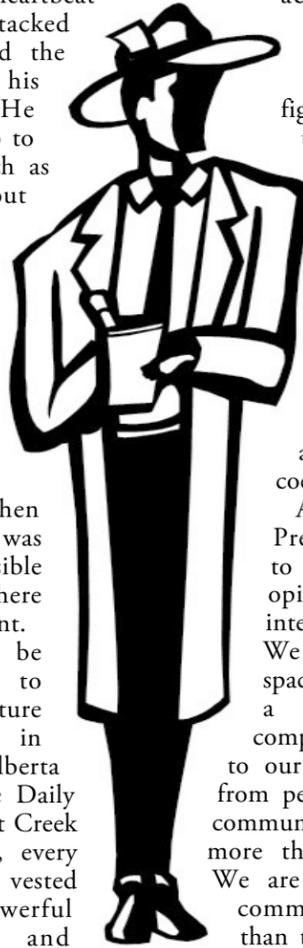
We believe that if our readers are to trust our news

coverage, they must have trust in our newspaper. It is for this reason the Rat Creek Press does not engage in advertising-for-editorial space agreements with community groups and businesses. Despite repeated requests from various organizations, in the past two years we have never accepted advertising payment for a story.

Conversely, we have published stories that have resulted in considerable political push-back, and we remain undeterred. In the months ahead, we will be publishing more in-depth investigative pieces and independent news reporting. These articles will not make everyone happy.

However, newspapers aren't in the happy-business. Nor do they exist to spin readers, to gloss over inconvenient evidence, or to provide coverage that only promotes one point-of-view.

In the end, the Rat Creek Press can only be the platform for our discussions and disagreements. We can only hope that our articles spur those conversations to take place between individuals and groups. We may disagree on everything in a story, except the right to publish that story in an ethical and upfront manner.



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CORRECTION

We apologize to Ritchie Velthuis for spelling his name wrong in the October 2012 Rat Creek Press photo caption "No longer one-of-a-kind". We would also like to inform our readers that the upcoming show sponsored by the Alberta Craft Council at the Discovery Gallery (10186-106 Street) has *changed* its show dates from May 11th to June 15th.



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Speaker's Corner

Have opinions? Great let's hear them!

Submissions: editor@ratcreek.org

THE LEMONADE STAND THE ARCHITECTURE OF BUSINESS SUCCESS

Here is the second in the series on building a successful business. Our neighbourhood is filled with freelancers, entrepreneurs, independent artists, and cottage industries run from homes. We hope that by presenting the challenges and hurdles faced by many independent business owners, along with sensible advice for success, will encourage others to consider following their dream of independence. This series is dedicated to helping these entrepreneurs succeed.

HENRI YAUCK

As mentioned in the introductory article, 'business success' has a definite architecture. That architecture is based on knowledge and applies across a wide range of businesses. Now let's get into that knowledge, that 'know-how' as well as the 'how-to'. The real stuff that makes for main street business success.

To reduce the learning curve I will use a very simple illustration that will give you the 'know-how' at a glance. Think of your business as a three legged stool. The stool has a seat. A place to sit, with the three legs holding it up keeping you in place nice and secure. Remove the seat and you're in trouble. Remove any one of the legs and your stool will collapse or fall over (much like a business that collapses or goes bankrupt).

Your product or service forms the seat. One leg represents the market. The second leg represents your message, and the final leg represents your media. If you sit on the stool with two legs to the front and one to the back, the leg at the back carries more weight than any of the other two. It's the same with your business one leg carries more weight than each of the other two. Yet, you need all three to succeed.

A look at all four parts of the business stool.

Your product or service.

This should be something that has existing demand. Otherwise you will need very

deep pockets with lots of cash in them. It must satisfy the wants of a group of people sufficiently big enough to be profitable on an on-going basis. Since only a certain percentage of people in the market group will buy or use the service in a given month, the market group must be big enough to generate sales every month.

Your concept or way of delivering that product to the end user should give it unique value. It



should answer the question, Why would someone want to buy this product from me, instead of the others that are selling it or something similar?

Your Market.

Assuming you have a market big enough to be sustainable, is there a real demand for what you have to offer? Is there a strong enough "I want that" activity in your market?

Remember, when people say, "that's a great idea", or "I like that", is not the same as "I want that." People

buy because they 'want' not because they 'like'.

Your message.

This is what needs to be said about your product, service or offering to your market. Here, you show people with an itch where to scratch for the best relief. Do this right and you will have consistent sales every day of the week.

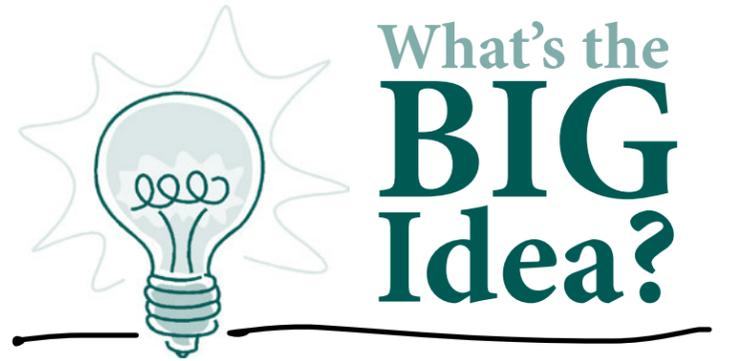
Your Media.

Where will you deliver your message? For example if you have an in-demand doggy biscuit you don't want to waste time or money telling cat lover's about it. The last thing you would need to do is give a speech about it at a cat lover's convention. You would be surprised at the amount of money business owners spend each week in this manner.

To pick your media, go back to your market and find out who is the buyer of that great product. The 'who' will help you find the 'where' your story should be told and what should be said.

WHO = market,
WHERE = media,
WHAT = message,
what you say.

"If you want to catch a mouse, make a noise like cheese." One of the largest retail businesses in the world was built on this premise. With annual sales exceeding that of Ford and Chrysler combined. Can you name that business? Stick with us and we will not only tell you who it is, but also how it was done.



