

RAT CREEK PRESS

CIRCULATION 12,500

WWW.RATCREEK.ORG

AUGUST 2013

NEWS » BUSINESS

New Neighbourhood Pub Opens

Sugar's Pub tries to turn former trouble spot into a sweet addition to the community



Steve Cordeiro bought the abandoned Reno's Pub on 95 Street and stripped and renovated it into a clean, friendly, neighbourhood pub. Check it out yourself at the RCP Pub night on August 27th at 7pm. >> LEE ROBINSON

CARISSA HALTON

Imagine you're a hockey lover living in Columbia. You decide to open a sports pub and fill the front window with Oilers, Flames and Maple Leafs logos. A journalist stops by one humid evening and asks, "There has been some concern about your window art—that it looks like gang symbols. What are they?" She scribbles in her notebook looking a little embarrassed, "OK, how do you spell that first one? O-Y-L-R-S?"

I asked that exact question to Steve Cordeiro, who opened Sugar's Pub on June 1st at 11405 95 Street. The location, formerly the Reno's Pub, was regularly linked to drug and sex trafficking in the area. Crime spilled to a vacant house behind the bar and across 95 Street to the playground. Cordeiro bought the Reno's Pub business after the owner

abandoned it and immediately stripped the interior. Rotting drywall, moldy flooring, and ancient electronics were replaced with new materials and relaxed decor.

"I wanted a larger place where I could accommodate more people for the soccer games," he says of opening a second pub in the area (he owns Café Pardal, a Portuguese cultural club on 95 Street and 117 Avenue). "This place will seat 72. I've added sound baffling to all the walls out of respect to the neighbours." He is waiting for a cash machine and the front awning is still a work in progress (he plans to add lights and wood).

On the night I visit, Top 40 R&B music videos play on the TV. Pool and foosball tables wait for action and the sinking sun illuminates the front window's stylized Portuguese soccer team symbols. The blue dragon represents "Porto", the

green lion "Sporting" and the red eagle "Benfica". The fourth symbol on the window is of the Escudo, Portugal's currency before the Euro's arrival.

While Cordeiro opened the pub to accommodate more soccer fans, he also intends to appeal to neighbours beyond the Portuguese community. On a second visit Saturday afternoon, some of Reno's old customers are there (one man tells me, "I wouldn't come to Reno's at the end—he just couldn't manage the fights and violence."). There is also a healthy mix of Portuguese and Brazilian men with walk-ins from the neighbourhood.

Cordeiro's family is from the Azores, a Portuguese archipelago of islands with seashell white sand and water the colour of Bradley Cooper's eyes. Cordeiro plans to have a full pub menu that includes a daily plate of traditional Portuguese food. His mother

prepares many of the dishes like chicken gizzards, octopus stew, cod cakes and Rissois (shrimp dumplings).

"We had a hard time finding chicken gizzards," says Cordeiro. A couple guys at the bar are sharing a plate of them and offer me one to try. They are a nondescript grey and covered in a sweet, hot sauce. As I try one, a non-Portuguese woman pipes up, "Gizzards, I love them!" I'm not as enthusiastic, but they are mild flavoured and chewy like wine gums. I'd eat them again.

Community members remain concerned that Sugar's Pub—across from an active playground, and on a street where sex is almost always for sale—will take on Reno's clientele and crime will again escalate.

Chris Hayduk, president of CRUD, police officer and former security at the Commercial Hotel, says,

INSIDE:

Community News

Edmonton Police Service closes the front counter at Eastwood Station.

>> P3

Community Parks

Westwood's Pond is very tempting on a hot day but it's not for public use.

>> P3

Eye On Community

Come on over and Fringe north of the river at the C'MON Festival.

>> P4

Perspectives

Our community wants are endless, but don't expect them to all be handed to you like a spoiled child.

>> P6

Special Feature

The best way to experience our neighbourhoods is on foot ... enchanting finds are hidden in unexpected places.

>> P8-9



Words We 'Ave

Digging deep in your bone and letting your thoughts gush out.

>> P10

Everybody's Business

Shopping locally pumps more money into our local economy.

>> P11

Slice of Life

One resident's take on an annual back alley clean up.

>> P13



The Ave We Had

Look at a map of Edmonton today and you won't find Norwood on it.

>> P14



FREE EARLY
LEARNING PROGRAM
FOR FAMILIES
WITH LOW INCOME

Call Us: 780.461.5353
www.abcheadstart.org

- PRESCHOOL 4 HALF DAYS PER WEEK
- FAMILY SUPPORT
- FREE BUSSING AND NUTRITIONAL SNACKS
- PROGRAM SITES ACROSS THE CITY, INCLUDING FRANCOPHONE
- CHILDREN MUST BE 3^{1/2} BY SEPTEMBER 1st

FROM PAGE 1

“It really comes down to management. If a pub owner wants a quick buck, it is tempting to sell to whoever comes in: and drug traffickers often spend money and keep their connections under control.” It takes consistency and good security to manage clients, Hayduk says. “A bar can limit service—they can limit to dress and age. Ultimately, it means saying ‘no’ to people who have criminal connections.”

Cordeiro, with his renovations and business history, appears capable of turning this former trouble spot into a welcome addition to the community. Properly managed, a pub can bring vitality and community to a neighbourhood. While Cordeiro does his part to make this pub a safe destination for a wide variety of neighbours, community residents have to do their part and make Sugar’s Pub their neighbourhood pub.

Join me and others from the Rat Creek Press at Sugar’s Pub on Tuesday, August 27th at 7pm for a Portuguese feast that includes octopus, gizzards and cod. If the food isn’t your thing, come for the drinks (Super Bock beer and perhaps a shot of Licor Beirao). If liquor isn’t your thing, come for a taste of water from the Azores—Pedras is water naturally carbonated and flavoured a little like lemon meringue. RSVP on the RCP Facebook page.

NEWS » BRIEFS

NEW SERGEANT FOR THE SUMMER



Some of you may have met Sgt. Chris Barbar at a community event or Cops at the Carrot. As there are few EPS members who are pilots, he has been seconded back to flight operations for coverage over the summer. Cst. Dwayne Williams from District 3 will be the acting sergeant covering Sgt Barbar’s position while he is away. You can meet him at Cops at the Carrot on Tuesday, August 13th between 10am-11am at The Carrot Coffeehouse (9351 118 Ave). The Sergeant oversees District constables, monitors crime trends and makes decisions on how to best deploy EPS resources to deal with current issues.

>> LINDSAY DRENNAN

NEW PLAYGROUND AT BORDEN PARK



The south side playground at Borden Park where the wading pool used to be is complete. The great new nature-themed play equipment blends into this beautiful treed park. Enjoy new picnic shelters when you need a reprieve from the sun or rain. Construction on the north side continues. The ornamental river in front of the bandshell was removed. In the works are the pavilion, new formal gardens and fountain, installation of site furniture, refurbishment of bandshell, final park landscaping and installation of park signage and art. Still in the planning stages is the natural swimming pond that will replace the outdoor swimming pool which is now closed. >> RUSTI L. LEHAY

CONSTRUCTION UPDATE

Wondering why they are digging up down the street? Want to know what areas to avoid? The City of Edmonton has a great interactive map with the details at www.edmonton.ca/transportation/on-your-streets.aspx. If you need more info, it even gives the supervisor name and phone number.

Delton is in Phase One of its neighbourhood renewal: new curbs, sidewalks, roads and underground utilities upgrades where needed (construction is north of 122 Avenue). Streetscape construction continues on 118 Avenue between 103 and 106 Streets. Pavement renewal for 111 Avenue between 90 and 101 Streets is scheduled for August 8th-14th. On street bike lanes are being added on 81 Street from 119 Avenue to Yellowhead.

ESKIMO GAMES & LOCAL CONCERNS

This year there will be tailgate parties along Stadium Road starting two hours before game time featuring local music acts. There are parking restrictions in effect starting one hour before game time to one hour before the scheduled end of the event. Residents parking in restricted area must display a parking permit. Bylaw will be in the area doing parking enforcement and towing vehicles. Anti-idling signs will be installed on the southside of 112 Avenue between 86 and 92 Street due to community concerns about private coaches idling on game days. Call 311 for more information. Edmonton Eskimo Game days: Friday, Aug 2nd at 7pm, Saturday, Aug 24th at 2pm, Friday, Sept 6th at 7pm, Saturday, Sept 14th at 4:30pm, Saturday, Sept 28th at 7pm.

ACCESS TO COMMONWEALTH

COMMUNITY ACCESS CHANGES ON GAME DAYS

Due to no parking availability during Edmonton Eskimo Football Games on the dates listed below, the Saturday 5pm-7pm Community League Swims will be moved to the Sunday following from 5pm-7pm. Please note that due to high demand for rentals, both the Field House and the Gymnasium have been booked out to private rental groups on Sundays.

Community League participants will have pool and fitness areas access only on these dates. Saturday games move swims to Sunday: June 29th to June 30th, July 13th to July 14th, Aug 24th to Aug 25th, Sept 14th to Sept 15th, Sept 28th to Sept 29th, and Oct 5th to Oct 6th.



Roxanne Litwyn
REALTOR®
Selling Homes Since 1990
direct 780.907.7589
For more info & photos visit
www.roxannehomes.com

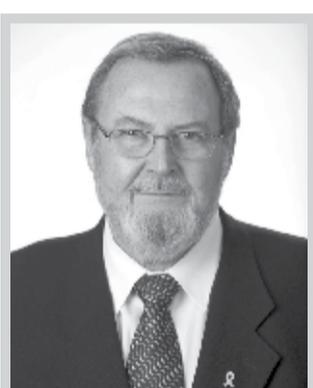
FREE HOME EVALUATION
"Some restrictions apply"
Call now 780.907.7589
Your neighborhood Realtor

Wanted! I have clients looking for 2 or 3 bedroom homes in the area, any size, any condition.

STERLING REAL ESTATE  11155-65 Street Edmonton, AB T5W 4K2



Need custom sewing or alterations?
Call **Marion Swanson**, a seamstress with 30 years experience, for quality work at a reasonable price.
phone 780-477-0778
email marionswanson@gmail.com



PETER GOLDRING
Member of Parliament
Edmonton East



O CANADA “IN ALL THY SONS COMMAND”

Changing our national anthem to render the line “in all thy sons command” seemingly more gender neutral is grammatically unnecessary. “O Canada” is already gender neutral. We can check the dictionary or recall our historical precedents to see there is no need to make changes out of some sense of political correctness.

The word “son” has more than one definition; it does not necessarily refer to a male offspring. This is particularly true when referencing nationhood.

Take Merriam Webster’s Collegiate Dictionary, tenth edition. A son is defined as: “a **person** closely associated with or deriving from a formative agent (as a nation, school, or race).” Or the Concise Oxford, ninth edition, which includes in its definition: “a **person** regarded as inheriting an occupation, quality etc. or associated with a particular attribute (sons of freedom, sons of the soil).” Hence, sons in this context can be seen as **persons**.

