

Old Cycle building plans demolished



Newly discovered structural flaws in the foundation and walls have forced the City of Edmonton to cancel its renovations of the Alberta Cycle building. The community is facing several years of a vacant lot where a vibrant arts hub was planned to be created.

DARREN BOISVERT

The renovation work on the 50-year-old Alberta Cycle building was halted in July after renovators found previously undiscovered structural flaws that make the building unfit for use. Plans to turn the derelict, but iconic, Alberta Avenue building into an arts hub for creation and performance have been scrapped.

According to Stephan Labonne, Director, Office of Great Neighbourhoods, the City of Edmonton is still committed to creating an arts hub building for the community, but as of yet, there are no concrete plans for moving forward.

"We are currently in negotiations with the renovator (Jen-Col) to alter the contract to include demolition work," says Labonne. "And then we'll sit down with the community groups involved in the project to work on a new business plan."

The idea to transform the Cycle Building into an artist studio and performance space was originally floated 5 1/2 years ago, and the City recruited Arts of the Ave and Arts Habitat to be community partners. In 2009, the City purchased the land and 18,000 square foot

building shell for 2.2 million dollars.

At the time of purchase, the City commissioned two inspection reports (one completed internally by City staff and one by an independent company). Both inspections were 'visual only' and both failed to identify significant erosion under the foundation and structural flaws to the interior load-bearing walls. When Jen-Col began renovations, these flaws were quickly discovered, leading the City to suspend work, and make the ultimate decision to demolish the building and leave the lot a grassy area.

The cost of the preliminary renovation/demolish work alone is expected to cost the City 675,000 dollars and will leave a gaping hole in the streetscape. The City is hoping local community groups will use the public space for festivals and other arts projects.

With the entire building slated for demolition, both the

City and community groups are talking about the possibility of constructing a three-storey, part-residential, arts hub similar to the Nina Haggerty Arts Centre.

"We're obviously disappointed about the amount of work we put into the building," says Katherine Kerr, Project Coordinator, Research and Development, Arts Habitat association of Edmonton. "But now we need to meet with the City and we're hoping to move forward using the business plan we have now, as a starting point."

With the entire building slated for demolition, both the City and community groups are talking about the possibility of constructing a three-storey, part-residential, arts hub similar to the Nina Haggerty Arts Centre. However, any such plans are now only talk. A new business plan and request for construction funding will have to be passed by city council and any expanded building will

also likely require additional funds from the provincial government.

Christie Morin, Founder of Arts on the Ave, says that local arts groups had never worked on a project as in-depth and complicated as the Alberta Cycle building.

"We did a call out to artists to gauge support -- potters textile artists, glass blowers," says Morin. "There was huge interest in this building being used to represent the arts groups in the area."

With all plans upended, and more funding required, it is likely any new building will take several years to construct. While Morin is committed to continuing the dream, she is worried the delay will hamper efforts at revitalizing the community.

"The idea of an empty space in downtown Edmonton is not be a good idea," says Morin. "We need to make it usable for the public."

As for the future, Morin is cautiously optimistic the building will eventually be built. "My understanding was there was widespread support for this 'legacy project' on city council. I hope there will be a decision on this new building before the next election."

“...
undiscovered
structural
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the building
unfit for use.”

Cromdale demolition imminent



The end is near for the Cromdale.

DARREN BOISVERT

The fence is up, the demolition crew is on-site, and the last days of the Cromdale Hotel are upon the community. While the demolition was halted until the end of Capital Ex (due to increased foot traffic), it will commence again July 30th. While the entire process of demolition is expected to last until mid-September, the community is already gathering to celebrate the end of an era.

In the first week of August, a phone and Twitter tree has been constructed, and the community will attempt a 'flash mob' (or spontaneous gathering) at the site of the Cromdale building, hopefully coinciding with the first few swings of the backhoe into the brick building. Everyone is encouraged to join in after being contacted, or just park your car and give a few cheers for an important step in revitalizing our community.

A second, and more formal, gathering is being planned for Sunday, September 16th between 1-5pm (more details in the September Rat Creek Press). This will hopefully include speeches by our local politicians who worked hard to get the building demolished, performances by musicians, and food for the entire family. Everyone is welcome to attend.

To keep posted on the Cromdale flash mob, watch the Twitter #cromdalehoteldown, check the CRUD facebook page, or look for updates at artsontheave.org/tag/we-believe-in-118/.



Poets, young and old, wanted for September poetry slam

Poets are invited to compete for \$500 in prizes at the "Words from the Avenue" poetry slam. The event will be held on Sunday, September 9, 2012 at 4pm as part of the Kaleido Family Arts Festival. Interested poets should contact Harvey Voogd at rusic13@telus.net or 780.474.2576 to register.

Last year 17 poets competed. The \$300 first prize was won by Tyler Enfield for his poem *Novo Rapid*. Anthony Goertz won the \$150 second prize for his poem *The Arbutus Tree (When We Were Younger)*. The third prize of \$50 was won by Rachel Lindley for her poem *The Contortionist Speaks of Dislocation*. Depending on the number of contestants, preference will be given to poets who live in the Rat Creek Press distribution area. A poetry slam is a competition at which poets read or recite their own original work. *Words from the Avenue* is sponsored by the Rat Creek Press to celebrate the printed word.

“They came out by coming together”

A history of the businesses along 118th Avenue

JONATHAN WELLER

In the collective memory, Alberta Avenue is a place with a golden past, one where community was strong, businesses thrived and children were free to run. Today, a place like the Cromdale Hotel stands as a testament to these lost times, but in light of its imminent destruction and an ongoing history project, it seems fitting to revisit the changing nature of businesses along the Avenue. The full story is a human story, far more complex than the simple rise and fall of our neighborhood.

In the early 1900's, Alberta Avenue was where Edmonton proper met Packingtown (later renamed North Edmonton Village), which was where farmers brought livestock to be slaughtered. This gave rise to a number of packing plants on the edge of the city. It was an industrial presence that would remain for some time.

The area attracted a number of factories such as the Great Western Garment Factory and the Norwood Foundry, which led to the employees settling in the area, giving it a distinct and proud middle-class character.

After 1916, when the streetcar line was extended to Alberta Avenue, the area became a connection between the far edges



A look down Alberta (118th) Avenue and 96 Street, in 1965.

of the city and the economic core. As such, Alberta Avenue became a vibrant business center, serving those traveling past and those settling in the area.

It was this time that most look back on as the golden years of the Avenue. Sure times were tough, the residents survived two World Wars and

a Great Depression, but they came out by coming together.

In a recent interview as part of the Alberta Avenue Oral History project, Anne Hinton tells about the early years of the Alberta Trading Company, located at 8812 118 Ave, it is a story that truly exemplifies the early face of business on the Avenue.

The Alberta Trading Company was originally owned by a Mr. Isadore Gogek. Originally from Russia, he was a short, squat man, he wore a navy blue smock and his hands were always dirty from the grease pencil and packing cans he handled all day. He was loud and gruff, quick to ‘encourage’ his employees to work harder

and faster. However, despite his outward appearance, he is remembered most for his generous and open heart.