Writing group seeks new authors

VIVIAN ZENARI

To learn to write better, writers must write. That is The Carrot Fiction Writing Circle's core belief. The Carrot Fiction Writing Circle is a work and discussion group for fiction writers.

The Writing Circle meets Tuesdays at The Carrot Community Arts Coffeehouse at 9351 - 118 Avenue from 7 to 9 p.m. Circle members spend much of this time writing. Some use laptops, while others write on paper. At meetings, members work on writing exercises or individual projects. Circle members also informally critique each other's writing. Since the Writing Circle meets at The Carrot, group members can drink coffee or tea and nibble on treats while they write.

Each week a Writing Circle member takes responsibility for introducing up to three writing prompts. As soon as a prompt is presented, a timer is set for fifteen minutes. Writing Circle members write like crazy until the timer buzzes. This unplanned, uncensored writing can spark creative ideas to help move along writing projects or inspire new works.

The Carrot Fiction Writing Circle welcomes new members. The Circle is useful for those who want to set aside a couple of hours a week for writing. The group also gives people the chance

to meet and talk with other fiction writers.

To join or for more information, contact Vivian at vzenari@gmail.com, or come by The Carrot on Tuesday nights.

Through a regular space in the Rat Creek Press, the Writing Circle hopes to motivate and encourage writers in the community. Each month, the Rat Creek Press will highlight a writing prompt from the Carrot Fiction Writing Circle.

If you are interested in submitting your writing based on the prompt via email to lit@ratcreek.org. On the last Tuesday of the month the Writing Circle will choose one submission at random. Circle members will write a critique about parts of the chosen work that stand out, that could be developed further, or that could be cut. The work chosen each month alongside the critique will appear in a future issue of the Rat Creek Press.

The first writing prompt is the word "lamp".

You can choose to write about a lamp at The Carrot, your living room lamp, an oil lamp, Aladdin's lamp, or any lamp you can imagine. You can choose to submit a spontaneous



fifteen minutes worth of writing or a more polished work based on the prompt. The only requirements are the word "lamp" must appear in your fiction writing and your submission must be under 400 words.



NOVEMBER 11TH - Take a moment to remember the men and women who have served our country during times of war, conflict and peace.

Do you want to be part of the best community newspaper in Edmonton?



In the past year, the **Rat Creek Press** has grown at breakneck speed. We launched **The Ave We Had: A Living History** project to celebrate our past and future, and are continuing with a historical photographic show at the Nina Haggerty Gallery, planned historical walking tour and community calendar. We've expanded our news coverage to include fearless investigative features, hard-hitting news stories, and continue to showcase the incredible energy and initiatives throughout our community.

We remain committed to being the premier forum for all opinions and debates that affect residents. If you have a voice, we have the space for your words. Everyone is welcome: photographers, writers, designers, computer technicians, history buffs, people to join the board of directors, and political activists. We're making a difference and the Rat Creek Press team invites all community members to join us at our Annual General Meeting on the final final evening of our **Ave We Had Gallery Show** at the Nina Haggerty Centre for the Arts. Come hear what we have planned for the next year, and suggest your own ideas.

RAT CREEK PRESS ANNUAL MEETING
Monday, November 5, 2012 from 7:00 - 9:00 pm
Nina Haggerty Centre for the Arts, 9225 - 118 ave

For more information contact Harvey Voogd (chairman of the board) at board@ratcreek.org or Darren Boisvert (Managing Editor) at editor@ratcreek.org.



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Facing our inner heroes

PREVIEW

THOUSAND FACES FESTIVAL
WWW.THOUSANDFACES.CA
OCT. 28 TO NOV. 11, 2012
ALL EVENTS AT THE AVENUE
THEATRE, 9030-118 AVENUE
FREE

MARI SASANO

Mark Henderson Artistic Director of Theatre Prospero's new Thousand Faces Festival digs down to our collective unconscious to tell the story of the Hero: a journey that takes a character from the everyday and ordinary through an adventure of fantastic proportions all which leads to the hero's personal and spiritual transformation. It is, essentially, the story of us all as individuals, as well as of humankind generally. It is a story that occurs in virtually every culture, according to the author Joseph Campbell, as outlined in his 1949 book, *The Hero With a Thousand Faces*.

"I've always thought that I wanted a festival of the root drama of different cultures," says Henderson. He imagined the festival being both multicultural and multidisciplinary, to show how much each cultural tradition has in common.

"It seems that the greatest sharing comes when we share the stories that are at the root of our cultures. We see the similarities, and that's what Joseph Campbell and others have seen."

Henderson himself discovered the hero's journey in an unlikely place: a Hollywood blockbuster. Star Wars creator George Lucas had modeled Luke Skywalker's story on the heroic myth in Campbell's



IMAGE SUPPLIED

book, which Henderson soon discovered.

"That led to Tolkien, which led to Shakespeare, which led to poetry, which led to Indian music, which led to Hindu mythology," and a lifelong interest in cross-cultural myths.

Theatre Prospero will mount the festival at the Avenue Theatre, with performances of Indian dance (*Moods of Mother*), a reinterpretation of the life of the Buddha through jazz (*The Buddha Suite*), a First Nations hero's journey by Alberta Aboriginal Art, Tanzanian storyteller Tololwa Molwel, and more.

Painter George Blanchette will be responding to each story throughout the festival.

Henderson would like to see more representation from the communities that live around

the Alberta Avenue area, such as the Latin American, African, and First Nations cultures, as well as cultures of the far east. Someday, he would also like to present a large-scale theatre or dance piece that we often don't see, such as a complete major South Asian dance or play. But he is pleased with the diversity of the project so far, and the creative energy that is coming out of Edmonton's arts scene.

"The response I've had from funders and audience members alike has been overwhelmingly positive, he says. I think it's important to be able to be not just multicultural but multidisciplinary. The Avenue is the place for it. Festivals like Kaleido and Deep Freeze creates the tradition or even the expectation for it."