The 1929 “**Person’s Case**” contested and won by the “Famous Five,” which included well-known Albertan Emily Murphy, concluded that women are indeed persons.

Therefore, if sons are **persons** in the national context, then the word “sons” in our national anthem “O Canada” is gender neutral and indeed means both male and female persons.

The version of “O Canada” on which the official English lyrics are based was written in 1908 by Justice Robert Stanley Weir. Today’s English version includes changes recommended in 1968 by a Special Joint Committee of the Senate and the House of Commons, which reviewed the anthem word for word for its appropriateness.

“O Canada” was proclaimed Canada’s national anthem on July 1, 1980, one hundred years after it was first sung on June 24, 1880.

I see no reason to change the anthem’s lyrics. The current anthem wording is politically correct and is gender neutral.

What do you think?

780-495-3261 www.petergoldring.ca

CONNECTING WITH POLICE

The method you use to contact police should be based on the circumstances of your complaint. The resources and contacts listed below are arranged in order of immediacy, from calm to urgent.

EPS WEBSITE

There is a huge amount of information on the EPS website regarding crime and crime prevention, including addresses and phone numbers, statistics, services and much more. All the information you will ever need is a mouse-click away. If you can, visit www.edmontonpolice.ca before you try any other method; you will probably find the answer to your question.

COPS AT THE CARROT

Friendly coffee-chat with local police officers is available at regular "Cops at the Carrot" get-togethers. Residents are encouraged to bring their concerns, questions, kudos and anything else to these informal coffee sessions. Visit www.ratcreek.org/calendar for time and date of the next session.

ONLINE CRIME REPORTING

Many crimes, under certain circumstances, can be reported electronically on the EPS website. The online reporting application asks a set of questions to determine the best way to handle a complaint. If the incident does not meet the criteria for online reporting, the application suggests other methods. Visit www.edmontonpolice.ca to see the criteria.

COMMUNITY LIAISON CONSTABLE

Each district of the city has a Community Sergeant and Community Liaison Constable (CLC) dedicated to work alongside the community and partners to identify and prioritize crime and disorder and find lasting solutions. You can report ongoing issues and concerns or chronic situations to Cst. Lucas via email Christopher.Lucas@edmontonpolice.ca or leave a voicemail at 780.421.2602.

POLICE COMPLAINT LINE

Non-emergency crimes can be reported by telephone at 780.423.4567, or by dialing #377 on a mobile phone. This will get you directly to a police call evaluator who will take your information and dispatch a patrol car if necessary. The police complaint line should be used for calls like break and enter not in progress, suspicious persons, vehicle collisions where no-one is injured or there is property damage over \$2000.

9-1-1: FOR EMERGENCIES ONLY

For most of us, discovering a broken car window is a terrible emergency. But to the police, a broken window is most definitely NOT a reason to call 9-1-1. Police advise that 9-1-1 should only be used for incidents like injury collisions, crimes in progress, threats of violence or to report a suspected impaired driver. (Don't call to order pizza...it's happened.)

POLICE » NOTICE



The front counter at Eastwood Community Police Station will be closed as of July 29th. >> KAREN MYKIETKA

Eastwood Station closure

Edmonton Police Service closes community front counter

WES BELLMORE

Public access to the Eastwood community police station (beside Safeway at 81 Street and 118 Avenue) will not be available after July 29th. This means area residents can no longer visit the station to report crimes, find crime-prevention information, or speak face-to-face with an officer.

According to Acting Sergeant

Dwayne Williams of EPS, the closure of the front counter was a matter of trying to match available police resources with public demands for service. "We have seen declines in the numbers of people attending the Eastwood station," says Williams, "and public use fluctuated significantly from season to season, so that was a factor in deciding to close the front counter."

Williams says the most common types of complaints at the station are reports of traffic collisions and lost property. He says those complaints will still be handled through other methods. "We have many other ways for the public to contact police and make timely complaints," he says. "This closure will have no effect on the speed of police response or on personal safety."



Gerard Forget talks about neighbourhood issues with Cst. Hauptman from NET. Once a month local EPS members hold "Cops at the Carrot" where community residents can stop in and discuss concerns or ask questions. >> KAREN MYKIETKA

PARKS » SUMMER PLAY

Westwood Pond tempting but not for public use

PAUL CHAISSON

On a hot summer day, the Westwood Park attracts people and little kids who want to play. Kids love to have fun and are naturally attracted by moving water; however, the fountain and pond at the park are ornamental and not for wading or swimming. There are signs that clearly state this, yet people often choose to ignore them. Homeless people have also been observed bathing themselves very early in the morning before sunrise.

Ornamental ponds have no filtration system or chemicals to control growth of bacteria. The pump system for the pond recirculates water and is timer operated. Last year, a City of Edmonton maintenance crew stated they added chlorine to the water but it is only active for about 24 hours. They also said there was "fecal bacteria"

in the water. According to Chris Saunders, Environmental Manager with City of Edmonton parks, maintenance is done on an as needed basis and chemicals are added to the water to control the growth of algae but it does not meet Alberta Health Standards for water play.

Plans were in the works for a spray deck at the site. "We decided we wanted our spray deck at our main park rather than next to Westwood Arena where the wading pool was," says Westwood's acting president Kim Ellis. "But now we are waiting to see what's happening with the ornamental pond." The City is assessing whether the pond can stay or if it should be removed.

In 2005, there was a change in the Public Health Act in regards to water quality standards in public swimming pools, wading pools and spray



The City may have to remove the Westwood ornamental pond if residents continue to use it as a wading pool. >> PAUL CHAISSON

decks. This necessitated that the City close or retrofit most of its outdoor water play. Now the only approved wading pool in the City of Edmonton is the City Hall wading pool. The

legislative grounds also have wading ponds that families can enjoy. Contact 311 for more information about spray parks or on line at www.edmonton.ca/waterplay.

LOCAL WATER PLAY OPTIONS

Alberta Ave Spray Pole
9210 118 Avenue
Monday to Friday:
12:30-8:00pm

Central McDougall Spray Deck
10630 109 Avenue

Eastwood Spray Deck
11803 86 Street

Elmwood Park Spray Deck
12505 75 Street

Giovanni Caboto Spray Deck
108A Avenue and 95 Street

Highlands Spray Deck
112 Avenue and 62 Street

Councillor Tony Caterina
Ward 7 - Communities to be proud of



Phone: 780.496.8333
Fax: 780.420.4867
Email: tony.caterina@edmonton.ca
www.tonycaterina.ca
www.edmonton.ca

Join the Fun!

Register Your Little Dancer Today for Kids Bellydance Classes! Ages 7-12

Next Session Starts September 21, 2013



Register online or in person at our beautiful Studios & Store!
www.bedouinbeats.com
(780) 761-0773 • 11805 - 94 St, Edmonton

Bedouin BEATS



ABC Weddings
Established 1965

Everything you need for your special event, come visit us today.

Chair Bags - Table Linens - Dishes
Centre Pieces - Cake Stands - Tents
and Much More!

10428 118 AVE, EDMONTON, AB
780-479-2777 / www.abcweddings.com

WHAT'S ON » FESTIVALS

Come On Over ...

C'MON Festival, an Edmonton Fringe Festival BYOV event

LARISSA SWAYZE

If you've ever been curious about chamber music, but never had the opportunity to check it out—now is your chance! The C'MON Festival, an Edmonton Fringe Festival BYOV event, will be filling St. Faith's Anglican Church (11725 93 Street) with the sweet sounds of Stravinsky, Elvis and more.

According to the event's organizer, Kathryn Macintosh, it's about having fun with a style of music often thought of as serious. "It'll be a little more casual than a lot of traditional chamber music concerts, which is part of the goal—to make it comfortable for people who don't necessarily have a lot of experience with that kind of music."

Tammy Sluzar, an on-air personality for CJSR and the C'MON Festival's host, will be keeping the vibe informal by interacting with the audience and musicians. And though there will be performances of classical music staples such as Bach, the festival will also feature some more unusual pieces. "We're doing some kind of wacky stuff," says Macintosh. "We're doing a set of music from ultra

lounge—the swinging 60s—that somebody's arranging especially for the ensemble."

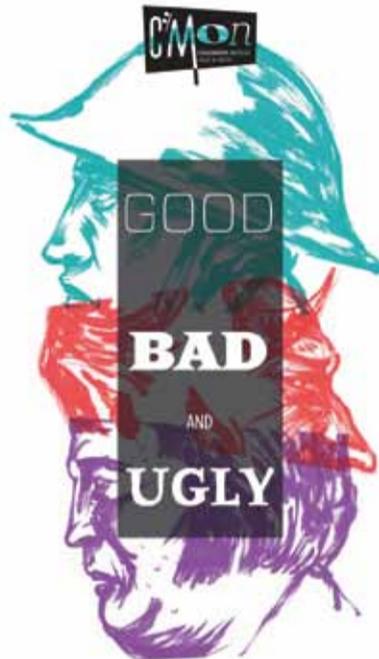
The C'MON ensemble consists of artists from the Edmonton Symphony

As for the ugly? Macintosh laughs and admits it's "Elvis in his later years."

The festival's humorous twist on the traditional isn't the only thing they're doing differently. While most Fringe productions are the same every night, the C'MON Festival will play a different program for all three nights of their run. The idea is that by varying the performances "there'll be something to keep the audience coming back."

Macintosh's hope for a willing audience was a driving factor in her selecting the Avenue for the festival's location. "I think that the neighborhood has really gone through a transformation. There's a sort of spirit of adventure there that really is compatible with the goals of the festival." If this year's C'MON is a success, Macintosh plans to make it an annual event.

So, August 20-22, show your support and venture over to St. Faith's for a little good, a little bad, a little ugly and a lot of fun.



CHAMBER MUSIC FESTIVAL
AUGUST 20, 21, 22 | 7:30 PM
ST. FAITH'S ANGLICAN CHURCH | 11725 - 93rd Street

Orchestra, as well as freelance musicians, and will be incorporating live actors into their performance of Stravinsky's *The Soldier's Tale*. The actors will be playing a soldier and a devil—the good and bad of the festival's "Good, Bad & Ugly" tagline.