It was a successful business and even in the midst of the depression, he was able to maintain his customers. However, it was during this time that the most help was needed. Anne Hinton remembers how he would help families from the area get by in times of need by letting them buy groceries on credit, a gift not often given in such uncertain times.

She remembers going into the store with her mother as a child and hearing Mr. Gogek say in a thick Russian accent, “Mrs. Dot those kids need food, what do you want for them?” He never turned her down when she asked to buy something -- and he never made you feel lesser for it either.”

She suspects that at least 60 families were helped by Mr. Gogek during this time. “I don’t think people who didn’t shop in the store had any clue what he was doing,” said Hinton. “He never broadcasted it.”

Times are a changin’

It is a chicken and egg question as to which came first: the pawn shops, bars and adult video stores or the people to

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populate them. It is common to blame the businesses and in some cases it may be true, but like any problem it is more complex.

In an interview with Rico Potestio, the story of grocers on the Avenue continues. His family bought the Avenue Trading post business in the late 50's.

"The Avenue from the 60's to the 70's didn't change at all," said Potestio. "It was always the same. Just the odd store would close, and another one would open. In 1982 my dad died, and we had a big supermarket. It was right here where our store [Avenue Trading Post] is now. Safeway started opening up until midnight at that time, and the bills were just unbelievable. We couldn't compete. My younger brother put some old speakers out and we noticed that within a month, he was making more than we were with the groceries. Lots more. So we decided to close down. We started selling old stereos and radios and speakers and stuff."

Today the Avenue Trading Post is a pawnshop, a symbol of the decline for many, but pawnshops arise to fill a need for a group of people who are often neglected by traditional retail and financial systems.

Furthermore, the stigma of these types of stores as hotbeds for crime and stolen goods is largely shown to be false. In talking with the Edmonton Police's Property and Exhibits Unit, it is clear that a strong

system exists to work with pawnshops to aid in the recovery of stolen good. Like any other business they don't want to have any complications involved with their dealings. They are trying to run a business, and they want it as smooth as possible without any problems.

“ Alberta Avenue is a place with a golden past, one where community was strong ”

Survival mode

An area can not survive without a diverse business base and for a long time that was the nature of the Avenue. Low costs and a negative reputation brought a change to the demographics of the area, more young families, artists and immigrants moved to the area alongside long time residents.

Combined with an investment of time, money and will, the area has seen remarkable change in its recent history. Byron Myhre, owner of Myhre's Music, one of the longest running businesses on the

Avenue, has seen this change. "People can walk down the avenue and feel comfortable," says Myhre. "It's the mindset of people coming to the avenue. Its a fun place to come. There are events and things that are bringing people to the avenue and to the businesses. It's an avenue that we can be proud to be on."

It is a sentiment that is common among business owners, Wanda Horinek-Bradbury, owner of Polar Bear Health and Water, explains, "You sure notice a lot more positive feedback from customers. People are saying they feel like this area feels like what Whyte Ave used to be."

In this latest incarnation of businesses on the Avenue, it is a story that is excellently captured by Quick Bite Catering (see article on page 5). Through the combined dedication of the owners, a strong community and a will to make it work, the business thrived.

Looking back, the history is one of continuous and ongoing change. It is easy to look back and point to one time as good and another bad, but it is important to remember that despite the perception, every era is a story of people living, adapting and enjoying life.

Even the hard times have a role to play, because out of the ashes has arisen an area with a new, more diverse and wildly enthusiastic face, a face likely unimaginable to early residents, but one fit to face the new world.



JONATHAN WELER



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PHONE: 780.479.6285

WEB: www.ratcreek.org

PUBLISHER: Karen Mykietka
info@ratcreek.org

EDITOR: Darren Boisvert
editor@ratcreek.org

DESIGNER: Michelle Hayduk
design@ratcreek.org

ADS: Bettyann Dolata
ads@ratcreek.org

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Editorial

Submissions: editor@ratcreek.org

Tearing it down and building it up again

DARREN BOISVERT

Mahatma Gandhi was fond of saying that it was harder to change oneself than it was to change the world. While many of us can recognize the wisdom in his observation, it should not be discounted how amazingly difficult it is to change the world.

Or a community. Or even one short street.

In the near future, two buildings will be demolished on our Avenue. The Cromdale Hotel will be razed to the ground amid cheers from the community. An eyesore for many years, it has taken over 8 years of committed community activism to finally improve one lot on our Avenue.

The second demolition will not be cheered, as the Alberta Cycle building was highly anticipated as a vibrant artistic hub for the community. While the 50-year-old building has been an empty shell for years, the addition of another empty lot on our street for years will do little to improve the visual harmony of 118th, nor will it provide a space for the community to gather and create.

Despite the hopes of a speedy new plan, any new building constructed from scratch is

likely to take several years. This will be on-top of the 5 ½ years of previous planning that has suddenly gone up in smoke due to the inadequate code inspections conducted into the building. At best, this will also be an 8 year endeavour.

Take a glance down 118th Avenue and there are no

timespan, one should also spare a moment to appreciate there are organizations like Arts on the Ave and Arts Habitat who are willing to put nearly a decade of work into transforming one building.

In the end though, it comes down to individuals willing to plan, advocate, organize, raise

will be building a new facility in place of the Cromdale Hotel, it will be up to the community to ensure that the lot in place of the Cycle Building does not remain a empty space that will do nothing but encourage litter and social problems.

As a starting point only, the Rat Creek Press would like to offer a few options for the area. In our centre spread article, we outline the lack of community gardens in our neighbourhood. This lot, once rehabilitated, would make an ideal spot for us to put down roots, and ensure that we have a green and growing space in the middle of our community.

Another option would be to have an outdoor gallery for sculptures and artistic installations to showcase our talented artists for motorists and pedestrians on the street. In the winter, we could build snow sculptures and a winter play area for children.

We encourage residents to send in their suggestions for the lot, and the Rat Creek Press will publish them to kick-start the conversation, and ensure we generate enough enthusiasm to -- yet again -- get people to shoulder the burden of working to make this neighbourhood a great place to live and an even better place to visit.



The original design for the arts hub. The new plans are to demolish the entire Alberta Cycle building where the community hopes a new building will be built in its place.

shortage of large and empty buildings. The easiest one to spot is the brown brick eyesore that used to be home to Page The Cleaners (93rd street and 118th Ave). While activity has been spotted recently in the building (and the facade looks decent), it remains without people to fill it on a daily basis.

While it is easy to complain about the lengthy revitalization

funds and endure setbacks. It also requires people to then use the buildings, embrace the possibilities, and contribute to an infrastructure for living.

No wonder many people stay on the couch and wait for others to do the heavy lifting for them. But if lifting is required, it's best to don some work gloves and get to it.