THE AVE WE HAD GALLERY SHOW GALA OPENING CELEBRATION



On October 11, the Rat Creek Press hosted a Gala Opening for its interactive photographic display at the Stollery Gallery in the Nina Haggerty Centre for the Arts. The photo show originally showcased in June at The Avenue Oral History Project celebration and included a live theatre adaptation by three local actors who interviewed seniors about life around the Avenue. Rebecca Lippiatt, the photographer for the show, shared a few words at the gala about her role taking pictures of the people who were interviewed. Learn more about the Avenue history at avenuehistory.org.

Old time drive-in movie brings out over 80 cars



It was the 1950's again in the parking lot of the Alberta Avenue Community League on October 5th for the on-the-wall screening of *Grease!* The drive-in was the idea of Frank Zotter, a local resident and actor. He wanted to bring families out at night to enjoy a safe time on the Avenue. Zotter would like to thank Judy Allan and the Avenue Initiative matching grant for funding the event. People from around the city drove up to enjoy the old-time experience of watching a movie in the backseat of their car. Popcorn and hotdogs were provided by the volunteer serving staff Erin Voaklandr and Karen Herzog, who brought a bit of flair to the evening.





Light UP the community

Light up your house or balcony, win great prizes! Awards presented at Deep Freeze Festival 2013.

Nominate your favourite house to judy.allan@edmonton.ca

November 23, 2012 Light Up The Ave 6 pm Lights On, 6:30 - 8:00 Awards, wine & cheese reception Eastwood Community Hall 11803 - 86 St.

Get Ready For Christmas on the Ave!

Creative Prose & Writing Group
 Every Tuesday 7pm - 9pm *NEW!*
 9351 - 118th Ave contact: vzenari@gmail.com



Felting Workshop
 November 10th, December 8th 1:30pm - 4:30pm
 9351 - 118th Ave Learn how to make Christmas Decorations

Carrot Christmas Bazaar
 Saturday November 24th 9:30am - 4:30pm
 9351 - 118th Ave Great gifts for Christmas - locally crafted pottery, glassware, cards, photography, jewelry and more

Save The Date: Yule Ave A Merry Christmas
 Entertainment, decoration, Carolling & old fashioned fun!
 December 15th & 16 Watch for details!

Coloring lives one painting at a time

PAULA GILLIS

Last year I wrote an article on the Art on Earth Program that is held in the Prayer Hall of St. Faith's and Stephen the Martyr Church and is funded by the Anglican Diocese of Edmonton. At the end of September this program started up again with attendance ranging anywhere from 7 to 18. Every Wednesday from 10 until 12, people gather at the Anglican Church in order to explore their creative side. Some people have stopped attending for various reasons, like going back to work, while new faces have taken their place. Some breeze in and out, like me, working on whatever project calls to them.

The purpose of the program is to use the media of art to bring people together as a community. Those attending the community art studio come from diverse backgrounds and work towards acceptance of self and others through their projects. Jean Tait, the woman who leads this group, is not there to teach people how to become world famous painters. She is simply there to provide a bit of guidance as people discover the fun of art making, whether it's sketching out cards or making a fancy mirror as a gift for themselves or others.

When I wrote about the program last year I was a full participant. However, with



Artists from the Art on Earth Program at St. Faith's and Stephen the Martyr Church.

life changes I found myself wandering in toward the end of the morning for coffee and a chat or bringing my own project to work on while I half listened to the calming hum of the conversations taking place around the table. Everyone has their own agenda on Wednesday mornings. Some are serious artists who work to perfect a drawing. Others, like me, want to expand our creative sides. As a friend of mine said recently, one does not have to be artistic in order to be creative. Though I am more creative than artistic I will acknowledge that, with Jean's encouragement, I have

ventured beyond the drawing of stick people as I use my projects to express a sense of unease, hope for the future or just taking time to talk and work with others.

Frances Bouchard is a much more faithful attendee than I. Celebrating 16 years of sobriety, Frances has worked hard to grow a new life for herself and her 5 children. Frances struggles with health issues today but is determined to do the best she can with her new life.

"I joined the art class because I wanted to do things that would help me get through life's challenges," says Frances.

"Along with giving me an opportunity for social growth by increasing communication skills with others, the art is relaxing; almost like meditation for the brain. It brings peace joy and happiness to my life; in mind, body and soul."

Frances encourages other people to come out to the classes and have an opportunity to experience similar growth to what she has described. She also hopes that the new skills that she is developing will allow her to work with others who struggle with addictions.

I barely remember Frances from the first weeks of the program last year. I now see the changes in her; her increased willingness to share her projects, the more willing smiles and her part in creating that peaceful hum of communication that makes its way around the table.

Like Frances, I will keep going back to the Art on Earth Program. Sometimes it will just be for a coffee and a chat, but at other times I have a plan for my own art making, or will choose to do what other women and men are doing. For example, at the end of last year I started a mirror that is similar to the one that Frances is holding. Hers was a gift for her mother who sometimes stops by to see us. Mine will be a gift for me. Because I am worth it and because my inner child loves the process.

In Flanders fields the
poppies blow
Between the crosses,
row on row,
That mark our place;
and in the sky
The larks, still bravely
singing, fly
Scarce heard amid the
guns below.

We are the Dead.
Short days ago
We lived, felt down,
saw sunset glow,
Loved and were loved,
and now we lie
In Flanders fields.

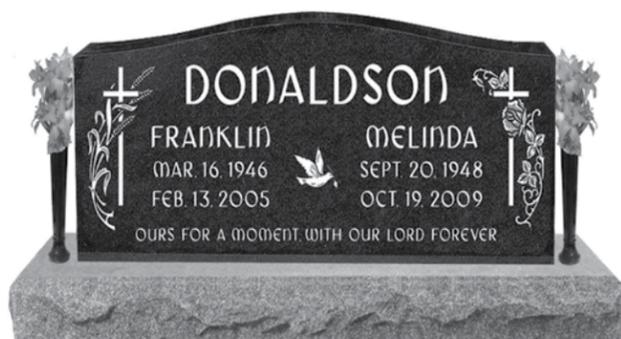
Take up our quarrel
with the foe:
To you from failing
hands we throw
The torch; be yours to
hold it high.
If ye break faith with
us who die
We shall not sleep,
though poppies grow
In Flanders fields.