**FRINGE FESTIVAL BYOV:
C'MON FESTIVAL**
August 20-22 at 7:30pm
St. Faith's Church (11725-93 St.)

32ND EDMONTON INTERNATIONAL FRINGE THEATRE FESTIVAL "FROM FRINGE WITH LOVE"
August 15 - 25, 2013 Old Strathcona and Beyond
Programs, festival passes and single tickets go on sale at 10am on Tuesday, August 6th.
www.fringetheatreadventures.ca

HOSPITALITY PACKAGES AVAILABLE



84th Canadian Derby
Northlands Park • Edmonton, Alberta
August 17, 2013



WESTERN CANADA'S BIGGEST THOROUGHBRED RACE

Catch all the excitement from our infield or dine track-side in Colours Restaurant.

northlandspark.ca
#cdnderby



CRIME PREVENTION » AUTO THEFT

Avoid becoming a statistic

Put up “roadblocks” and drive crime away from your vehicle

KAREN MYKIETKA

Auto crime prevention seems like common sense. Why would you have to tell someone to lock car doors and not leave any valuables in sight? I mean really, who would be stupid enough to leave something as valuable as a laptop in plain sight?

Uh...I did. It wasn't intentional. We were on a road trip, stopped at a motel for the night, and it accidentally got left in the car when we were unloading. It was a costly mistake. Someone smashed the window, reached in, and grabbed it. Whoever it was didn't open the car door, so the factory car alarm that can randomly fill the air with racket when there's no threat, was completely silent when there was actual theft.

I've learned my lesson, right? Well...not completely. I still leave valuables in the car but try to be more sneaky about it. I put a coat on top of my bag, or hide stuff under my seat or in the glove box. So yeah, less visible but still risky, especially given what I recently learned from our local police about auto theft.

On July 7th, Edmonton Police and REACH conducted an auto crime prevention event on 88th Street. The location was strategically chosen because the area around 88th to 91st Street from 118th Avenue to 121st Avenue has been a hot spot for auto crime. At the event, they gave away steering wheel locks, licence plate screws, and AMA “All valuables removed” placards.

Any one of these deterrents work better than a car alarm. Combine them and it forms a “KEEP OUT” sign to any would-be burglars. “You want there to be 1, 2, 3 roadblocks. The bad guys don't want to work hard,” explains Cst. Hauptman. “Locked doors, a club, a placard in your window, a thief sees that and moves on.”

Police say the majority of auto theft is a crime of opportunity. It's an easy business, as 30-40% of the crimes happen from unlocked cars. Even locked vehicles with valuables inside can be hit with a quick smash and grab. But you lock your car and remove valuables, right? So you aren't at risk.

Well that depends on the definition of what is valuable, which changes based on

perspective or situation. “Cars are broken into for as little as a quarter,” says Sgt Dwayne Williams. “To a homeless person, a quarter gets them a shopping cart to go downtown or you collect enough quarters and go to Tim Hortons for a coffee.” In the winter, highly sought items include hats, jackets, boots, and socks. To a desperately hungry person, groceries left in a car have great value. Phone chargers/cords, electronics, tools, and a myriad of other items can have sale value on the street.

I decided to check for myself if my neighbours were being car safe. Good thing I mentioned my plans to the cops. They informed me that I could get charged with tampering with a vehicle if I was caught checking for locked cars. “This is a useful tool for the police,” says Cst. Kurtis Hauptman, “because it gives us a reason to stop and question someone being suspicious around vehicles even if they aren't caught breaking into one.”

With Cst. Hauptman's assistance, I checked 40 vehicles around my apartment parking lot and up the street. While one van was unlocked and full of



These two ladies were very excited to receive a free steering wheel lock at the Drive Away Crime event on July 7th. » KAREN MYKIETKA

clutter, only a few vehicles had items visible that might interest a thief: two DVD players strapped to car headrests; work boots and car phone charger; an open cup holder full of change, work gloves and what looked to be a tool bag; and one security company jacket.

Only one vehicle had a steering wheel lock and none displayed an “All valuables removed” placard, even though the police distributed them in

the area a couple months earlier. It would have been quick and easy to take numerous licence plates because many were attached with only one or two screws. Each year, 3,000 - 4,000 plates are stolen off vehicles in Edmonton. In May 2013, 16 licence plates were stolen in Division 1. Preventing this theft can be done by securing the plate with special anti-theft screws.

Free Auto Crime Prevention Resources

LICENCE PLATE SCREWS

Anyone can install them, but they require a specialized tool to be removed. Plate screws are available free at police station counters (subject to availability). Screws will also be available at The Carrot Coffeehouse (9351 118 Ave) while supplies last. Report stolen plates immediately to the complaint line 780.423.4567 or the police station. www.edmontonpolice.ca/platescrews

AMA “ALL VALUABLES REMOVED” PLACARDS

Order online, pick up at a police station or even print one at home. www.ama.ab.ca/community-and-ama/all-valuables-removed

STOP THIEF PROGRAM

A Stop! THIEF® sticker on your vehicle alerts police that it is rarely driven between 1am and 5am, a prime time for theft. If they see your vehicle driven during these times, they may pull it over to see if it has been stolen. www.ama.ab.ca/forms/stop_thief_registration



Is your vehicle is a target?

The most targeted vehicles in Edmonton, indeed in all of Alberta, for theft are F-Series trucks, specifically the F-250 and F-350 models built before 2008. On average, slightly more than one per day are stolen within the City limits. Police are pleading with owners to take security measures such as locking their steering columns or installing alarms. These thefts put public safety at risk. “What makes these crimes a higher risk to the community is they are generally stolen by drug-addicted property criminals, who are more likely to engage the police in reckless and highly dangerous pursuits,” says Acting Insp. Malcolm Allan of Downtown Division. Also on the Top 10 stolen list in Alberta is the Neon and the Integra.

Want to play detective?

Ever wonder if that car abandoned on your street is stolen? You can run the licence plate yourself through the Canadian Police Information Center (CPIC) website to find out. Go to www.cpic-cipc.ca/English/index.cfm. Click on Search Now. Select Licence Plate. Enter the licence number and province. The response “no records found” means the plate has not been reported as stolen. If you get “possibly stolen; contact local authorities”, call the complaint line with the vehicle information and location. Another fantastic use of this site is to search the VIN number of a vehicle or trailer before you buy it to make sure it isn't stolen. Bicycles can also be checked by entering the serial number.



**The
Edmonton
Inner City
Housing
Society**

REDISCOVERED TREASURES YARD SALE



**Saturday, August 10th 2013
from 10:00 am to 4:30 pm
located at 12223-97 Street**

Supported by: 

EDITORIAL

Community success rules:

Use it or lose it; be more than a consumer

Our “wants” for our community have been clearly identify over and over at various meetings and community consultations. We want a safe, vibrant, connected community with great businesses, local schools, recreation opportunities, festivals, markets. We want to be artistic, historical, welcoming, family-friendly - a destination in Edmonton.

A dedicated but small group of community leaders have put in countless hours in the last several years to help our community achieve these wants. Two problems with that: one, a small group can only accomplish so much, and two, a small group doing too much gets burned out.

Most residents would say a neighbourhood school is a very important asset to a community and they get upset when threatened with a school closure. But on average only about 50 percent of neighbourhood children attend their neighbourhood school. When the school draws from a limited area that is already low on school-age children, this has significant impact on school enrolment numbers.

Community leaders can start a farmers’ market but if residents don’t support it by

coming to shop at it weekly, then guess what? It closes. EPS like everyone else has to deliver services within a budget, so when they see that some community stations are underutilized and resources could be better used elsewhere, then they make a prudent decision and close it. Community league’s organize programs, pub nights, seasonal events; when only small

Lose a key leader and you may lose the program. Why do we lose leaders? Usually because they are just plain tired; tired of the endless work with few people to help. The CRUD dog walking club and dinner club were a huge success, but when the couple leading them burned out, no one stepped up to take over, and so now our community no longer has these great activities.

For many years, leaders in the community have been working on crime and safety issues because you keep saying these are a high priority, a big concern. But when there’s a meeting or activity or initiative, few people show up. So don’t be surprised if efforts to start an area crime council are given up due to lack of support and interest.

It is important to be more than just a consumer of all the good things your community offers you, step up and help out - volunteer, lead, or at the very least show some appreciation for those that do.

Our community wants are endless, but don’t expect them to all be handed to you like a spoiled child. To achieve and sustain our want for a safe, vibrant, connected community, we need everyone to do their part.

“ Our community wants are endless, but don’t expect them to all be handed to you like a spoiled child.”

numbers of residents come out, they don’t bother wasting their time organizing such things any more.

Hence the rule, if you don’t use it, then you may lose it.

But this is a deceptive rule because even things that are used are at risk. A local community skating rink or soccer program may be well used but often only exist because of the hard work of a few individuals.



AVENUE SCAVENGER HUNT FROM JULY ISSUE

You can find all the answers at www.ratcreek.org.

Congratulations to the winners of the Scavenger Hunt: Anna Specht and 7 year old Owen Pitman and his family.

RAT CREEK PRESS ASSOCIATION 9210 118 AVENUE, EDMONTON, AB T5G 0N2 | T: 780.479.6285

ABOUT US

The Rat Creek Press is a non-profit community newspaper in north central Edmonton serving the communities of Alberta Avenue, Delton, Eastwood, Elmwood Park, Parkdale-Cromdale, Spruce Avenue and Westwood.

COMMUNITY, COMMUNICATION, CAPACITY

The Rat Creek Press goals are to help connect residents with what is happening in the community, provide a forum where information and ideas can be exchanged, and help individuals learn new skills, acquire experience and develop leadership.

PUBLISHER

Karen Mykietka

MANAGING EDITOR

Karen Mykietka

LITERARY EDITOR

Rusti L. Leahy

PHOTO EDITOR

Rebecca Lippiatt

DESIGNER

Michelle Hayduk

ADVERTISING REPRESENTATIVE

Bettyann Dolata

info@ratcreek.org

editor@ratcreek.org

lit@ratcreek.org

photo@ratcreek.org

design@ratcreek.org

ads@ratcreek.org

CONTRIBUTORS

Carissa Halton, Lee Robinson, Karen Mykietka, Wes Bellmore, Paul Chaisson, Larissa Swayze, Rebecca Lippiatt, Dawn Freeman, Mimi Williams, Lindsay Drennam, Rusti L. Leahy, Marlene Salmonson, Wolfgang Carstens, John Yamrus, Henri Yauck, Hannah Caouette, Jonathan Weller, Chantal Figeat, Federico Leone

DISTRIBUTION

John Larsen, Margaret Larsen, Arlene Kemble, Cantelon Family, Bettyann Dolata, Karen Mykietka

EDITORIAL POLICY

The Rat Creek Press is a forum for all people. We encourage comments that further discussion on a given article or subject, provide constructive criticism, or offer an idea for community activity. **Letters** should be no longer than 250 words and must include the full name, location and contact information of the author. **Op-Ed columns** should be 400-700 words and observe formal rules of spelling and grammar. The RCP reserves the right to edit all material and to remove any electronic comment at any time.

All columns, letters or cartoons submitted are attributed to the author and do not necessarily represent the views or opinions of the Rat Creek Press. Send submissions to the Rat Creek Press Editor via email at editor@ratcreek.org, or 9210-118 Avenue, Edmonton, AB T5G 0N2. Mail may also be dropped at the address above.