While Shoppers Drug Mart

We want to hear your thoughts on housing issues in the neighbourhood. Contact Darren: editor@ratcreek.org

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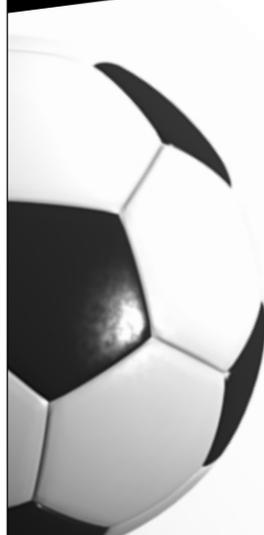
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Susan Nozack, Delton Soccer Director
780-474-3491 88delton@gmail.com



Commonwealth Pool and Fitness centre will remain open during football games but parking will be unavailable.

Speaker's Corner

Have opinions? Great let's hear them!

Submissions: editor@ratcreek.org

Helicopter hell in Delton

NINA LEONTOWICZ

We purchased our first house 3 months ago in the Delton neighbourhood. Initially, an issue arose that was an irritation. Now, I am at the point of frustration and anger. I need to address it.

Every morning and every evening, the Edmonton Police Service's Air One chopper is overhead. It consistently uses the Westwood, Delton, Eastwood neighbourhoods as passageways back and forth to the municipal airport. It flies back and forth constantly, or else circle and scour the Delton/Westwood neighbourhoods. When flying low, it pulses the air. It is hugely disruptive. This last month the helicopter traffic was so extreme, I decided to document it.

Here are recordings of 'some' air traffic in the last 2 weeks:

- July 3 - PM: Fly over 2x. I was outside on the deck staring up. I put my hands to my ears. They actually circled the house 3 times before leaving!
- July 7 - AM: 4 very SLOW fly overs. PM: 2 low circles encompassing the Delton, Eastwood and Westwood neighbourhoods.
- July 8 - AM: 2 low fly overs, plus one SLOW, long circle overhead. This lasted for 15-20 minutes.

- July 13 - AM: circled the neighbourhood slowly 3X.
- July 14 - AM: (8-9:30) fly overs 5X, very slow.
- July 15 - The rains came and for that I was so grateful. No invasive noise.
- July 16 - PM: right back at it - late afternoon flyovers 4X.
- July 17 - AM: (1:30) 2 LOW and FAST flights back and forth. Then again at 7 AM.

This seem excessive. These are only the noise and visuals I've documented when at home. Day hours in these neighbourhoods are probably littered with 'crime war' presence.

The EPS website states that the helicopter blades have "minimal noise". Inaccurate statement. It also says Air One wants to "provide minimal intrusion to the community". Last night, I was awoken from sleep when the helicopter did 2 very low, fast, fly-overs at 1:30AM. Then again at 7 am that same morning. That is NOT minimal intrusion.

A peaceful morning dog walk before work, is disrupted for 15 minutes because of helicopter noise and presence. A barbeque get spoiled because Air One is circling overhead 3 or 4 times - the patrols inconveniently pass by every time we are outside for supper. It is hugely agitating.

The constant presence of Air

One in this neighbourhood is beginning to feel like the police are trying to have a controlling presence. It subliminally reinforces the idea to all that crime is everywhere - police presence must be maintained. It is an authoritarian stance. I do not want to be desensitized to the sound of police helicopters in the neighbourhood. I've lived in other large Canadian cities. My daily life has never been consistently interrupted by the presence of police.

The constant sound of Air One does not make me feel safer. It only serves to anger me. I want a home, not a Bosnian war zone.

The excessive use of the chopper alienates and irritates the very communities that can serve to assist the police. Using these neighbourhoods as expressways is inconsiderate. The noise pollution is too much. The exhibition of prowess is hitting the wrong people. Intrusive presence is disrespectful to the neighbourhood. It taints my view and effectiveness of EPS.

If we do decide to move it wouldn't be because of my neighbours, it wouldn't be because of the house or what side of the city I live in. It would be because Air One patrols have bullied me out of the neighbourhood. That's pretty sad.



A 'Quick' farewell



Maria and Alfred Fung say goodbye to 30 years of feeding the community.

JONATHAN WELLER

The face of business on the Avenue was diminished last month as Maria and Alfred Fung, the owners of Quick Bite Catering retired. After over 30 years of serving the community, Maria and Alfred are moving on to new ventures. The business will remain, albeit under a different name and new ownership.

Maria and Alfred moved to Toronto from Hong Kong in the 1960's, from there Alfred studied at the University of Waterloo and Maria at Ryerson. Alfred began working for the federal government in Ottawa in the Mining and Energy Department, but in 1973, amid the energy crisis that saw the rise of the National Energy Policy, Alfred was transferred to Edmonton to work with the Coal Reserve Council. In 1982, Alfred and Maria moved to the Alberta Avenue area, where Maria and a partner first started the Quick Bite business.

"At the time the property was cheaper," says Maria. "I found that it was a good location for families to start and I saw no other good business around here for people to get healthy soup and sandwiches. So I thought this was the place to start something."

Over the past 30 years Maria has built a reputation for quality service, good food and a commitment to the area; a business character that seems fortunately common in the area. With support from teachers, social workers, politicians and even the Edmonton Oilers, Maria has been able to achieve exactly what she sought to do. "We don't want to be big, we don't want to expand, but we just want to keep it here the way we want and to make everybody happy and give them healthy food, fresh food and from our hearts."

In keeping with her giving attitude, Maria has good advice for anyone thinking of starting a business in the area. "People, be patient, put your heart out, serve the people, they are all nice people, they deserve your whole heart and if you do they will support you."

Attitudes like this, combined with the hard work and dedication of those committed individuals are what has driven business on the Avenue throughout its history, but as Maria rightly points out, it is a community effort.

"I just wanted to thank everyone who supported us for the last 30 years," says Maria. "Without them I don't think we could stand on the Avenue."

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The Eastwood Community League's garden overflows its pots. Land, access to water, and people to watch over the crops are seen as the biggest hurdles to growing community plots in the city.

Local community gardens struggle to grow

HEATHER ROBERTSON

I recently received a plaque that hung in my grandmother's kitchen, and in her mother's kitchen before her. The plaque reads:

*The kiss of the sun for pardon,
The song of the birds for mirth,
One is nearer God's heart in a garden,
Than anywhere else on earth.*

Perhaps I'm a bit old fashioned, but I still find those words of wisdom speak to my soul. I find it no strange coincidence that evidence shows community gardening is good for us, and our communities, on several different levels; you might even argue it helps us become whole.

The Public Health Agency of Canada (2008) states that physical activity and stress relief are two major benefits community gardens have to offer. Relationships that form through socializing at community gardens also play a role in the personal well-being.

Katharine Laurie, from Sustainable Food Edmonton, suggests that "personal wellness is increased by eating healthy food, being outside, and feeling empowered from learning how to produce one's own food".

Laurie also states such gardens are gaining popularity in less affluent neighbourhoods because of the "sense that is common when the harvest helps low-income people gain control of their grocery bills." She also believes that new gardeners are more likely to continue in the context of a community garden, because "it's a place where people can learn from each other."