~ John McCrae

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PETER GOLDRING
Member of Parliament
Edmonton East



FOREIGN INVESTMENT CAUTION NEEDED

The Federal government needs to exercise transparency and openness in all future discussions regarding the proposed takeover of Canadian energy giant Nexen by the Chinese government.

This resource belongs to the people of Canada, not to government officials, not to the Premier of Alberta, and not to China. If the Federal government really believes that the

opinion of the Canadian public will be a factor in the decision, then public hearings should be held by a committee of the House of Commons. I have introduced a motion in the House (M-410) calling for such a committee to be established.

Under current rules, takeovers such as the Nexen deal are permissible if they are found to be of "net benefit" to Canada. But what "net benefit" means needs to be clearly defined in public so that every Canadian understands what exactly is being looked at and considered when the government makes a final decision on the Nexen deal (or any future deal). In this case for example, is the Chinese government a fair and equal partner to Canadian corporations on human rights, worker rights, and environmental concerns? Or are Chinese corporations cross-subsidizing or competing unfairly with free enterprise corporations?

I am optimistic that one of the opposition parties will pick up the mantle for this cause and will not hesitate to take further action. Canada is currently running a \$30 billion trade deficit with China. If the Chinese government put these resources into purchasing Canada's corporations then they could hypothetically purchase two Nexens a year. Thus, we must proceed carefully as we define our future. I think before we sell the family farm out from under our children and our grandchildren, we need a full and wholesome understanding of our country to country rules for fair economic engagement.

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WE ARE HAPPY TO PRESENT THE SECOND PLACE WINNER OF THE 2012 RAT CREEK PRESS POETRY SLAM HELD DURING THE KALEIDO FESTIVAL IN SEPTEMBER. KEVIN LOTSBURG HAS BEEN WRITING POETRY FOR MANY YEARS, AND HAS BEEN A REGULAR AT OUR POETRY SLAMS. CONGRATULATIONS TO KEVIN FOR THIS HILARIOUS EXPOSE OF A BEACH DAY GONE HORRIBLY WRONG...



THE SANDWICH, THE SEAGULL, AND THE NUDE BEACH

By Kevin Lotsburg

*I have never been one to shy from the sun; I enjoy it whenever I can.
And I love a nude beach to help me to reach that perfect, all-over tan.
When I had a smart hunch to enjoy a nice lunch while soaking up all of those rays,
I hadn't a clue that what would ensue would haunt me the rest of my days.*

*Nothing beats food to enhance a great mood, such as mine on the beach that fine day;
I ate my meal hurriedly, and it never even worried me that a crumb or two might go astray.
I don't think myself a slob, but as I inspected the job I'd performed on eating my sandwich,
I had done less to devour it and rather more to shower it; my lap could have advertised for Manwich.*

*My lunch covered my chest, and my thighs, and all the rest – and even worse, I noticed with dread,
Crumbs of pumpernickel were now peppering my pickle – which had also slid from my bread.
I don't know if Miss Manners has advice for suntanners who find themselves in this dilemma –
Do they sit and pick daintily, or stand and let gravity rid them of their edible ephemora?*

*I was contemplating my state of now wearing what I ate, when some motion caught my eye.
A familiar visitor was being an inquisitor and had descended from the sky.
It wasn't a hawk nor owl; not a wild sporting fowl; nor any other bird so regal:
My gastronomic misdirections had come to the attention of a hungry, scavenging seagull.*

*Like a fox-hunting beagle, that McDonald's Eagle had spotted my sandwich's crumbs –
With a look in his eye that would terrify the most ardent of my fellow beach-bums.
Between the folds and the creases he was eyeing my pieces like Spassky during a chess match;
But my bishop and rooks wouldn't fall to this crook without a hard-fought deathmatch.*

*Immediately our eyes locked, mine and the fry-hawk's, and he quickly took to flight;
I just sat in the sand and made my last stand, prepared to engage in the fight.
But everyone knows, that like magpies and crows, a seagull is never alone;
With sons, friends, and brothers, plus an abundance of others, he's backed by an army of clones.*

*As in times Jurassic, their approach was classic; I was tricked by my would-be captors.
While the first had me distracted, the rest of them acted – just like their ancestral Velociraptors.
A flurry of feathers exploded 'round my nethers; I swatted and batted and squirmed;
I shrieked like a girl, and I'm sure the whole world heard me yell "That's not a worm!"*

*I'd like to claim victory, but as with all history the stories are told by the winners,
So in seagullese it must be written that I was left bitten while the heroes earned their free dinners.
By those verminous vultures I was chewed, scratched, and punctured – they gave me a darn good shellacking.
Though I was thoroughly disgraced, they at least managed to erase all the evidence of my careless snacking.*

*And as I wrack my brain, I can not recall pain of an intensity quite such as that –
Except maybe the time that my attachments were climbed by a nine-pound lap-bound cat.
My only consolation is the degree of devastation avoided by my choice of grub:
I'd have suffered more contusions from the resulting confusion if I had ordered a meatball sub.*

*I've returned to the beach, and hope someday to reach a state like my former relaxation,
But 'til then I'll be careful – and forever prayerful for a seagull extermination.
When I'm out without clothing I carry a loathing for those despicable birds and their meanness,
And even the sight of them renews my deep fright of them – for so viciously attacking my...sereneness.*

Feature Properties:



BALWIN 1056 SQFT BUNGALOW - \$308,888
Curb appeal galore, greets you walk in through the perfectly landscaped front yard complete with built in planter boxes for those gardening enthusiasts. There is some unique wood detail through out the main floor. The living room looks out to your front yard, it's spacious, open and perfect for entertaining. The updated kitchen features stainless steel appliances, tiled backsplash and new counter tops. You'll find 3 good sized bedrooms on the main floor along with a renovated bathroom. The finished basement has a massive bonus room, let your imagination run wild as you decide what to do with this space, family movie room, rec room, the choice is yours.