COMMUNITY CALENDAR

Space is available to non-profit groups for event and program listings as well as volunteer opportunities on a first-come first-serve basis and will be printed as space permits.

WHAT'S ON » EVENTS

EASTWOODFEST: COMMUNITY FUN



The Eastwood Community League (86 Street and 118 Avenue) will hold their annual community event, Eastwoodfest, on Saturday, August 10 from 10am-5pm. A pancake breakfast will be served between 10am and 12pm. From 12pm and 4pm there will be a variety of kid’s activities including jump castles and face painting. Come meet others from the neighbourhood and enjoy an afternoon in the park. Don’t forget Eastwood has a great spray park so bring your suit and towel. >> REBECCA LIPPIATT

DRIVE-IN RETURNS: DOUBLE FEATURE



The spring Drive-In-on-the-Ave was a stunning stress so now Frank Zotter and team are making it bigger and better. On Sunday, September 1st pile into the car and head to the Alberta Ave parking lot on 93 Street and 118 Avenue. The first show starts at 8:30pm with the family friendly and heart warming E.T., then, Jurassic Park at 11:00pm. It’s FREE but donations will be gladly accepted. Concession on site. Note: after E.T. the parking lot will be emptied then fill up for the late show. You are welcome to come back in.

>> REBECCA LIPPIATT

CELEBRATING COMMUNITY CONTRIBUTIONS



2013 CONNECT AWARDS

Do you know a person, group or business that deserves recognition?

The Rat Creek Press established the Connect Awards to honour individuals, groups or businesses who are helping make our community a great place to live, work play and shop.

To nominate, fill in the nomination form and write a letter stating why you are making the nomination.

Forms and helpful info available at www.ratcreek.org.

Deadline: October 1, 2013

SPEAKER'S CORNER

Want a safer community?

If so, roll up your sleeves and help make a difference

DAWN FREEMAN

A couple of months ago I was asked to come to a meeting to talk about starting a Crime Council for the Alberta Avenue communities. I said, sure. After all, as a member of the Avenue Initiative Safe Streets Working group for several years, I was involved in many projects and events to do with addressing issues of crime and disorder in the community. Our group was very active and successful for a number of years, but went into hiatus a year or so ago as our members became busy with other things.

The idea of a Crime Council had come up in response to information gathered at a community consultation held in February 2013. At this event many people expressed how unsafe they still felt in the community and one of the top comments from the evening was for crime and disorder issues to be addressed. The thought was that a Crime Council could be a great vehicle to respond to these concerns.

A Crime Council is a group of community members who have an interest in addressing crime and disorder issues and work to make our community a safer and better place to live and work. Its role is to connect community with Edmonton

Police and City Bylaw services, to educate people on crime and disorder prevention, and to help community problem-solve around issues of crime and disorder. It is community-led, and its projects community-driven.



What this fledgling Crime Council needs now is you. It needs several community people who are willing to commit a few hours a month to organizing the events and projects that people have said they want, such as a community patrol. It will also need many more people willing to volunteer their time to participate in these events and projects. We have a great connection already with police and Bylaw Services, and they are willing to be a resource for us, but they can't

solve our community issues alone. And only you can help yourself feel safe and connected in your community. Take part in organizing and participating in events in our neighbourhood and you will be surprised at how different your perception of the community will become.

After all the talk around crime and safety at the February gathering, I was surprised to see only myself and three other community residents at the first Crime Council meeting. One or two more expressed their interest and/or came to the next meeting. If more community members aren't willing to step up to participate, this Crime Council idea will once again be put back on the shelf. So if you are one of those people who expressed their concerns back in February, this is for you. I would love to see you at the next meeting and we'll work together to continue creating a safe and connected community.

ATTEND A CRIME COUNCIL MEETING
 Held on Tuesday, August 6th at 6pm
 Located at the Landlord and Tenants office (89 St and 118 Ave).
 Confirm attendance with Judy Allan at 780.496.1913 or safestreets118@gmail.com

LETTER » TO THE EDITOR

Councillor flip-flops on arena deal

Based on Councillor Tony Caterina's recent claims that he opposed the arena deal, I've come to the conclusion that he believes voters aren't paying attention to his flip-flopping and misdirection.

During the 2010 election campaign, Caterina vowed that he would oppose the use of any tax dollars to build the Oilers a new arena downtown. So, who made the motion in October, 2011 to go ahead with a deal that was going to cost taxpayers over \$400 million, including a significant diversion of funds from the provincial education budget through the CRL financing scheme? It was Caterina, who boasted at the time that he had secured a condition that would require Katz to immediately invest \$30 million in nearby development. Like everything else arena-related, that turned out to be yet another shell game when it was deemed that Katz had fulfilled his \$30 million obligation by buying back a 3.7 acre parcel of land

he had sold to the city a week or two earlier.

When the arena deal came to a vote again in January 2013, the price had jumped to \$601 million—all publicly funded, with Katz paying his contribution over time. Caterina again voted in favour of the deal.

On April 6th, I announced my candidacy citing, among other things, Caterina's \$600 million flip-flop on the arena. Days later, when the deal came to a vote again, Caterina had another change of heart and voted no. Are we to believe he suddenly realized that the funding formula took money from education. Are we to forget that Caterina ignored this and every other concern expressed for over a year-and-a-half? Would a more reasonable conclusion be that his most recent flip-flop on the file is an obvious attempt to ward off a political threat? Does Caterina really think voters won't hold him accountable for this?

MIMI WILLIAMS

We welcome your thoughts and opinions on our content and on community issues. Email: editor@ratcreek.org
 What we have to do... is to find a way to celebrate our diversity and debate our differences without fracturing our communities. ~ Hillary Clinton

Triple R Lawn and Snow Services Ltd.

OUR SERVICES INCLUDE: Lawn Cutting, Rototilling, Eavestrough Cleaning, Hedges and Sodding.

Also hiring: part time, must have valid class 5 licence, email resumes with references to triplerlawnsandsnow@gmail.com.

We are your company from start to finish.
CALL TODAY 780.471.5322

Reiki for the Soul

Please call Bettyann at 780.450.6942

XL Furniture
 FAMILY BUSINESS SINCE 1952

11349 - 95 STREET
 EDMONTON, AB T5G 1L2
 780 477-2213
 780 477-2245 FAX
www.xlfurniture.com

Flexsteel GALLERY
 •
LA-Z-BOY
 •
 SIMMONS
Beautyrest

"We'll Keep You Happy for Life"

Fast and Friendly Warranty Approved Services.

FAST OIL CHANGE
 Coupon valid at these 3 locations only:

13004 82 Street
 NORTHSIDE: 780.478.9617

13731 97 Street
 NORTHSIDE: 780.478.7553

11503 104 Avenue
 DOWNTOWN: 780.425.7562

\$39.99
Regular Oil Change up to 5 Litres
 Coupon expires Sept. 30/13

Westwood Community League Membership special and other news at westwoodcl.ca or

TO NURTURE A GARDEN IS TO FEED NOT JUST

THE BEST WAY TO EXPERIENCE OUR NEIGHBOURHOODS IS ON FOOT. TO SEE THE BEAUTIFUL GARDENS IN THE TREE-LINED BOULEVARDS. OTHER ENCHANTING FINDS ARE HIDDEN IN UNEXPECTED PLACES, BETWEEN BUILDINGS. A MORE BEAUTIFUL PLACE TO BE. THANK YOU TO THE GARDENERS WHO GRACIOUSLY ALLOWED US TO VISIT THEIR GARDENS.

~ REBECCA LIPPIATT



This backyard in Norwood has been lovingly cultivated over the last 10 years. The old garage, a common feature in the neighbourhood, was about to be torn down. But in an "Ah ha" moment, it was given a new floor, and one side wall was removed to turn it into a gazebo. Curtains, lighting, a bamboo fence and a heater make it useful all year round. >> REBECCA LIPPIATT



Constructed entirely of bicycle wheels and parts, this climbing wall serves as a climbing wall for the garden.



As you drive north on 97th Street, this unique fish glitters in the evening light. Other handmade metal works embellish the house and the entrance to the backyard. >> REBECCA LIPPIATT



In this community populated by artists, it's no surprise to see sculptures adorning many of the gardens. The permanent art is enhanced by the thoughtful multi-coloured and textured plantings. >> REBECCA LIPPIATT



A giant tree sculpture in the garden. The fences are made of metal and are a key feature of the community. >> REBECCA LIPPIATT



The red house is decorated with colour beads and glass, and the sculpture of the nude woman is overseen by another sculpture of the queen wearing Mardi-Gras beads. >> REBECCA LIPPIATT



A cleverly designed box garden in the backyard.

JUST THE BODY, BUT THE SOUL. ~ ALFRED AUSTIN

IN OUR NEIGHBOURHOOD, IT IS NECESSARY TO SLOW DOWN. SOME GARDENS SPRAWL OUT TO ENCOMPASS BUILDINGS. THANK YOU TO ALL THE GARDENERS WHOSE HARD WORK AND DEDICATION MAKE OUR COMMUNITY AND ME AND MY CHILDREN INTO THEIR BACKYARDS TO SHARE IN THEIR WONDERFUL CREATIONS.

REBECCA LIPPIATT



Posts, this fence on 90 Street in Alberta Avenue sweet peas. >> REBECCA LIPPIATT



This whimsical garden in Parkdale combines beautiful bright plantings with playful statuary collected from family. Bordered by a hedge, the garden is a delight for children discovering the creatures within. >> REBECCA LIPPIATT



Swings is the central feature of this stunning yard in Spruce Avenue. The swings are decorated with antique windows, paintings and found objects. Lighting features - from the cactus framed in lights, to the cluster of Christmas lights and large glass jars. >> REBECCA LIPPIATT



Large clusters of bright flowers adorn this front yard in Parkdale. The front walk has been replaced by a tiered stonework front patio. >> REBECCA LIPPIATT



A large tree graces the front lawn of this yard in Delton. >> REBECCA LIPPIATT



This concrete and brick apartment in Delton is transformed by ironwork window boxes, gargoyles on the roof, and metalwork detailing enhancing the entrance ways. While it looks more European than Canadian, it is given a distinct Canadian flair with the medicine wheel on the south side of the building. >> REBECCA LIPPIATT

EDITORIAL » LITERARY

Freedom to place the word

RUSTI L LEHAY

We are back this month with the theme of freedom. Using this page is up to you. Claim this space. Spill words out like Wolfgang Carstens says—by digging deep in your bone and letting your thoughts gush out in the way that spells your heart's thoughts on happiness.

Citizens of the avenue, what is it you want to express? You have the right to write. Read how Carstens advocates how all people have a voice with words to dig out of the corners of your mind. Your

child in grade three, your grandmother or you. Write. While the *Rat Creek Press* is unable to offer fame and fortune, you can say to literary magazines you have been published and that might be your path to acceptance in other magazines.