Laurie goes on to show how community gardens benefit the wider community. The gardens beautify unused land,

add variance to park space and increase community pride. They find a home for otherwise neglected spaces. Laurie is someone who can't help but look at unused spaces and think

Understanding local food security and food sourcing has gained popularity. Many people see it as a moral issue in addition to being a health issue. We've seen an increasing

demand than they can meet. Alberta Avenue, for example, created plots along their north fence this year to accommodate new gardeners. All the new plots were filled, and not

Barriers such as lack of land or access to water can discourage people from pursuing community gardens. The Parkdale/Cromdale Community League can attest to this barrier—as it has been seeking land for the past two years. However, Laurie gives examples of communities finding creative responses to barriers. The Churchill Retirement Community has developed a rooftop garden downtown. Bannerman community is developing an orchard around their ice rink, and beautifying the unused land along the fence with trees and raised beds.

For people who are interested in seeing a community garden in their neighbourhood, Laurie gives this advice:

- Get a group of friends or neighbours interested in doing it with you—share the load.
- Look for church or agency land as it is easier to request use. There are not as many hoops to jump through because these groups often have a vested interest in the community already.
- Ask your community league to consider using their land.
- Look for a site that has:
 - at least seven hours of sunlight;
 - flat grading;
 - access to water;
 - space for a tool shed and compost; and,
 - decent soil quality.
- Connect with Sustainable Food Edmonton. They can help you find more mature community gardens to help you navigate through the process required by the city (and apply for a start-up grant to a maximum \$5000).

Laurie also encourages people to walk around their neighbourhood to see what neglected or unused spaces could bring life. Perhaps, much like the gardens, we could all benefit from renewed vitality in our community, land and soul.



The Elmwood Community League garden is a labour intensive project, with a constant need for watering and weeding.

of their creative potential—and what better way to express creativity than finding a place for community in a 'rundown' space.

Community gardens tend to bring people out of their houses, enhance public spaces and make the streets safer. Gerard Forget, coordinator of the Alberta Avenue Community Garden, says, "By being present and behind the community league, you can see the park—that's a safety aspect—we can see what's going on in our own neighbourhood."

Another benefit, according to Forget, is that gardening "brings us back to our roots—reminding us of where our food comes from".

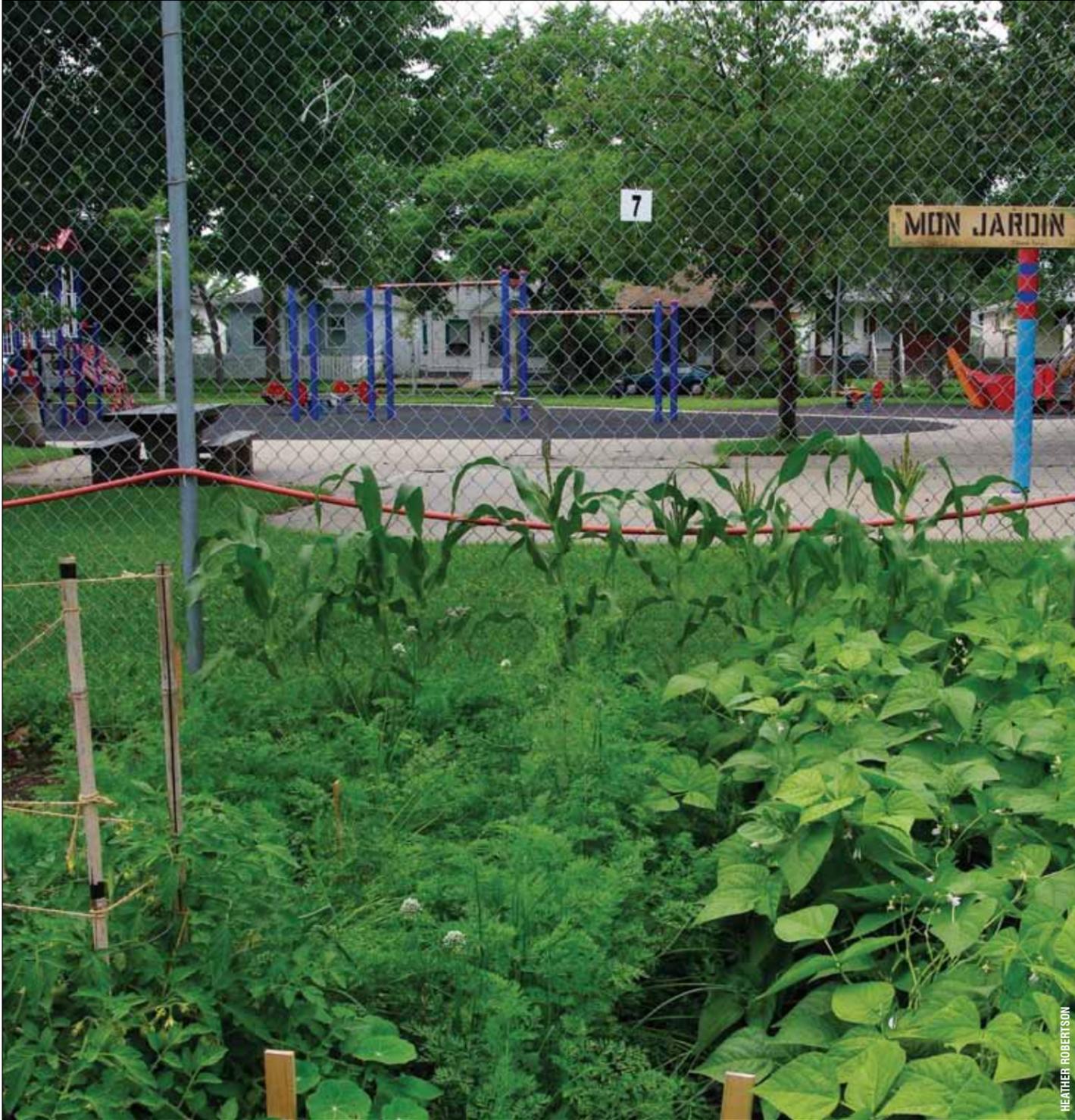
number of restaurants and shops offer organic or locally grown produce. Perhaps this is one reason Laurie noticed an "explosion [of community gardens] over the past 10 years in Edmonton."

A sparse crop

There are more than 70 community gardens (that are known of) across Edmonton, according to Sustainable Food Edmonton, and that number is growing. On 118 avenue, there are three: Elmwood Park, Eastwood and Alberta Avenue. While it's certainly positive that these gardens are made available in mature neighbourhoods, they bring one disadvantage: they occasionally find more

everyone that wanted a plot could get one.

Given the many benefits, and increased popularity, of community gardens, why are there not more of them? According to Laurie, not everyone is excited about community gardens being part of their neighbourhood. A common barrier she comes across is residents not wanting to see their public spaces change—particularly in the case of parks. Additionally, some residents worry that gardens will have a negative impact on property values. Laurie believes that such spaces would only "add value to properties" nearby, and says that there have been studies done to prove so.