An additional 4th bedroom and powder room in the basement means there will be plenty of your room as your family grows. Start making plans for your vegetable garden, because the back yard has a 24ft x 17ft gardening patch.



ALBERTA AVENUE 824 SQFT BUNGALOW - \$299,000
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The Ave We Had

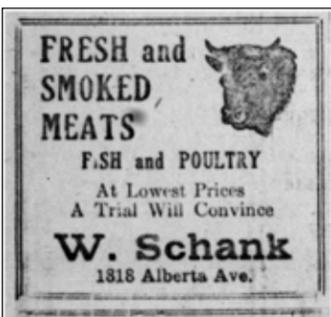
www.avenuehistory.org

DID YOU KNOW?

Edgar Millen Park (11424 Fort Road) is named after an R.C.M.P constable who lost his life at the hand of Albert Johnson, more often known as the Mad Trapper of Rat River. Johnson was the subject of a widespread manhunt in the Yukon and Northwest Territories after he shot an R.C.M.P officer sent to question him in January of 1932. The posse formed to hunt him down consisted of nine men, 42 dogs and 20 lbs of dynamite, which was meant to blast him out of his cabin if necessary. Among the searchers were two Edmonton men, Const. Edgar Millen and the legendary Wop May, the flying ace who was the last Allied pilot to be pursued by the Red Baron, who was enlisted to fly over the area in search of Johnson. On January 30, Const. Millen was shot by Johnson who then retreated into the bush before being eventually shot down by officers on February 17.

TIME FOR A HISTORICAL CALENDAR

The above story is just one of many stories that help define our neighbourhood. This year, to celebrate our history, The Rat Creek Press has put together **The Ave We Had: Our Time Together**, a historical calendar for the Alberta Avenue neighbourhood. It is a stylish (oh yes, a calendar can be) and unique collection of historical photos and stories, as well as a guide to the festivals and events in the area this year. Please contact info@ratcreek.org to order your own copy.



Cutting through the meat-packing business

JONATHAN WELLER

February 20th, 1914: Edmonton Bulletin headline proclaims "Swift's Kills Two Pigs Every Five Minutes", a rate that amounted to 1,500 animals each day. It was a mighty achievement for the packing plant located near what is today 64th Street and 124th Avenue.

It was not alone, one of its rivals, P. Burns and Company could hardly be considered a slouch itself. As the article goes on to say, they were processing over 1,000 animals each day and this was only a year into operations at their new plant to the west of Swift's.

Things have changed a lot in the intervening century. Prior to its shutdown last month, XL Foods in Brooks was processing over 4,000 animals each day. That, as the Globe and Mail nicely pointed out, is the equivalent of 3,000 steaks each minute. The present crisis is creating an uproar across the country and forcing important questions to be asked about our current system.

It was 1912 when the area in Northeast Edmonton surrounding the plants came within city limits.

Even then it raised eyebrows as an odd relationship. As the Edmonton Bulletin reported, both factory owners and politicians recognized that "generally speaking, packing plants are not the [most desirable] in high class business or residential districts."

But the taxes from business and the surrounding communities were good, so, the city expanded and packing plants became a familiar feature of the landscape in North Edmonton. So much so that the area football team was named, rather crudely, the North Edmonton Pig Stickers.

As the years went on, production increased, and in 1936 Canada Packers opened and the other plants expanded. Residents were employed with steady, reasonable paying jobs and a healthy business environment sprung up on



Swift Canadian Company Plant, 1914

118th Avenue to support them. As it happens though, the city grew up around the plants and inevitably the two collided.

Shortly after five o'clock on September 12, 1913, a freight train reversing towards Swift's collided with a street car where the tracks crossed along Alberta Avenue at the northeast corner of the Exhibition grounds. As the Edmonton Bulletin reported "Although the impact was of sufficient force to splinter the street car into fragments as if it were matchwood, and to toss into the air a G.T.F box car and three flat cars, nobody, miraculously enough, was killed, and the street car motorman, Edward Pascoe, who sustained a broken arm, was the only person seriously injured."

Truly remarkable, indeed, as Mrs. Curly of 513 14th Street, was found pinned and covered in blood under the wreckage of the street car.

Another issue that arose was that of the waste created by the slaughter of 1,500 animals a day.

Silverio Sirianni, one of the participants of our oral

history project, remembered the lagoons that surrounded the plants.

These were days when he and his friends would skip school and go down to the lagoons and "play, grabbing frogs and making rafts and building forts and stuff like that." They did not think much about what or where the lagoons were coming from, it was just a welcome respite from long days in a stuffy classroom. "We would be floating around on it and, I mean it didn't smell really at all but once you broke the seal on that water, the stench would come up. There was one incident where I broke through and was covered from the waist down in this black...bad stuff, it really stunk and unfortunately it was a school day." Fortunately, for everyone involved, his teachers graciously sent him home.

The Pig Stickers no longer play the local Norwood club and the lagoons are long gone.

Innovations made in the United States saw meat packing move from urban to rural areas where it would be closer to its source. As well, the process, once considered a

decent, skilled job was broken down into an assembly line of repetitive tasks. These changes lead to conflict with workers as plant owners sought to reduce salaries and cut costs. Demands for wage concessions lead to strikes and strikes to conflict with the owners, some plants shut down and others like Lakeside in Brooks broke the back of unions by recruiting unskilled labour to fill the need.

Today, meat packing plants don't exist next to schools or in residential neighbourhoods, they don't employ local residents. They exist as mega factories, employing labour from war torn countries whose rights as workers are not covered in our laws and they exist on the fringes of far off towns, far from the public eye, far from our places of memory.