Also remember to check out Kaleido and the Poetry Slam on September 14th-15th or even enter to slam some words into the air at the festival. Fill out the registration form here: www.ratcreek.org/poetry-slam.html. Choose your poem, perform it and submit it for consideration in

the September issue.

The Words We 'Ave page is your forum for all forms of creative writing. Try a twitter poem. Anyone can write 140 characters into a poem, right? Write! It is your poetry/literary right. If you need to be inspired for September's happiness theme, try Marci Shimoff's book *Happy for no Reason*.

Speak to us, share your thoughts and see yourself on the page. Who knows how far your words can go? Send us your words to lit@ratcreek.org or drop them off in person at 9210 118th Avenue.



WORDS WE 'AVE POETRY SLAM

Want to be moved to tears, laugh, smile or simply enjoy a play on words? Hear poets of all ages sharing original works while vying for \$500.00 in prizes. If so, we know you will want to be a participant or a witness (aka audience member) of the poetry slam on Sunday, September 15th from 4:00-5:30pm.

The poetry slam is held annually as part of the Kaleido Family Arts Festival. The event was inaugurated in 2009 as part of the *Rat Creek Press*' 10th Anniversary and to celebrate the printed word. For more information and to fill in the application, go to www.ratcreek.org/poetry-slam.html. You will receive an email confirming your acceptance. Limited space.

POETRY » BARD OF THE AVE

Don't send a poet to do a dog's work



MARLENE SALMONSON

I pull the pillow over my head and pretend that I don't hear him. I really do not hear that ninety pounds of German Shepherd, who is fiercely barking and staring directly at the large elm tree in front of our house. It is six o'clock on a Sunday morning in Norwood and the world is in slumber—it sleeps. That is, all but our house.

JoJo barely acknowledges my presence, when I enter the living-room. Invader alert! The squirrel is back! Our furry sentinel stands with his front paws braced against the tattered couch arm and stares statue-like after the offending presence.

We do a mind-meld. "Do something!" he commands. So, I go outside and look up: and the shade-giving canopy into which our nefarious squirrel has disappeared envelopes me.

I am lost in wonder...

I feel the slow tremble of the leaves as the air moves through the trees
My eyes absorb the vivid green

This wondrous monarch, with her living crown of flora, dwarfs me.

I reach out my hand to a feeble ray of light, which has slipped through the twiggy arms

As the wind ruffles my hair, brushing it gently back from my face

The elm moves—a pantomime of some loose-limbed creative dancer,

Communicating a story of larger worlds than mine.

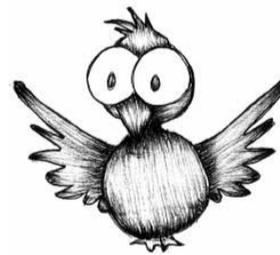
I go back into the house, and sit with JoJo, his head resting on my knee now. "Don't send a poet to do a dog's work," he mutters. You're probably right buddy, you're probably right.

Twitter Poems

WOLFGANG CARSTENS

The hardest thing for a writer to learn is what not to say. This is especially true when it comes to communicating through new media like Twitter. Here, the parameters are simple: say what you need to say in 140 characters or less. We want to explore these limitations in a regular feature called "Twitter Poems." For September, we want to see your best Twitter poems that address the topic of "happiness." For example:

when happiness
is dependent
on things outside
your mind,
it exists
impossibly
beyond your reach.



Are you up for the challenge? 140 characters or less. The right words in the right order. Make every word count. Please send your submissions to lit@ratcreek.org

GROUND ZERO: A REVOLUTION OF WORD, IMAGE AND SOUND!

GROUND ZERO welcomes internationally acclaimed poet John Yamrus and local singer/songwriting sensation Lora Jol to Brittany's Lounge (10225 97th Street), Tuesday August 27th. Hosted by Wolfgang Carstens, this free show will be recorded, mixed and released as a live CD. Don't miss your opportunity to be a part of this momentous evening! Come early! Bring your friends! Doors open at 4pm. Show starts at 8pm.

GROUND ZERO: a place of explosion, the center of rapid development, a new beginning. Boom, baby, boom!
www.groundzerorevolution.com

Give me poetry

JOHN YAMRUS

that's new.
that fails.
that makes mistakes.
give me poetry
that you don't know
what in the world you need to name it.
give me poetry
that bleeds from the eyes
and
shouts at the world.
give me poetry that stands
naked and beaten,
with its back against the wall,
still screaming
I AM NOW!

Poetry (for dummies)

WOLFGANG CARSTENS

sink pencil
into the marrow
of your bones;
extract
the good stuff;
leave
a bit of your life
on the page.

andy's finest jerky products



Homemade Quality Beef Jerky
... treat yourself today!

Hours: 11am-5pm, Tuesday thru Saturday

Phone: 780.477.5557 | Email: andysjerky@telus.net | 8235-118 Avenue

NEED A GARAGE?



A Division of Caliber Building & Design Inc.

Call 780.455.2325
Edmonton's leading garage builder
100's of satisfied customers
35 years of experience

FREE IN HOME ESTIMATES
Visit us at www.ronnexgarages.com



BUSINESS » THE LEMONADE STAND

Managing your business

Part 2, The extraordinary business

HENRI YAUCK

Today many people, if not most, look at the world around them and see only chaos. They struggle with a sense of personal powerlessness and feelings of pointlessness. Individuals need life structure more now than ever before. A life lacking in purposeful, useful structure is an aimless wreck. The absence of structure ushers in breakdown.

It is this structure an extraordinary business provides its customers and employees in this otherwise disorderly world. It says to the customer—your people know what they are doing. It says to your employees—you know what you are doing. It says to your customer—he can trust the result delivered. And it assures your people they can deliver exceptional results successfully and consistently.

In a few words, exceptionally great businesses are NOT built by extraordinary people, but by ordinary people doing things in an extraordinary way. The key role of management, then, is to provide the environment and resources that empower ordinary people to produce extraordinary results consistently.

The backbone of such a

system is an easy to understand, easy to follow operations manual (OM). Your OM provides the structure employees need with a written account of how to get the job done in an efficient and effective way. It assures your new employees, as well as the old, there is logic and value in your enterprise. Even more importantly, there is a method by which results are produced, and they can be successful in providing those results.

It is through clear documentation that structure is reduced to specific means rather than generalized ends—to literal and simplified tasks each of us needs to understand to do the job at hand.

The OM is the “how-we-do-it-here” guide designating the purpose of the work, specific steps needed to be taken to perform the work, and summarizing the standards of both the process and the results. The result is a uniformly predictable experience for the customer, to which the customers response is, “I’m coming back.”

The documentation to build an effective operations manual begins at the level of the first person a customer meets in your

business to get your products or service. It then works its way through the whole process right up to and including the manager.

As an example, in a restaurant, the first person a customer meets is a host or hostess. Documentation would include your business’ preferred greeting(s), how the customer is taken to his table, what is given to the customer, how it is given and when, what is said to the customer to prepare them (set the stage) for the server.

The omis is a checklist of steps. It is through knowing what to do, when to do it, and how to do it that the employee becomes confident, professional and effective. An ordinary person becomes empowered to perform in an extraordinary way.

To-be-continued in the next issue...

Do you have a start-up business in mind that is about ready to roll? Then it's time to contact Rat Creek Press at editor@ratcreek.org and get your name and business on our first contact list. You may qualify for marketing and business building guidance from our team.

BUSINESS » ECONOMICS

Does it matter where you shop?

Shopping locally pumps more money into our local economy

HENRI YAUCK

Over several dozen studies have been conducted throughout North America concerning the economic impact of small locally-owned businesses versus multinationals on the economy as a whole and within a given geographic region.

Some studies suggest a dollar spent in locally-owned businesses generates two-to-four times the economic development impact of a dollar spent in big box stores. Some suggest out of every \$100 spent locally \$37 will remain in and help the local economy versus only \$13 spent at a big box store.

What about the home front, Edmonton? After looking at the numbers and the local conditions that drive the economy, it is not difficult to see the economic impact is even greater. Consider this: the economy of Edmonton has a large governmental, educational, healthcare and city governmental base (not all the money circulating comes from oil or agriculture). The incomes and salaries, not to mention bonuses, paid to the civil servants, various boards,

Ministers, policy makers, administrators, and politicians has one source: your pocket. Taxes - whatever shape or form they may take. Tax



concessions are freely handed out to big businesses. They pay little tax so tax revenue has to come from individuals and small businesses.

You may think that by buying at a big box store or even online that you are

saving. But are you? If you are saving 10% (that’s what the average is) or more on purchases through multinationals, you are still losing with every purchase. The mirage-like savings, that you think are yours, quickly vanish from your pocket in the form of rising taxes and hidden fees. In the last two years, your taxes and the hidden fees have not gone down, have they?

On average 40-43% spent in local, independent shops stays in the local economy. Compare this to 11-13% spent at national and multinational retailers. You don’t need to abandon your favorite big box to be a good citizen. Nope, you just need to make a small shift in your spending—like many others in the know are doing. They are making a difference by shifting their spending from 90% big box to 76-78% big box and the rest to small locally-owned shops. That’s all it takes to slow down the upward spiral of taxes and hidden fee costs. That’s really not too much to ask...after all in the end you will save.

A big, big thanks to all of you who are already doing your best to keep your money in the local economy.

BUSINESS » SHOP LOCAL

Shop Smart campaign



Handy Bakery (8660 118 Ave) is an inviting European style cafe and Portuguese Bakery—a great place to meet for coffee and pastries or pop in get some tasty take out sandwiches.

>> SUPPLIED

We Believe in 118 launched a Shop Alberta Ave, Shop Smart campaign on July 11th.

The focus of the campaign is getting consumers connected with businesses that are adding vibrancy to the Avenue. The kickoff event featured a passport that encouraged people to visit participating businesses and collect stamps for an opportunity to win prizes.

So far 25 businesses have qualified for the Shop Smart designation. It requires them to meet seven criteria that create a safe shopping environment, such as clean and clear windows and entries, bright lighting and working cooperatively with police.

Consumers can have great social and political impact with their purchasing power. They are encouraged to do three things: (1) shop locally, (2) avoid questionable businesses, and (3) Shop Alberta Ave. Find out more at www.WeBelievein118.com.

“I love Alberta Avenue because the people are unique and interesting. It feels like a community here. Plus I love all the wonderful colourful businesses!” says Liv Vors of Battista’s Calzone Company.

SHOP ALBERTA AVE, SHOP SMART
We will be featuring our great local businesses on this page every issue. Help us by sharing your stories and comments about great finds on the Avenue. Tell us about the unique things you have found. Email info@ratcreek.org or post to our Facebook page.



REBECCA LIPPIATT
photographer

rml@shaw.ca • 780.641.9417
www.dragonflyphotography.ca

Helping you afford the very best for your loved one

Western Canada’s leading memorial provider is reducing your costs.