The community garden behind the Alberta Avenue Community League. Its green, it grows, and apartment-living residents are able to fill their kitchens with fresh food.

COMMUNITY GARDENS

The community gardens that are in our district:

Elmwood
12505 75 Street
Contact: 780.479.1035
12 Plots, 45'x8'

Eastwood Community League
11803 86 Street
Contact: 780.477.2354
Raised Beds

Alberta Avenue Community League
9210 118 Avenue
Contact: 780.477.2773
27 Plots, 10'x12'

SUSTAINABLE FOOD EDMONTON

sustainablefoodedmonton.org

- Supports, promotes and advocates for the start up of new community gardens
- Focus is on the benefit community gardens provide for the people
- Links and networks community gardens around the city

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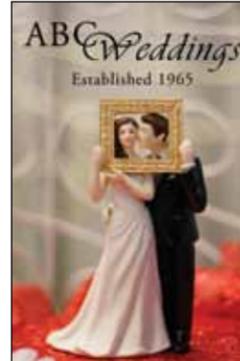
On Sunday, Sept. 9th

JUNK IN YOUR TRUNK GARAGE SALE:

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The 1/2 page color advertisement on page 3 of the June edition of the Rat Creek Press announcing Alberta Avenues' summer time festivals and festivities, regrets the omission of the

EASTWOOD FESTIVAL

August 18th, 10am to 8pm

hosted by the Eastwood Community League.
We apologize for any inconvenience this may have caused.

AABA, Alberta Avenue Business Association and the Rat Creek Press.

www.alberta-avenue.com

Hot dogs and cars don't mix

DOG TALK

Darlene Taylor

With the hottest summer in years underway, it's important to remember not to keep our dogs cooped up in sweltering cars. Every year many dogs suffer and even die from being left in a vehicle.

On May 25th, 2012, the Waterloo Ford Lincoln and the Edmonton Humane Society (EHS) formed a life-saving partnership for dogs. Waterloo Ford Lincoln sponsored window stickers to remind people about the dangers of leaving animals in vehicles any time of the year. 100,000 stickers were printed and distributed free as part of the new 'Pets in Vehicles' campaign developed to prevent animals from suffering extreme heat or cold while left alone in a parked vehicle.

The EHS website says, "A car or truck traps air inside and acts like a fridge on cold days and an oven in the summer. On hot days, the inside temperature of a vehicle can soar to 39°C (100°F) in ten minutes, and to 49°C (120°F) in thirty minutes even with the windows slightly rolled down or if parked in the shade. Owners who leave animals in distress in vehicles could face charges under the Animal Protection Act of Alberta."

The campaign stickers are

placed inside the drivers' side window stating, "Keep Your Pet Safe! Summer or Winter. Don't leave them alone in a parked vehicle." Additional information is accessible on the My Dog Is Cool Website, which provides a downloadable sign for stores or vehicles that say, 'Don't Leave Me in Here - It's Hot!' and 'HOT Temperatures can be fatal to your dog'.

Signs of heat exhaustion include, but are not limited to: excessive or heavy panting, hyperventilation (deep breathing), increased salivation, vomiting and paleness of the gums.

The Edmonton Police Service advises us to avoid leaving your pet in a vehicle. If you must, park in the shade, crack a couple of windows open. If more than one window is open,

it creates better air circulation. Leave water for your pet and don't be gone for long.

Putting a sun shade across the front window and wet towels over all the doors with the windows cracked can also slow the car from heating. The evaporation of the moisture may help to cool as well as block light from entering.

If an animal is showing signs of distress, a bystander may call police or animal bylaw or feel the need to break a window in order to rescue the animal. A pet owner may also find themselves facing charges under the Animal Protection Act for causing unnecessary distress to an animal.

Instead of leaving an animal in a vehicle alone, perhaps have an adult passenger stay with the pet while the driver runs errands.



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The Avenue Initiative is a community based revitalization of 118th Ave from Nait to Northlands. The community has come together to work with the City to develop a council approved strategy that will create a safe, walkable community for everyone.

Come Check Out These Great Events On The Avenue!

Join us at the Eastwood Community Hall at 11803 - 86 Street on Saturday, August 18th, 2012 for the 8th Annual EastwoodFest!

10:00 am to 8:00 pm All events are free!

You'll enjoy:

Pancake brunch (11:00-12:30 PM)
Eastwood International Market and Sale
Children's carnival and street performers

**Kaleido Family Arts Festival
118th Avenue from 90 - 94 St.
September 7-9, 2012**

Alberta Avenue comes alive with a free arts festival featuring music, dance, theatre, film, literary and visual arts with performances on rooftops, buildings, back alleys, parks artists are everywhere. All ages welcome

FREE Pay what you can!

Volunteers needed! kaleidovolunteers@gmail.com

Info: www.kaleidofest.ca

**Keeping our Communities Safe
September 18, 7:00 - 8:30pm**

Nova Plaza (Landlord and Tenants)
8904 - 118th Avenue

Are you interested in being part of a community patrol? Eyes on the street and neighbours watching out for neighbours reduces crime. Several communities in the City have Community Patrols. Join us to hear about Community Patrol Programs. Email judy.allan@edmonton.ca to register.

**Large Item Pick Up
Saturday September 15th**

Do you have large items that need to be removed from your home? We will pick up large household items. Bookings will be taken in September. For more information: www.avenueinitiative.ca

For information call **Judy Allan 780-496-1913**
avenueinitiative.ca



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Artists help heal through fundraising success

COMMUNITY PROFILE

Paula Gillis

In the July issue of the Rat Creek Press, we carried a story about the art community coming together to support one of their own. Greg Mottl, a local artist and musician, started a small art project to raise money for Clarice Cardinal Anderson and her husband, Aaron Paquette, a well-known artist, youth worker and writer. Clarice had been out running with a friend when a car ignored a yield sign, causing a domino effect which left her lying beneath an SUV after being struck 3 times.

Amazingly, Clarice lived despite requiring numerous surgeries. What is even more amazing is that Clarice was out of ICU in one day instead of the ten that were predicted. Her speedy recovery meant she was able to attend (albeit tired and in some pain) the auction held in her name. She looks so frail compared to the photos of her that were being flashed on the wall but she is alive and she will get her strength back.

Clarice attributes her recovery to all the positive energy others sent to her through prayers, light and the spirit of the auction itself.



Free artwork uploaded to the Internet by artist Aaron Paquette to thank those who fundraised for Clarice Cardinal Anderson.

Once Greg put out the word to a few of his friends in the art community, the project went viral as did Clarice's story. Artists from all over the world donated their work; everyone from local beginner artists to a New Zealand carver, an author, and artist who has received

national awards for his work.

Along with a Silent and Live Auction (where all items were sold), attendees were entertained by belly dancers, Chinese dragons, Métis dancers and an aboriginal comedian. Kids took turns painting each other with temporary tattoos

and nail polish. Baby Liam, the couple's one-year-old son got to take home a fist full of balloons that had decorated the tables. While the volunteers were tired at the end of the day, everyone went home happy. What started as a small project ended up raising over

14 thousand dollars for the Cardinal-Paquette family. The money will go to help pay for Clarice's therapy.