Clearly, the history of this industry is far larger than this, but these stories, much like the sole brick chimney that remains of Canada Packers, remain as testaments to our past. Reminders of change and the markers needed to help us situate the big problems closer to home.

The City of Edmonton and the Alberta Avenue Community League invited you to a Community Workshop on a proposed Alberta Avenue Heritage Area from 111 Ave to 116 Ave and 94 St to 97 St

Monday, November 19th from 7pm to 9pm
in the Lutz Room at the Alberta Avenue
Community Centre, 9210 118 Avenue
Please RSVP 780-442-5429 or
lorraine.collins@edmonton.ca Can't attend?
Fill in the online survey. For link and more
info. visit www.albertaave.org.

AGM

EASTWOOD COMMUNITY LEAGUE



NOVEMBER 14TH, 2012 AT 6:30PM

at the Eastwood Community League Hall, 11803-86 Street
Memberships available before the AGM from 6:00-6:30pm

Bring out your friends & sticks. Join the street ball hockey tournament at Deep Freeze. deepfreezehockey@gmail.com

COMMUNITY CALENDAR

for the neighbourhoods of Alberta Avenue, Delton, Eastwood, Elmwood Park, Parkdale-Cromdale, Spruce Avenue and Westwood

Listings for free events and programs as well as volunteer opportunities. Email your listings to info@ratcreek.org.

ENTERTAINMENT

THE CARROT STAGE

Thursdays: Zoomers open mic for folks 55+ 1:30-4pm. \$1.25 minimum charge. Fridays: Live music. For line up go to www.thecarrot.ca. \$5 at the door. Saturdays: Open mic 7:30-9:30pm. Great time to share your newest tune, poem or comedy act! Free for all ages. \$1.25 minimum charge, (9351 118 Ave). More info: call Irene at 780.471.1580. November 20th and 21st from 7-9pm: The Poet Within and Without - readings.

THE AVE WE HAD GALLERY SHOW

Running from October 4th to November 5th at the Nina Haggerty Centre for the Arts Stollery Gallery (9225 118 Ave). Gallery Hours: Mon-Fri 9:30am-2:30pm; Thursday 4:30-8:00pm; Saturdays 1:00-3:00pm. Closing reception/Rat Creek Press AGM: Monday, November 5th from 7:00-9:00pm. www.avenuehistory.org

EVENTS

BOOK LAUNCH

"Listen, Honey" (a collection of short stories with entertainment) by Shelley Leedahl on Monday, November 5th from 7-9pm at The Carrot (9351 118 Ave).

CARROT CHRISTMAS ARTS BAZAAR

Six diverse and wonderful artisans sell their craft at the Carrot. A wonderful time to start your Christmas shopping!! Support your local artist and enjoy great company at the Carrot Community Arts Coffeehouse (9351 118 Avenue), Saturday, November 24th from 9:30 to 4:30pm.

ARTIST LUBA'S TRUNK SHOW

Artist Luba will be selling her hats, jewelry and art. Come in for a latte and great shopping! Sunday, November 25th, 1-5pm at The Carrot (9351 118 Ave).

ENGLISH CONVERSATION CIRCLE

Drop in and join others who also want to practise their English. English Conversation Circle is part of Catholic Social Services' Learning and Community Enrichment (LACE) program. Call Catholic Social Services at 780.424.3545 for more information. Monday, November 5th and 14th at 7pm at Sprucewood Library (11555 95 St). More info: 780.496.7099.

GREY CUP WITH CRUD

Come watch the Grey Cup at CRUD's third annual Grey Cup Party on Sunday, November 25th at the Alberta Avenue Community League (9210 118 Ave) doors open at 3:30pm. Concession and cash bar available. For more info: www.crudedmonton.org

ABORIGINAL FAMILY STORYTIME

Join us as we share songs, stories and rhymes inspired by the Aboriginal culture. The whole family is invited to enjoy this entertaining program. Friday, November 30th at 1pm at Sprucewood Library (11555 95 St). More info: 780.496.7099.

CHRISTMAS CRAFT SALE

Parkdale-Cromdale Community League will be hosting a Christmas Craft Sale for baking and crafts on December 1st from 9am-5pm and December 2nd 9am-4pm. Cost of tables will be \$10. Contact Margaret at 780.479.8134 to reserve a table. We look forward to sharing our Christmas spirit with you!

NOTICES

ICE SCULPTING CONTEST

Arts on the Ave presents...Deep Freeze: A Byzantine Winter Festival featuring the Sixth Annual Ice Sculpting Contest. 2013 Sculpting Theme: The Wild West. Carve up to 3 block of ice from 10am January 12 to 2pm January 13 at the Alberta Avenue Community League (9210 118 Avenue). Grand Prize \$250, Second Prize \$125, Third Prize \$75. We invite all artists to participate in creating a gallery of ice sculptures for all of Edmonton to enjoy. More info: email deepfreezeproducer@gmail.com Submission Deadline: Friday, December 16th, 2012.

COPS AT THE CARROT

Join EPS members every Tuesday morning from 9:30 to 10:30am for open and direct access to the EPS members working in your community. Bring your questions and comments or come in for a visit and coffee.

PROGRAMS/CLASSES

ESL GROUP

We now have an ESL group that meets Wednesdays from 9:30-11am at the

Parkdale-Cromdale Community Hall (11335 85 St). New students are always welcome, so drop in or recommend a friend! More info: call 780. 887.6825.

CREATIVE PROSE AND WRITING GROUP

Tuesdays from 7-9pm at The Carrot. More info: Vivian at vzenari@gmail.com

FREE ENGLISH CONVERSATION CLASSES

Practice your English conversation skills every Saturday morning, 10:00-11:30am, at Bethel Gospel Chapel, corner 95 St and 115 Ave, starting September 29th. Classes are free, and childcare is provided.

SING, SING, LAUGH AND LEARN

For children up to age three accompanied by a grown-up. Join us for singing, rhyming and signing. Parents will learn strategies to engage their children and enhance their communication and development through repetition, visuals and movement. Tuesdays, from 10:30-11:15am at Sprucewood Library (11555 95 St). More info: 780.496.7099.