Include the exclusive, no-time-limit, Everlasting Guarantee.

Show this ad and save **10%** Some limitations apply.

Nandi Young
12325 - 97th Street
Edmonton, AB T5W 0Z3
(780) 474-1448
www.remco-memorials.ca
dominion@remco-memorials.ca

REVIEW » FOOD

Italian Cafe delivers taste and quiet, coziness



PADRINOS CAFÉ AND BISTRO

12118 90 STREET

HOURS: TUE - SAT 11AM - 2AM;

SUN 11AM - MIDNIGHT

RESERVATIONS: 780.757.2040

COST: \$12-15 ENTREE

RUSTI L. LEHAY

Wander away from the main drag and you will find good food and a quiet patio at Padrinos Café and Bistro, located across from Delton School. Opened on April 9th in the old Café Amore spot by Bereketiab Tirfe (whom everyone calls Padre), you will find a tasty Italian eating experience. If you want a quiet place to work, you can grab a caffeine fix at half the price of Starbucks and support an independent business owner. Free wifi is served up with a “wet” cappuccino while an espresso is only \$1.50. I know nothing about coffee but Google tells me the bubbles and/or foam should not be dry. My cappuccino connoisseur, Lilia, happily reports her beverage to be “wet” and good.

Pondering his stashed-away location, Tirfe says, “My friends encouraged me to open here.

I have big plans to do things for the kids and teachers when school starts back up.” Being community-minded is key to becoming a fixture for any business—now that you know about Padrinos, you can help make that happen while enjoying delectable fare.

On the hot Friday night we sought a cool interior; Virginia, Lilia and I find Padrinos’ friendly atmosphere with casual decor easy on the eyes. Swirly, textured paint decorates the bar with patrons cozied up on comfy bar stools. Groups may sit at tables of four or six. You may even experience clientele who insist on sharing their damn fine pizza with you. The practical brown vinyl tablecloths are a tad tacky but the paintings offer an authentic Italian look. Chalkboards display the specials of the day. The simple laminated menu offers enough choices for variety.

The tastes are savoury and complex. A delicate, yet adequate, smattering of vegetables and cheese dresses the bruschetta. A bit too crispy for Lilia’s liking but a 10 on taste. Lilia requested Caesar salad without bacon bits and croutons with the dressing on the side. The impressive dressing

makes up for the disappointing lack of freshly ground pepper. Homemade? The waitress says, “We’ve tried to make our own dressing but we haven’t found the perfect combination of flavor and ingredients yet.”

Virginia enjoys the creamy richness of the Polla Alfredo, with a strong hint of garlic giving their “delicious cream sauce” a tang. The Salciccia Arrabiatta with jalapenos and spicy sausage in a rich, thick tomato sauce tickles my taste buds just right. Satisfied halfway through the huge pasta servings, we have tomorrow’s lunch.

Our server managed (under the unknown pressure of three former perfectionist waitresses) to notice and replace butter melted away onto our freshly baked mini loaves and efficiently timed her visits to the table when other needs arose, though we did ask twice for lemons.

That alone failed to sour a sweet aspect: men in their early 20s-60s hang out at Padrinos. Single women can enjoy a 3:1 male to female ratio. When we leave, five of the eight tables are full of people chatting, table-hopping, and playing cards, and several bar stools are occupied. Take a walk off



Padrinos Café and Bistro owner Bereketiab Tirfe. >> RUSTI L. LEHAY

the beaten path and enjoy a reasonably priced meal where the chef visits your table to personally check on your food experience. Everything is right about the taste and the price at

\$58 for three without alcohol. Also with no traffic noise or smelly exhaust, it is a perfect patio to imbibe a cool beverage on Alberta’s fleeting summer evenings.



Community Crime Council

Do you want to get involved in helping create a safe, connected and informed community?

Join us on Tuesday August 6th at 6 PM
Landlord and Tenants Office 8904 - 118th Ave.

For more info or to RSVP email: safetrees118@gmail.com
or call 780-496-1913

Eastwoodfest

Saturday, August 10, Noon - 5 PM

Eastwood Community League Park
11803 - 86 St.

10 AM - 12 PM Pancake Breakfast
12 PM - 4 PM Children’s games and activities!
Jumpy Things, Face Painting, Balloons, Water Park!
Entertainment and fun for the whole family

CALL FOR ARTISTS & ARTISANS

SUMMER MARKETS

Carrot Community Arts Coffeehouse 9351-118 Ave / www.thecarrot.ca

Pop-up
Artisan
Market

**SATURDAY
AUGUST 17
10AM - 4PM**

We are shutting
down 94 st on 118
Ave and filling it
with handmade,
hand-loved arti-
sans’ wares.

 the carrot arts on the ave

Artisans: e-mail carrotassist@gmail.com or call 780.471.1580 to apply

Stay up-to-date: Like Rat Creek Press on Facebook, Follow us on Twitter.

COMMUNITY » CLEAN UP

Resident takes out trash

Hauling excess junk out of neighbourhood back alleys

HANNAH CAOQUETTE

Most often, when we think of volunteering, we think big. We think large scale operations and perhaps even overseas projects. Rarely do we think our back alley. Yet, as John Knoll a Parkdale resident sees it, "There are multiple benefits that can come out of donating your time and doing one small thing for your community, such as, for instance, hauling excess junk out of your alley." Renting a trailer and hauling excess junk for a day? Who would think that one simple action could do so much for the block and community?



John Knoll ready to unload one of the seven loads of trash he haul away from his alley in Parkdale. >> KAREN MYKIETKA

As a community resident for nearly six years, Knoll saw the City of Edmonton Big Bin Event as a great opportunity to do something about the build-up of junk in his alley and as a practical way to clean up the neighbourhood. It's common for people to ditch their unwanted items in the alley with good intentions of bringing them to the dump one day, but that one day never comes. Even though there are at least two free Big Bin events in our neighbourhood, one in the spring and one in the fall, the junk seems to keep piling up, becoming an eyesore.

So on the first Saturday of June, Knoll rented a 12 foot deep and nearly one lane wide dumping trailer for \$100. Using his own company truck and gas, Knoll collaborated

with his neighbours to clean up their back alley hauling away seven full loads. His condition was simple: "Help load up the items you don't want anymore, and I'll take care of the dumping, no charge." The community was doing a large item pick up the same day, so he was able to unload at the community bin location rather than waiting in the public line up which helped tremendously.

Most people were willing to participate and contributed anything from rusted out tubs, sinks, and scraps of shingles to used oil barrels, worn out couches and broken play houses. Knoll saw it as great way to bring the neighbours together, meet new people in the area, clean up the alley, and

increase the value of everyone's property. Everyone benefitted and the neighbourhood looked a whole lot better at the end of the day. Hopefully more residents in and around the Ave will follow suit and see the value in investing a little bit of time and effort into keeping their neighbourhoods tidy.

AUG. BIG BIN IS AT REXALL PLACE: Dispose of your unwanted household furniture, appliances, electronics or other yard waste 9am-5pm on Aug 24th and 25th at Northlands (Wayne Gretzky Dr. Southbound and 119 Ave) or Sept 21st and 22nd at Stadium (112 Ave and 90 St). No commercial waste or household hazardous waste such as paint, oil, batteries, pesticides.

It's a dirty job

Keeping our community clean and safe

KAREN MYKIETKA

For the past eight years, the community has organized annual large item pick ups to help address the issue of neighbourhood cleanliness. In May, bylaw enforcement did a blitz before the event giving out 108 clean up notices to untidy and unsightly properties along with clean up information.

"A notice is mostly a public education tool," say Cindy Bidulock, the area community liaison bylaw officer, "The vast majority comply once they get a notice." Only 13 properties required further action—two

were given \$250 tickets and ten were given MGA clean up orders.

At the same time, the Neighbourhood Empowerment Team (NET) identified vulnerable and problematic properties in terms of safety and security and offered homeowners a home safety audit and resources in securing their property against crime, in particular break and enters.

"We're pleased with the results but people still need to be vigilant," says NET social worker Alec Stratford. "Our issue is still people who don't have the capacity to ensure their property is secure."



OPPORTUNITY FOR HELP
NOCC a break and enter prevention program has home security and crime prevention tips at www.edmontonpolice.ca/net. Contact the NET team (Alec: 780.944.8402) if you would like a home safety audit and assistance in taking crime prevention measures on your property.

BYLAW ENFORCEMENT
Normally, bylaw enforcement is complaint driven. Bylaw officers follow up on resident complaints of issues and give notices if there are infractions. Report bylaw issues by calling 311, emailing 311@edmonton.ca or going to 311 online and filling in the online form.

Your voice in
Alberta Avenue,
Delton, Eastwood,
Cromdale, Parkdale
and Elmwood Park



Brian Mason, MLA
Edmonton Highlands - Norwood

Connect with Brian

6519 - 112 Avenue

Phone: 780.414.0682

Fax: 780.414.0682

Edmonton.HighlandsNorwood@assembly.ab.ca

www.BrianMason.ca

Explore 24 Norwood sites and learn more about neighbourhood history. Brochure now available. Find at Sprucewood Library, Alberta Avenue Community League and a variety of local businesses. Multi-media version: theavewehad.org/walkingtourintro



Looking for work - We can help!
Register Today!

Skills Training & Job Placement

EMPLOY
Abilities

EmployAbilities Career & Employment Center
Working for you!

780.423.4106 - employabilities.ab.ca

4th Floor 10909 - Jasper Ave
Edmonton, AB T5J 3L9



Vietnamese Beef Noodle Soup
Vermicelli Dishes - Teriyaki Stirfry
Fried Rice - Western (Burgers, etc.)
All Day Breakfast

BUSINESS HOURS:

Monday - Saturday 10:00 am - 09:00 pm
Sunday & Holidays 12:00 noon - 06:00 pm

9103 - 118 Ave (780) 757-7277

DELICIOUS!

www.phokingedmonton.com

Green Shack Playground Programs

Look for the Green Shack Summer Playground Program at neighbourhood league parks

HISTORY » COMMUNITY

What happened to Norwood Neighbourhood?