Clarice plans to carry on this work once she is healed. She would like to raise money for other families that have been through similar ordeals. She would also like to make the public aware of how quickly their driving decisions can impact other lives.

Aaron spoke at the event as Clarice was too tired from her brief chat with a local television station to stand in front of the small crowd. He reminded people of what we all know: don't text and drive, don't drink and drive, pay attention to the road signs. Had the person who ran the yield sign not looked on it as a lawn ornament, none of this would have happened. While Clarice and Aaron are ever so grateful for this outpouring of care and concern, they would have preferred that it never happened. Clarice was supposed to return to the classroom this fall as her maternity leave will come to an end. Instead she will be doing her own rehabilitation homework.

People who missed out on the fundraiser, but would still like to help, can make a donation through the Alberta Treasury Branch on 118th Avenue where an account has been set up in Clarice's name.



PETER GOLDRING
Member of Parliament
Edmonton East



TRULY HELPING THE NEEDY

We must not overlook those truly less fortunate in our midst. However, the problem with giving money to panhandlers is you can't be sure how your money will be used. Some who beg do very well, and make more money than those who work full-time who contribute to them.

There are, of course, several shelters and kitchens doing good work among the homeless and destitute in Edmonton East. None need go hungry. Those panhandlers who say they need money for food are not being forthright. There are numerous free food sources in Edmonton, from full meals to food banks. You can support these agencies financially (receiving a tax credit for your donation), knowing that the money will be used to help those in need. The agencies could offer their supporters cards with instructions (times and shelter locations places) for free meals that could be given to the panhandlers instead of money.

If you want to directly support those living on the streets, you should consider purchasing a copy of *Alberta Street News*. The paper, started as Edmonton Street News in 2003 by editor Linda Dumont, is now the only remaining publication of its type in the province.

Alberta Street News provides its vendors with the pride and dignity of worthwhile endeavour. They buy their copies of the monthly paper at 50 cents each for resale, receiving an average \$2 for each copy they sell. The profit is theirs. Some vendors stake out the same corner each month and have developed a regular clientele, while others move around the downtown core.

I support *Alberta Street News* because it provides a great alternative to panhandling, giving vendors the dignity of earning an income, while those purchasing the paper get good value by reading the articles about inner city and poverty issues.

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Some restrictions apply.

What do you think of rezoning a section of Alberta Avenue as a heritage area? Let us know at albertaave.org

A 100-year-old house party

DAREN BOISVERT

Peter Hare sits in the backyard of his home, drinking lemonade, and enjoying the incredibly lush garden he has grown in the past year. Along with his partner Alison Irwin, they are hosting a party in honour of their house turning one century old.

With a dozen friends and co-workers, they sit and enjoy the end of a hard year of renovations to their house and yard. Between chatting about their children and work, they are proud to give guided tours through the house -- made even more interesting by the hours of research Alison conducted into the history of the house.

This turn-of-the-century house was listed in the 1914 Henderson Directory (the old Yellow Pages) as owned by Mrs. Pierce Parsons. Over the years, it passed hands quite frequently, including being owned by a blacksmith by the name of Alex Craig, and Mr. Sullivan, who spent time as the Principle of Parkdale School.

Alison had trouble finding the house in the archives, as in 1912, streets in Edmonton

were listed by name (ie, 94th street was Williard Street). In 1913, the city began instituting numbered street names.

Peter and Alison moved into the house at 12069 - 94 Street in August of 2011, after the building had sat derelict for two years. According to their new neighbours, the building had been an income property with it divided into a three-room boarding house.

It was a mess. After several years boarded up, the mice had eaten through the wood and had populated the building. The garage was covered in oil, and the backyard had been the storage area for old furniture, a pile of garbage that had gone up one evening in a bright blaze.

They sold off the garage to a children's camp (used for storage), gutted the interior to remove old kitchenettes and the old furnace, and completely remodeled the house into a lovely home on a old, tree-lined street.

Although there were many renovations to be made, both Peter and Alison are glad they made the move to Alberta Avenue.

"We had a massive, massive mortgage in Riverdale. Over \$500,000. We looked at over 70 houses until we decided on this one, and paid half the price of our previous home," says Peter.

He also acknowledges that they saved a great deal on the renovations due to the generous help donated by their friends.

In addition to saving money, they were glad of the move to Alberta Avenue. With room for their two teenage daughters, close to Alison's work as a yoga instructor, and a vibrant community, they have begun to fit right in.

Peter is on the board of directors for CRUD, and Alison teaches classes throughout the neighbourhood.

HOW TO FIND INFORMATION ON YOUR HOUSE:

The second floor of the Stanley Milner Library downtown has a searchable archive made easy by the excellent research librarians. Additional information can be found at the City of Edmonton Archives, and follow links on the Avenuehistory.org website.



Dan Ferry and Randy Mereniuk pose with Peter Hare and Alison Irwin in front of their renovated house.



A backyard fit for hosting an afternoon party.

HOW TO GET INVOLVED IN HISTORY ON THE AVE Please email history@ratcreek.org

Pictures: We are always looking for old pictures of the Avenue and your family. We will archive these pictures on the Avenuehistory.org website for the community to share. We will also guarantee the safety of your treasured photos.

Walking Tour: We are in the process of creating an interactive walking tour/community gallery between 118th and 111th Aves (Norwood Ave) and 92nd and 97th streets. Do you have old pictures or stories of your house or local landmark? If you would like to share, please contact us.

Visit our website at Avenuehistory.org to listen to stories from our past from voices of our elders.



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PARKDALE CROMDALE COMMUNITY LEAGUE

Parkdale Cromdale Community League is celebrating the 30th Anniversary of our Hall.

We are setting aside September 22 for a homecoming event honoring our past members and discussing the future.

Spread the word near and far and mark the date on your calendar! If you are alumni please contact the League with your thoughts at 780-471-4400!



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Two great local spray parks to enjoy: Eastwood (86 St & 118 Ave) and Elmwood Park (125 Ave & 75 St).

COMMUNITY CALENDAR

for the neighbourhoods of Alberta Avenue, Delton, Eastwood, Elmwood Park, Parkdale-Cromdale, Spruce Avenue and Westwood

Listings for free events and programs as well as volunteer opportunities. Email your listings to info@ratcreek.org.

ENTERTAINMENT

THE CARROT OPEN STAGE

Thursdays for folks 55+ 1:30-4pm.
Saturdays 7pm-10pm Open mic. Great time to share your newest tune, poem or comedy act! Free for all ages. Minimum \$1.25 charge. 9351 118 Ave. More info call Irene at 780.471.1580.