NEEDLE FELTING

Materials supplied and tools will be on hand for those who don't have their own. The Second Saturday of the month at 1:30pm at The Carrot (9351 118 Ave). More info: info@artsontheave.org or call 780.471.1580.

SOCIAL ACTIVITIES

FAMILY STORYTIME

Share stories, songs and games for the whole family. Saturdays from 2:30-3:00pm at Sprucewood Library (11555 95 St). More info: 780.496.7099.

TEEN GAMING

Come to the library to play some great games! Hone your *Guitar Hero* or *Dance Dance Revolution* skills, or choose from plenty of other Wii and PlayStation games. Thursdays from 6:30-8:30pm at Sprucewood Library (11555 95 St). More info: 780.496.7099.

WOMEN'S AFTERNOON OUT GROUP

This group gives women a chance to get out and mingle with other women who like to work on crafts such as knitting, crocheting, card making, and more. Ladies are welcome to work on the project we are working on or bring their

own. Cost is \$1 drop in fee which goes toward the purchasing of materials. We also have a potluck snack. Every Monday from 1:30-4:00pm at Sprucewood Library (11555 95 St). More info: call Michelle at 780.232.5822.

COMMUNITY MEALS

Breakfast: 2nd and 4th Saturdays from 8am-10am; Supper: 3rd Friday of the month at 5pm; Women's fellowship supper: 2nd Thursday at 6pm; Drop-in Centre Thursdays 10am-2pm at the Anglican Churches of St. Faith's and St. Stephen the Martyr (11725 93 St). More info: 780.477.5931.

PARKDALE-CROMDALE SENIORS GROUP

Seniors bingo takes place every Monday from 10am-2pm at the hall (11335 85 St). Coffee and snack provided.

SENIORS LUNCH

Wednesdays from 11:30am-12:45pm at Crystal Kids Youth Centre (8715 118 Ave).

BABES IN ARMS

A casual parent group Fridays, 10am-12pm at The Carrot (9351 118 Ave).

LI'L SPROUTS PLAYGROUP

Come by the Parkdale-Cromdale Hall (11335 85 St) with your little ones Fridays, 10am-12pm. For more info, call Chantal at 780.669.3272.

CRUD COMMUNITY DINNER CLUB

Discover new flavours and restaurants while you explore a variety of wonderful cuisine along Alberta Avenue with friends and neighbours. Check CRUD's calendar at www.crudedmonton.org or Facebook for time and location of this month's feast.

SPORTS/REC

THRILL THE AVE

Maybe you saw us doing Thriller at Kaleido and thought, "That looks like fun!". It is. We are continuing classes to learn Thriller to perform at events throughout the year. Classes are Wednesday nights 7-8pm at Alberta Avenue Community League (9210 118 Ave). Classes are free and no dance experience is necessary. We welcome people of all ages. Fun for the whole family. For more info, contact Heather at 780.454.9296, email thrilltheave@gmail.com.

com or look us up on Thrill the Ave on facebook.

BALL HOCKEY TOURNEY

Enter your team for the 3-on-3 street ball hockey tournament at Deep Freeze Festival on January 12th and 13th. Email deepfreezehockey@gmail.com.

DEEP FREEZE RACE

Get a team of 3 together and race at the Deep Freeze Festival in an actual deep freeze. Deep Freeze on skis provided. Enter your team at deepfreezerace@gmail.com

YOUTH DROP-IN

Meet new people and play some sports. Fridays, October 26th to November 16th from 6:30pm-9:30pm at One World One Centre (12050 95A St).

FREE QIGONG CLASS

YiXue Lotus practice (Lotus Qigong) for a calm, stable heart and overall well-being. Weekly class, No Fee. More info: call Astrid at 780.477.0683.

CRUD DOG WALKING GROUP

Meet neighbours and their canine companions while walking around the community. Mondays evenings: 6:30pm in front of St. Alphonsus Church (11828 85 St). Walks are cancelled if raining or below -15 degrees.

FREE COMMUNITY ACCESS AT THE NEW COMMONWEALTH REC CENTRE

Saturdays from 5-7pm there is a free community access time for community league members. Enjoy the pool or the fitness centre. All 7 area leagues are participating. Contact your neighbourhood league to get a membership.

VOLUNTEER

JOIN THE COOLEST FESTIVAL

Be cool and wild at the 2013 Deep Freeze Festival on January 12th and 13th. The theme this year is The Wild West. We are in need of cowboys and cowgirls to help round up the crowds - outdoor, indoor, before, during, after. Take your pick. Email deepfreezevolunteers@gmail.com or come out to a volunteer round-up - November 15th or December 6th or January 8th at 6pm at the Alberta Avenue Community Centre (9210 118 Ave).

We would like to thank the Norwood Neighbourhood Association (NNA) for sponsoring the Community Calendar. For more info about the NNA, go to albertaave.org/nna.html

CHURCH SERVICES

ANGLICAN CHURCHES OF ST. FAITH'S AND ST. STEPHEN THE MARTYR

St. Stephen uses the Book of Common Prayer in the rich worship style of Anglo-Catholicism. St. Faith worships according to the Book of Alternative Services and has a more contemporary service in language and form. Two Traditions - One Faith.

St. Faith's: 780-477-5931
St. Stephen: 780-422-3240
11725-93 Street

Sunday Services:

8:30 am - Low Mass (St. Stephen)
9:00 am - Morning Prayer (St. Stephen)
9:30 am - High Mass (St. Stephen)
11:00 am - Morning Worship (St. Faith's)
7:00 pm - Evensong (St. Stephen)

AVENUE VINEYARD CHURCH

A friendly, informal, non-judgmental and safe place to grow spiritually. Traditional Christian values in a non-traditional way.