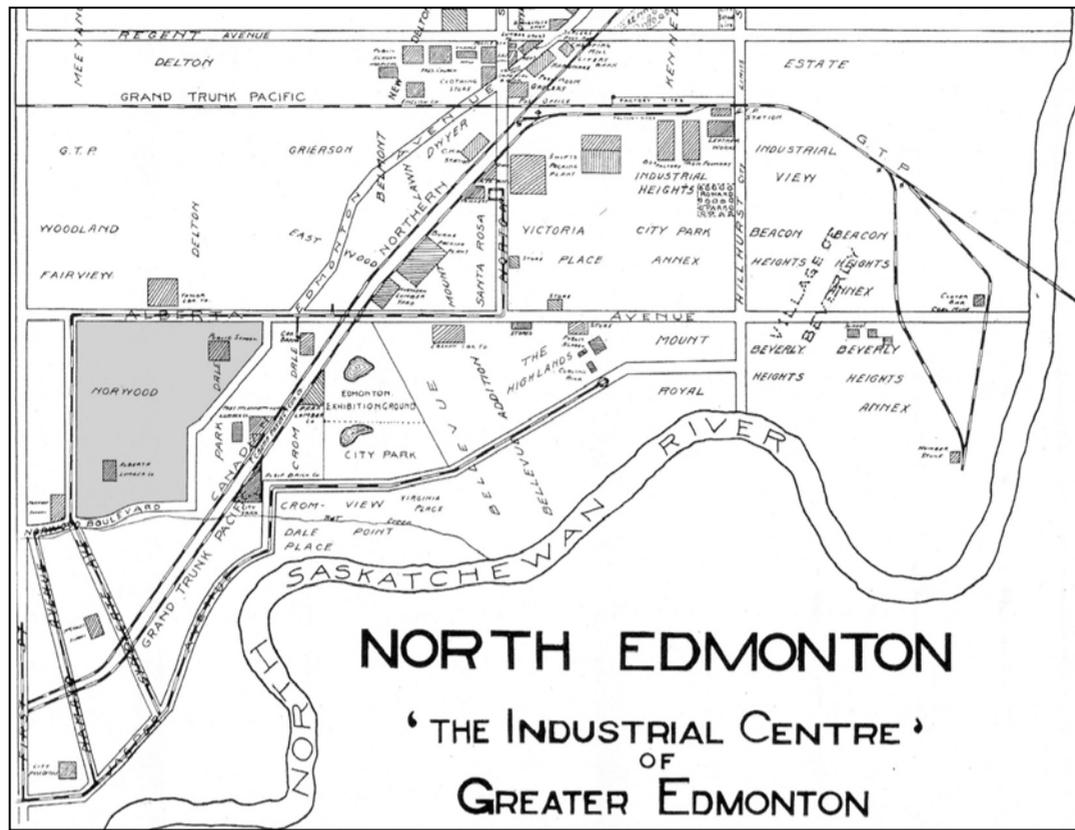
Growth and development changed a community's boundaries and reshaped its identity

KAREN MYKIETKA AND
JONATHAN WELLER

Look at a map of Edmonton today and you won't find Norwood on it. Look at old maps and the only Alberta Avenue you find is 118th Avenue. Ask residents between 89th and 97th Streets where they live and some will say Norwood and others Alberta Avenue. So which is it?

In 1904, land developers McDougall and Secord began selling 1,200 lots in their newly established subdivision which they labelled Norwood. The Norwood district was from Namayo Avenue (97 St) to Fox Avenue (89 St) with the southern boundary being Norwood Boulevard (111th Avenue) and Alberta Avenue (118th Avenue) marking the north. McDougall and Secord worked hard to promote the new subdivision, making grand promises for electrification, telephones and beautification measures that would make the area the most desirable in Edmonton. Norwood Boulevard ran along the banks of a creek. To further their beautification efforts, they filled in the unsightly Rat Creek, demolishing the numerous makeshift bridges that spanned the gulf.

In March 1921, the Edmonton Federated League held a meeting for residents of Norwood, Parkdale, Cromdale, Fairview and Delton about



North Edmonton 'The Industrial Centre' of Greater Edmonton, 1913 (CEA Clipping File). >> CITY OF EDMONTON ARCHIVES

the desirability of forming one or more community leagues. The Norwood-Patricia Square Community League was formed in January 1922. (Patricia Square is today the Giovanni Caboto Park area). The Alberta Avenue and District Community League also formed sometime in 1922 and had a grand vision. The April 28, 1923 Edmonton *Bulletin* reported, "New Community League to seek

more members: A thorough canvass of the residents adjacent to Alberta Avenue will be made by the executive of the Alberta Avenue and District Community League, with a view to making the new organization the largest in membership of all the city community leagues."

It is unclear what the boundaries during this time were, but there was some conflict and confusion, which

was reported to be "amicably settled" in November of 1923 at a meeting of the Federation of Community Leagues. The Norwood-Patricia League disbanded in the early 1930s. In 1935, the McCauley Community League was formed; whether that league included all or part Norwood district is unknown.

Norwood Neighbourhood Association (NNA) was created in 1973 from parents

connected to the Norwood Child Service Centre (NCSC). The organization was focused on developing more parkland and physical upgrading of the community. It was the NNA that was instrumental in securing the Federal Neighbourhood Improvement Program in 1976 which started a whole revitalization effort. The league was seen as more focused on sports, recreation and social activities. In 1981, the league built a new community centre and invited Norwood's involvement.

Often Norwood is used to refer to a larger area of north central Edmonton because there was a provincial electoral district called Edmonton-Norwood from 1959 to 2004 which included parts of McCauley, Parkdale, Cromdale, Alberta Avenue, Delton and Eastwood. In 2004, Edmonton-Norwood was merged with Edmonton-Highlands.

While Norwood Community League may have faded away and the area taken over by the Alberta Avenue Community League, there is no doubt the area south of 118th Avenue identifies itself as Norwood. Many schools, churches, businesses, and organizations used "Norwood" in their names. So Norwood, big or small, is an identity that is here to stay regardless of what the map says.

HISTORY » LIVING

Conversation with resident Harold Osborne

CHANTAL FIGEAT

At the age of 73, Harold Osborne is a tall, thin, blue-eyed man with a history of community participation and a love of socializing. Harold came to the Alberta Avenue area at the age of 14 in 1953, when his father had to move into the city limits from Jasper Place to keep his job with the City of Edmonton. The family set up residence at 11838 86 Street in what is now a vacant lot, eventually moving out in 1972.

As a teenager, Harold would sell doughnuts door-to-door for Henry's Doughnuts, which was situated in what is now an empty lot close to Piggy Bank Liquidators at 9310 118 Avenue. They were good doughnuts, too, "they had real icing on them" not the sugary stuff you see today. The young Harold was paid by the dozen.

Eventually Harold began delivering groceries around the neighborhood for Eaton's, making his way through the

streets on his bicycle. One day he fell off his bicycle, sending the groceries to the ground and himself to hospital. One of the things Harold loved to do as a child was to visit Tippy's Restaurant for "a pop and milkshake." The location 9103 118 Avenue is now the Pho King Restaurant.

Harold spoke about the vibrant businesses along 118th Avenue that he knew as a teenager and on into his married life. Today the boarded up storefronts on 94th Street and 118th Avenue are psychologically and visually unappealing examples of urban blight. However, Harold says he enjoyed going to the Dacia restaurant at 9440 118 Avenue where he could "get a good burger." He described the Dacia Restaurant as a good place where you could enjoy the company of friends.

Next door at 9442 118 Avenue was Dutch Jewelers. You can still see the barred windows and gateway

which provided security for the expensive jewelry store. Buster's Billiard Club in the basement at 9430 118 Avenue is still a viable business which Harold remembers as Harry's Pool Hall where he "used to go and play all the time." Harold's wife would visit Chrisie's Beauty Salon, which was run by the Horinek Family in the basement of the present Polar Bear Health and Water at 9342 118 Avenue.

Harold was an active member of the Eastwood Community League, where he would help out on bingo nights. One night the power went out "and we just lit the candles and put them on the tables and carried on." When asked about the overall changes he's seen in the neighborhood, Harold was positive about the decline of prostitution and drug-related activity. "The ladies of the night" are far fewer and less obvious these days, as is the drug use and drug-dealing. We agreed that a solid community effort is



Harold Osborne recalls his early years in the neighbourhood. >> REBECCA LIPPIATT

necessary to overcome these problems.

Harold, who has been living at the Avenwood Seniors Residence in Eastwood for the past four years, now enjoys going for long walks and socializing with people at the Residence. However, he was recently laid up due to a foot injury and needs to recover before he can resume strolling around the neighbourhood.

SHARE YOUR STORIES, ASK YOUR QUESTIONS.

I remember when...
I wonder what used to be there...
When I was a kid...

If you would be interested in sharing your stories in an interview or know of someone interesting we should talk to, contact us
780.479.6285.

COMMUNITY CALENDAR

Sponsored by the Norwood Neighbourhood Association whose vision is to support good projects and activities that benefit the neighbourhood.

For the communities of Alberta Avenue, Delton, Eastwood, Elmwood Park, Parkdale-Cromdale, Spruce Avenue and Westwood.

EVENTS

EASTWOODFEST

Saturday, August 10th from 10am-5pm at Eastwood Park (86 St and 118 Ave). A pancake breakfast will be served between 10am and 12pm. From 12pm to 4pm there will be a variety of kids' activities including jumpy castles and face painting.

COPS AT THE CARROT

Join Edmonton Police members on Tuesday, August 13th from 10am-11am at The Carrot (9351 118 Ave). Bring your questions and comments or just stop in and say hi. Can't make it? You can always call your Community Liaison Constable Christopher Lucas at 780.421.2602.

C'MON CHAMBER MUSIC FESTIVAL

August 20, 22, 23 at 7:30pm at St. Faith's Church (11725 93 St). See article on page 4.

TABULA RASA

Tabula Rasa is an Arts on the Ave fundraiser. With help from professional artists, you will get a blank canvas to paint your own personal masterpiece. We will supply the canvas, paint, brushes, food, and wine (to liberate your inner artist). August 23rd from 7-10pm at The Studio (11739 94 St). Tickets: \$118. Get your tickets at the Carrot (9351 118 Ave).

DRIVE IN ON THE AVE

Sunday, September 1st pile into the car and head to the Alberta Ave parking lot on 93 St and 118 Ave. The first show starts at 8:30pm with the family friendly and heart warming E.T., then, Jurassic Park at 11:00pm. It's FREE!

NOTICES

KEEP THE LOVE ALIVE

The Nina Haggerty Centre for the Arts needs \$250,000 by November 30th to keep its doors open and its paint pots full. Fortunately, the Stollery Charitable Foundation will match all donations to a maximum of \$125,000. It may sound like quite a bit, but if only 1,000 people give \$125 each, we will meet our goal. Donate online at www.thenina.ca

BIG BIN DATES

Dispose of your unwanted household furniture, appliances or electronics on these weekends between 9am and 5pm. August 24th and 25th at Northlands. September 21st and 22nd at Stadium. For details and other dates/locations search "Big Bin" at www.edmonton.ca.

BRAZILIAN PERFORMANCE

Come to the Parkdale Cromdale Community Hall (11335 85 St) to see free capoeira performances every Saturday from 1-2pm! Capoeira is a mix of Brazilian martial arts, music, and dance. More info: www.capoeiraacademy.ca

THE CARROT STAGE

9351 118 Avenue. More info: 780.471.1580. Thursdays: Zoomers open mic is taking a break for the summer. Fridays: Live music 7:30-9:30pm. Go to www.thecarrot.ca for line up. \$5 at the door. Saturdays: Open mic 7:30-9:30pm. Great time to share your newest tune, poem or comedy act! Free for all ages. \$1.25 minimum charge.