THE STOLLERY GALLERY

at the Nina Haggerty Centre for the Arts (9225 118 Ave). Gallery Hours: Mon-Fri 9:30am-2:30pm; Thursday 4:30-8:00pm; Saturdays 1:00-3:00pm. Find out more: ninahaggertyarts.ca

EVENTS

POETRY AND JUSTICE

On August 2nd, The Bleeding Heart Art Space presents Poetry & Justice with Australian Slam Poet, Joel McKerrrow. 7:30pm, 118th Ave and 94th Street Studio behind the Carrot.

KALEIDO MEET AND GREET

Kaleido Volunteer Meet and Greet on Monday, August 20th at 6pm at the Alberta Avenue Community Centre (9210 118 Ave). RSVP: kaleidovolunteers@gmail.com

ABORIGINAL-UKRAINIAN CEREMONY

Aboriginal-Ukrainian Ceremony, Renewing Friendship, is coming to St. Faith/St. Stephen the Martyr Church on Sunday, September 23rd from 2-4pm. It will be an exchange of gifts and storytelling. Watch for details in September. Contact kostashm@yahoo.ca

NOTICES

GARAGE SALE - JUNK IN YOUR TRUNK

Junk in Your Trunk is a unique Garage Sale on the Ave during Kaleido Family Arts Festival on Sunday, Sept 9th. Bring your vehicles with trunks full of gently used items for sale. Limited stalls available! Contact Gerard at 780.474.3769 to save a space.

BIG BIN EVENTS

Bring your large household items that cannot be picked up with regular garbage service to the City of Edmonton Big Bin Events and drop them for free! They are in our neighbourhood on Saturday and Sunday from 9am to 5pm on: August 25th and 26th at Northlands (112 Ave and 73 St) and September 15th and 16th at Commonwealth Stadium (112 Ave and 90 St). More info: edmonton.ca or call 311.

LARGE ITEM PICK UP

This years large item pick up will be in the fall on Sept 15th. Watch for details in the September issue.

NICE NEIGHBOUR RECOGNITION

Do you know someone who makes your neighbourhood a better place to live? Then why not nominate them for CRUD's Nice Neighbour Recognition Award and give some recognition to those that make our community great. Nominations are accepted via e-mail at info@crudedmonton.org.

COPS AT THE CARROT

Join EPS members every Tuesday morning from 9:30 to 10:30am for open and direct access to the EPS members working in your community. Bring your questions and comments or come in for a visit and coffee.

MEDITATION RETREAT IN THE ROCKIES

Join Tibetan monk Kushok Lobsang Dhamchöe for a wonderful weekend of meditation and teachings that will focus on finding peace in everyday life through developing our practice of patience and inner reflection. Daily sessions alternate between yoga, sitting and walking meditation and teachings. Thursday, August 16th at 6:00 pm to Sunday August 19th at 2:30 pm. Location: Palisades Centre, Jasper, Alberta. To register or for more info, please email retreat@gasamling.ca or call Denise at 403.341.6591.

PROGRAMS/CLASSES

SING, SING, LAUGH AND LEARN

For children up to age three accompanied by a grown-up. Join us for singing, rhyming and signing. Parents will learn strategies to engage their children and enhance their communication and development through repetition, visuals and movement. Tuesdays, from 10:30-11:15am and 6:15-7:00pm at Sprucewood Library (11555 95 St). More info: 780-496-7099.

NEEDLE FELTING WITH MIKE GERMANN

Materials supplied and tools will be on hand for those who don't have their own. The Second Saturday of the month at 1:30pm at The Carrot Coffeehouse (9351 118 Ave). More info: info@artsontheave.org or call 780.471.1580.

CREART

Creart is a project focused on young people between 12 and 20 years of age in Edmonton. Our mission is to deliver an integrated school of arts that allows

them to explore in-depth a varied range of expressions, styles and ways of seeing the arts. The classes will be given by volunteers with knowledge in the areas of dance, theatre, music, painting, literature and event management. Held each Wednesday from 5:30-7pm at Parkdale Cromdale Community League. If there are any questions please call 780.878.8265 or e-mail creartedmonton@gmail.com!

SOCIAL ACTIVITIES

FAMILY STORYTIME

Share stories, songs and games for the whole family. Saturdays, from 2:30-3:00pm at Sprucewood Library (11555 95 St). More info: 780.496.7099.

TEEN GAMING

Come to the library to play some great games! Hone your Guitar Hero Dance Dance Revolution skills, or choose from plenty of other Wii and PlayStation games. Thursdays from 6:30-8:30pm at Sprucewood Library (11555 95 St). More info: 780.496.7099.

WOMEN'S AFTERNOON OUT GROUP

This group gives women a chance to get out and mingle with other women who like to work on crafts such as knitting, crocheting, card making, and more. Ladies are welcome to work on the project we are working on or bring their own. Cost is \$1 drop in fee which goes toward the purchasing of materials. We also have a potluck snack. Every Monday from 1:30-4pm at Sprucewood Library (11555 95 St). More info call: Michelle 780.232.5822.

KARAOKE WITH CRUD

Now twice the fun! Tune up your vocal cords and join us down at Wings' Sports Bar (8541 118 Ave) on Friday, August 10th at 9pm and then at Green Frog's Pub (9349 118 Ave) on Friday, August 24th at 9pm for more hopp'n good times of socializing and singing.

MAKE MELODY

Are you a singer, songwriter musician who wants to perform and share your ideas? Join the Edmonton Melody Makers at the Carrot Saturday nights at 6pm. Contact Mj at mjn_mjn@hotmail.com for more info.

FRIDAY NIGHT DROP-IN

Open-house, free coffee and snacks - games and conversation with friends. A safe place to hang out on a Friday night from 7-9pm at Salvation Army Crossroads Community Church (11661 95 St). More info: 780.474.4324.

PARKDALE-CROMDALE SENIORS GROUP

Seniors bingo takes place every Monday from 10am-2pm at the hall (11335 85 St). Coffee and snack provided.

SENIORS LUNCH

Wednesdays from 11:30am-12:45pm at Crystal Kids Youth Centre (8715 118 Ave).

BABES IN ARMS

A casual parent group every Friday, 10am to noon at The Carrot Coffeehouse (9351 118 Ave).

LI'L SPROUTS PLAYGROUP

Come by the Parkdale-Cromdale Hall (11335 85 St) with your little ones Fridays, 10am-12pm. For more info: Chantal 780.669.3272.

CRUD COMMUNITY DINNER CLUB

Discover new flavours and restaurants while you explore a variety of wonderful cuisine along the Ave with friends and neighbours. This month we will be at the Burger Baron (7920 118 Ave) on Wednesday, August 8th, 6-8pm. All are welcome! Please RSVP to Bert or Alice at bertg@telusplanet.net

COMMUNITY MEALS

At the Anglican Churches of St. Faith's and St. Stephen the Martyr Church (11725 93 St) will resume in October. More info: 780.477.5931.

SPORTS/REC

COMMUNITY BIKE RIDE

You are invited to join your 118th NET team for a Community Bike Ride. This summer the first Tuesday of the summer months (August 7th and September 4th) meet us at Eastwood Park at 6:30pm for some community fun! If you have any questions, concerns or need to borrow a bike let us know! Contact Alec 780.668.7956.