8718-118 Avenue (Crystal Kids building)
www.avenuevineyard.com
Sundays at 10:30 am

BETHEL GOSPEL CHAPEL

A Bible-based, multi-ethnic fellowship.
11461-95 Street 780-477-3341

Sunday Meetings:

9:30 am - Lord's Supper
11:00 am - Family Bible Hour
Saturdays - Free English Conversation Café for immigrants

ST. JOHN'S EVANGELICAL LUTHERAN CHURCH

Please join us for our diverse services. We offer regular Sunday worship services in German and English languages.
10759-96 Street (Corner of 108 Ave)
780-422-0059 www.stjohnsluth.ca

Service Times:

9:30 am - German Service
11:00 am - English Service
11:00 am - Sunday School for Children

Holy Communion: Every first Sunday of the month in the German Service
Holy Communion: Every third Sunday of the month in the English Service

ST. ALPHONSUS CATHOLIC CHURCH

11828-85th Street 780-474-5434

Service Times:

7:30 am - Mass, Tuesday to Friday
4:00 pm - Mass, Saturday
Vigil of Sunday
11:00 am - Mass, Sunday
Main Celebration
4:00 pm - Mass, Sunday,
Eritrean Catholic Community

St. Vincent de Paul Food Help Hotline:
780-471-5577

CHRISTIAN LIFE CENTER

Our Vision is to be a growing community of believers who are woven together by the love of God for support, fellowship and prayer.

10123 Princess Eliz. Avenue
780-471-2250 www.clifec.ca

Service Times:

9:40 am - Pre-service Prayer
10:30 am - Worship Service
10:45 am - Kzamm Kids
Child care provided for ages 0 to 12 yrs.

REBECCA LIPPIATT

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JUST CHRISTMAS 2012

Justice at Christmas

An Alternative Global Market Place



Justice at Christmas is a global marketplace for quality arts, handmade crafts and other goods. When you purchase a gift from the non-profit and charitable organizations in this market, the money you spend goes towards the building of healthy communities around the world.

Remember when Christmas was about thoughtful giving?



Alberta Avenue Community Hall
9210 - 118 Avenue

Friday, November 23
5:30 pm - 9:00 pm

Saturday, November 24
9:30 am - 4:00 pm



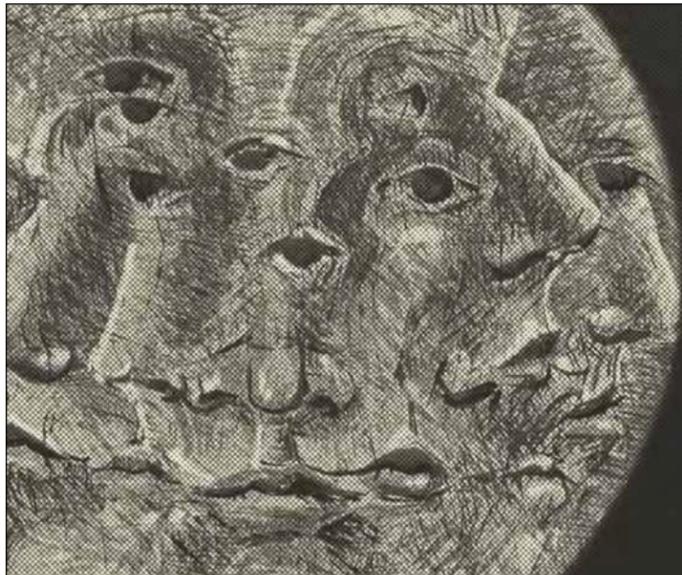
Free parking
Admission by donation
Food and entertainment

For more information visit: justchristmas.org



MOBBING ON THE AVE

On October 21st, Paraiso Tropical, a local Latin food market was mobbed! Cash Mob, a group of people that supports locally owned and operated business, chose Paraiso as their fifth business to gather at and support. A cash mob announcement is spread on Facebook giving a meet up location, date and time. At the meet up, the business to be mobbed, which is within walking distance, is revealed. Then everyone heads to the store to spend \$20. The Gonzalez family who runs Paraiso Tropical were given advance notice and were on hand to assist their new customers make selections and learn about the Latin products they carry. CashMobEdmontonAB was started by Tommy Kalita and his friends Monica and Cassandra eight months ago. Join their Facebook page so you don't miss out on the next mobbing.



Celebrating myths from around the world in performance and art.

Oct 28–Nov 11, 2012

Avenue Theatre
9030 118 Avenue Northwest

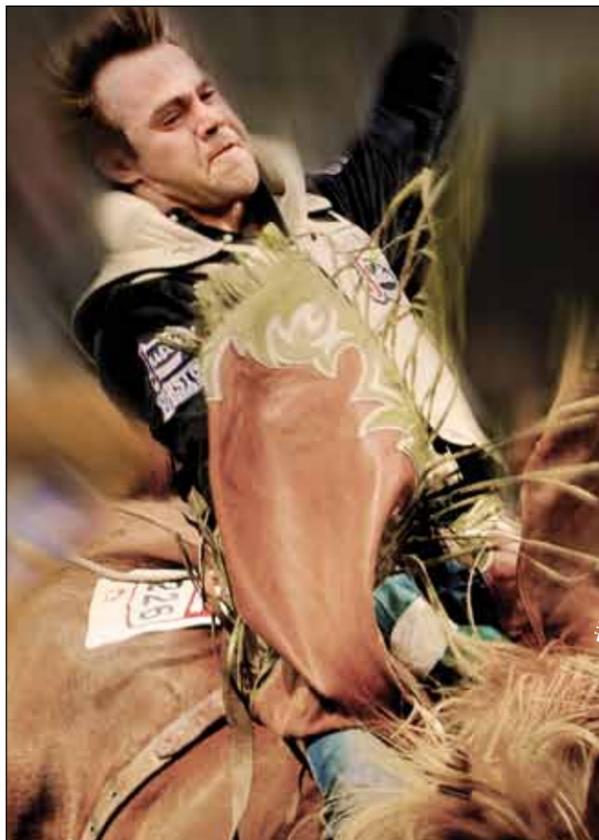
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NOV. 7-11

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