KALEIDO OPPORTUNITIES

Kaleido has creative callouts for artistic projects: deck out a lamp post or create a 12x12 installation. Cash prizes for 1st place! Email Annie at kaleido.intallation@gmail.com. Kaleido Car Show: Got a classic or unique car that you'd like to show off? Be part of Kaleido's "Show & Shine." Email Gerard at kaleido.cars@gmail.com. Exquisite Corpse: Kaleido is looking for visual artists (painting/sketching) to participate in this project. Email Monica kaleido.exquisite@gmail.com.

PROGRAMS/CLASSES

EPL SUMMER PROGRAMS AT SPRUCEWOOD LIBRARY

11555 95 Street More info: 780.496.7099 Tololwa Mollel (participatory storytelling), ages 8-12, Thursday August 8th at 11am. Polynesian Dance, ages 6-12, Thursday August 15th at 11am. Travel around the world, ages 7-12, Monday August 19th at 2pm.

FREE MUSIC LESSONS BY CREART!

Running continually every Saturday at Parkdale Cromdale Community Hall (11335 85 St) free group lessons will be offered to members. The teacher is part of the community and loves to share his knowledge! Singing lessons run from 9-10am and Guitar lessons from 10am-12pm. Play and meet others. Contact Chantal at 780.669.3272

SING, SING, LAUGH AND LEARN

For children up to age three accompanied by a grown-up. Tuesdays from 10:30-11:15am at Sprucewood Library (11555 95 St). More info: 780.496.7099.

CREATIVE PROSE / WRITING GROUP

Tuesdays from 7pm to 9pm at The Carrot (9351 118 Ave). More info: Vivian at vzenari@gmail.com

ESL GROUP

New students are always welcome so drop in or recommend a friend! Wednesdays from 9:30-11am at the Parkdale Cromdale Hall (11335 85 St). More info: 780.887.6825.

SUMMER PROGRAMS AT ZION BAPTIST CHURCH

11908 132 Avenue. Senior's Tea August 2nd from 10-11am. VBS Camp August 19th-23rd for K-Gr.6. Cultural Dinner August 29th in support of Karen refugees. Call Nadia 780.454.1347.

SOCIAL ACTIVITIES

FAMILY STORYTIME

Share stories, songs and games for the whole family. Saturdays, from 2:30-3:00pm at Sprucewood Library (11555 95 St). More info: 780.496.7099.

TWEEN LOUNGE

Join other teens in the program room to play video games, make a DIY project, meet friends or just hang out. For ages 7-13. Thursdays at 3:30pm at Sprucewood Library (11555 95 St). More info: 780.496.7099.

TEEN GAMING

Come to the library to play some great games! Thursdays from 6:30-8:30pm for ages 10-17. Plus Friday, August 9th

after hours lounge from 6:15-8:30pm. Sprucewood Library (11555 95 St). More info: 780.496.7099.

WOMEN'S AFTERNOON OUT GROUP

For women to get out, socialize and work on crafts such as knitting, crocheting, card making, and more (or bring your own project). Cost is \$1 drop-in fee for materials. We have a potluck snack. Mondays from 1:30-4pm in the Sprucewood Library Programming room. More info: Michelle at 780.232.5822 or heartsalive@hotmail.com

PARKDALE-CROMDALE SENIORS GROUP

Seniors bingo takes place every Monday from 10am-2pm at the hall (11335 85 St). Coffee and snack provided.

SENIORS LUNCH

Wednesdays from 11:30am-12:45pm at Crystal Kids Youth Centre (8715 118 Ave).

BABES IN ARMS

A casual parent group Fridays, 10am-12pm at The Carrot (9351 118 Ave).

LI'L SPROUTS PLAYGROUP

Come by the Parkdale Cromdale Community Hall (11335 85 St) with your little ones Fridays from 10am-12pm. More info: Chantal 780.669.3272.

SPORTS/REC

FREE COMMUNITY ACCESS AT COMMONWEALTH REC CENTRE

Enjoy the fitness centre at Commonwealth for free on Saturdays from 5-7pm with your community league membership. **Date Changes:** Due to no parking availability during Edmonton Eskimo games the community time is moved from Saturday to Sunday on the following dates: August 24th to 25th, September 14th to 15th and October 5th to 6th. There will only be pool and fitness access on these dates.

FREE SPORTS EQUIPMENT

All kinds of sports equipment to kids in need, including Hockey,

Skates, Bicycles, Soccer, Softball, Rollerblades, Racquets, Snow Sliders and more. More info at 780.477.1166 or sportscentral.org. Also accept donations of gently used sports gear.

FREE QIGONG CLASS

YiXue Lotus practice (Lotus Qigong) for a calm, stable heart and overall well-being. Weekly class, No Fee. Call Astrid 780.477.0683.

VOLUNTEER

KALEIDO VOLUNTEER INFO NIGHT

Come learn about how you can be involved with Kaleido this year and then sign up to join the team! Dinner provided. Tuesday, August 13th, 6-8pm at Alberta Avenue Community Centre.

VOLUNTEER AT THE CARROT

There are daytime and evening shifts at the Carrot which we need volunteers for. More info: carrotassist@gmail.com.

HELP AT NORWOOD CENTRE

Become a volunteer at Norwood Child and Family Resource Centre (9516 114 Ave) and gain experience for employment or education, meet new people, learn new skills, have fun and give back to your community. Go to norwoodcentre.com or call 780.471.3737.

HANG AT A GALLERY

Nina Haggerty Centre for the Arts is looking for individuals willing to share 2-4 hours a week as gallery attendants. Gain experience working in a gallery setting while supporting your neighborhood arts scene! More info: volunteer@ninahaggertyart.ca

BEFRIEND A SENIOR

Provide much needed companionship to an isolated senior by assisting them with grocery shopping, sharing life stories, playing cards or driving them to and from medical appointments. More info: Carole at 780.342.4421.

Listings for free events and programs as well as volunteer opportunities. Email your listings to: info@ratcreek.org.

CHURCH SERVICES

ANGLICAN CHURCHES OF ST. FAITH'S AND ST. STEPHEN THE MARTYR

St. Stephen uses the Book of Common Prayer in the rich worship style of Anglo-Catholicism. St. Faith's worships according to the Book of Alternative Services and has a more contemporary service in language and form. Two Traditions - One Faith.

St. Faith's: 780-477-5931
St. Stephen: 780-422-3240
11725-93 Street

Sunday Services:

8:30 am - Low Mass (St. Stephen)
9:00 am - Morning Prayer (St. Stephen)
9:30 am - High Mass (St. Stephen)
11:00 am - Morning Worship (St. Faith's)
7:00 pm - Evensong (St. Stephen)

CHRISTIAN LIFE CENTER

Our Vision is to be a growing community of believers who are woven together by the love of God for support, fellowship and prayer.

10123 Princess Eliz. Avenue
780-471-2250 www.clifec.ca

Service Times:

9:40 am - Pre-service Prayer
10:30 am - Worship Service
10:45 am - Kzamm Kids
Child care provided for ages 0 to 12 yrs.

AVENUE VINEYARD CHURCH

A friendly, informal, non-judgmental and safe place to grow spiritually. Traditional Christian values in a non-traditional way.

8718-118 Avenue (Crystal Kids building)
www.avenuevineyard.com
Sundays at 10:30 am

BETHEL GOSPEL CHAPEL

A Bible-based, multi-ethnic fellowship.
11461-95 Street 780-477-3341

Sunday Meetings:

9:30 am - Lord's Supper
11:00 am - Family Bible Hour
Saturdays - Free English Conversation Café for immigrants

CARISMA CHURCH

Our vision is to EMBRACE a relationship with Jesus and share it with others. Come and experience a multicultural worship service in an informal, friendly environment.

8401-114 Avenue 780-477-1235
www.carismachurch.org

Sundays at 10:00am

Kids Ministries for ages 2 to 12yrs.
Come as you are. All welcome!

ST. ALPHONSUS CATHOLIC CHURCH

11828-85th Street 780-474-5434

Service Times:

7:30 am - Mass, Tuesday to Friday
4:00 pm - Mass, Saturday Vigil of Sunday
11:00 am - Mass, Sunday Main Celebration
4:00 pm - Mass, Sunday, Eritrean Catholic Community

English Classes & Collective Kitchen (seasonal - call for info)
St. Vincent de Paul Food Help Hotline: 780-471-5577

ST. JOHN'S EVANGELICAL LUTHERAN CHURCH

Please join us for our diverse services. We offer regular Sunday worship services in German and English languages.

10759-96 Street (Corner of 108 Ave)
780-422-0059 www.stjohnsluth.ca

Service Times:

9:30 am - German Service
11:00 am - English Service
11:00 am - Sunday School for Children

Holy Communion: Every first Sunday of the month in the German Service
Holy Communion: Every third Sunday of the month in the English Service

PAWN . SELL . TRADE . BUY

VARIETY EXCHANGE

9406 118 Avenue 780.474.1260 | Mon-Fri: 10:30-6:30 Sat: 10-6



· Movies, Musical Equipment, Tools, Video Games, TVs and Stereos

· FREE One Day Loans

· FREE Government

Cheque Cashing

· DVDs 12 for \$20.00

STOP BY FOR A FREE BAG OF POPCORN

· Friendly Service

· Will Negotiate

· No Insurance Fees - EVER

· No Interest, No Fee Lay-Away

· Reputable, Clean and Organized

1ST LOAN
20% ALL
OTHERS
25%

WE APPRECIATE YOUR BUSINESS!

PARKDALE/CROMDALE UNVEILS A NEW MURAL AND CELEBRATES WITH A COMMUNITY BBQ

Over 100 people attended the public unveiling on Sunday, July 7th for the Community Mosaic Project and celebrated with a free BBQ hosted by CRUD. >> REBECCA LIPPIATT



TONS OF FAMILY FUN ON JULY 13TH AT THE YOUNG AT ART MARKET



Folks enjoying the Young at Art Market (above). Max and his cats at the Young at Art Market (right). >> FEDERICO LEONE

LA PUPUSA FESTIVAL



The Salvadorean ladies cooked up over 2,000 yummy pupusas for the crowd at the Pupusa Festival on Saturday, July 27th. >> KAREN MYKIETKA

CANINES AND COMPANIONS ALIKE ENJOYED THE 2013 AVENUE GOES TO THE DOGS FESTIVAL

This year, the expanded two-day festival at Eastwood Park included: dog games, dog adoption; K9 market, speakers, demonstrations, dog races, live music, and activities for everyone. >> REBECCA LIPPIATT