FREE QIGONG CLASS

YiXue Lotus practice (Lotus Qigong) for a calm, stable heart and overall well-being. Thursdays 7-8.30pm, No Fee. Call Astrid 780.477.0683.

THRILL THE AVE

The Thrill the Ave zombies will be performing Thriller again at this year's Kaleido festival. Classes are Mondays from 7-8pm at Alberta Avenue Community League (9210 118 Ave). Classes are free and no dance experience necessary. We welcome people of all ages. Fun for the whole family. We will also be learning a hip hop routine this year. For more info, contact Heather 780.454.9296, email thrilltheave@gmail.com or Thrill the Ave (group) on facebook.

CRUD DOG WALKING GROUP

Meet neighbours and their canine companions while walking around the community. Mondays evenings: 6:30pm in front of St. Alphonsus Church (11828 85 St). Walk is cancelled if raining.

FREE COMMUNITY ACCESS AT THE NEW COMMONWEALTH REC CENTRE

Saturdays from 5-7pm there is a free community access time for community league members. Enjoy the pool or the fitness centre. All 7

area leagues are participating. Contact your neighbourhood league to get a membership. Note: Due to football games the Sept 22nd time is moved to Sept 23rd and the Oct 13th to Oct 14th.

CRUD FAMILY PARK CRAWLS

CRUD's Family Park Crawls are the place to be every Sunday at 1:30pm. Come and enjoy neighbourhood parks and meet new families. Check CRUD's calendar at www.crudedmonton.org for weekly locations.

VOLUNTEER

HELP HABITAT FOR HUMANITY LANDSCAPE

Experience the joy of helping families in need this summer in various locations. You'll get to work with trees, dirt, sod, and rocks and with others who are passionate about serving their community. Contact Shefali at: Skhoja@hfh.org or 780.451.3416 ext 234.

FESTIVAL VOLUNTEERS NEEDED

The Kaleido Festival is coming up soon, September 7-9th, and it's not too late to volunteer for this great community arts festival. Email: kaleidovolunteers@gmail.com for more info.

HELP AT NORWOOD CENTRE

Become a Volunteer at Norwood Child and Family Resource Centre (9516 114 Ave) and gain experience for employment/education, meet new people, learn new skills, have fun and give back to your community. Click the volunteer tab at www.norwoodcentre.com to view positions descriptions or phone: 780.471.3737.

BEFRIEND A SENIOR

Provide much needed companionship to an isolated senior by assisting them with grocery shopping, sharing life stories, playing cards or completing crafts, going for walks or driving them to and from medical appointments. There are seniors in your community waiting for a volunteer right now. It could take as little as an hour each week! For more info call Carole at 780.342.4421.

HANG AT A GALLERY

Nina Haggerty Centre for the Arts is looking for individuals willing to share 2-4 hours a week as gallery attendants. Gain experience working in a gallery setting, while supporting your neighborhood arts scene! For more info, volunteer@ninahaggertyart.ca

BE A COFFEE BARTENDER

Learn how to be a barista and make lattes and other coffees, then hang out at a cool coffee shop for 3 or 4 hours and visit with the interesting people who stop in. Drop by: The Carrot Community Arts Coffeehouse at 9351 118 Ave, call 780.471.1580 or visitwww.thecarrot.ca.

DRIVE A SENIOR

Be a volunteer driver who spends 3-4 hours once a month to drive an elderly senior to medical appointments, banking and/or shopping. Gas reimbursed. Call: 780.732.1221.

CHURCH SERVICES

ANGLICAN CHURCHES OF ST. FAITH'S AND ST. STEPHEN THE MARTYR

St. Stephen uses the Book of Common Prayer in the rich worship style of Anglo-Catholicism. St. Faith worships according to the Book of Alternative Services and has a more contemporary service in language and form. Two Traditions - One Faith.

St. Faith's: 780-477-5931
St. Stephen: 780-422-3240
11725-93 Street

Sunday Services:

8:30 am - Low Mass (St. Stephen)
9:00 am - Morning Prayer (St. Stephen)
9:30 am - High Mass (St. Stephen)
11:00 am - Morning Worship (St. Faith's)
7:00 pm - Evensong (St. Stephen)

AVENUE VINEYARD CHURCH

A friendly, informal, non-judgmental and safe place to grow spiritually. Traditional Christian values in a non-traditional way.

8718-118 Avenue (Crystal Kids building)
www.avenuevineyard.com
Sundays at 10:30 am

BETHEL GOSPEL CHAPEL

A Bible-based, multi-ethnic fellowship.
11461-95 Street 780-477-3341

Sunday Meetings:

9:30 am - Lord's Supper
11:00 am - Family Bible Hour
Saturdays - Free English Conversation
Café for immigrants

ST. JOHN'S EVANGELICAL LUTHERAN CHURCH

Please join us for our diverse services. We offer regular Sunday worship services in German and English languages.
10759-96 Street (Corner of 108 Ave)
780-422-0059 www.stjohnsluth.ca

Service Times:

9:30 am - German Service
11:00 am - English Service
11:00 am - Sunday School for Children

Holy Communion: Every first Sunday of the month in the German Service
Holy Communion: Every third Sunday of the month in the English Service

ST. ALPHONSUS CATHOLIC CHURCH

11828-85th Street 780-474-5434

Service Times:

7:30 am - Mass, Tuesday to Friday
4:00 pm - Mass, Saturday
Vigil of Sunday
11:00 am - Mass, Sunday
Main Celebration
4:00 pm - Mass, Sunday,
Eritrean Catholic Community

St. Vincent de Paul Food Help Hotline:
780-471-5577

CHRISTIAN LIFE CENTER

Our Vision is to be a growing community of believers who are woven together by the love of God for support, fellowship and prayer.

10123 Princess Eliz. Avenue
780-471-2250 www.clifec.ca

Service Times:

9:40 am - Pre-service Prayer
10:30 am - Worship Service
10:45 am - Kzamm Kids
Child care provided for ages 0 to 12 yrs.

Advertise your church here for only \$120/year. Contact info@ratcreek.org

We would like to thank the Norwood Neighbourhood Association for sponsoring the Community Calendar.

For more info about the NNA, go to albertaave.org/nna.html

Greenshack - a free playground program at your local playground. Search for "playgrounds" at edmonton.ca

Avenue Goes to the Dogs

The festival was unleashed for another year on Sunday, July 15th at the Eastwood Community League. Despite the rain, community members and canines alike came out and enjoyed the day. The festival offered everything from a dog market and dog adoptions to dog games and dog sports, plus kids' activities.



For more information about the festival go to the Avenue Goes to the Dogs Facebook page.



nice neighbour
RECOGNITION

Do you know someone who makes your neighbourhood a better place to live? Then why not nominate them for the monthly **Nice Neighbour Recognition Award**.

For further details contact CRUD.

COMMUNITY RESPONSE TO URBAN DISORDER
T: 780.996.4728 | email: info@crudedmonton.org
www.crudedmonton.org



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