

# Rat Creek Press

Alberta Avenue • Delton • Eastwood • Elmwood Park • Parkdale-Cromdale • Spruce Avenue • Westwood



BY THE COMMUNITY - FOR THE COMMUNITY

SEPTEMBER 2023

## Will the RCP disappear like its namesake?

Newspaper needs community participation to continue



Karen on an early morning stress relieving walk in Kinnaird Ravine. | Supplied

### KAREN MYKIETKA, PUBLISHER

Last month, the mainstream media ran a story on problem properties in our community. Rather than report on a positive community event, a local business, an interesting resident, or a local initiative, the media focused on the negative.

This is the reason I started producing *Rat Creek Press (RCP)*: to shift the focus and share the positives. After nineteen years, I still believe a local newspaper is important and much needed.

I hope you do, too. Now, more than ever, the *RCP* needs your help to survive.

The truth is that the future of the *RCP* is in jeopardy. From more contributors to a new editor, we desperately need you.

Everyone has a story, a passion, or an opinion they can share. We need a greater pool of writers able to take on assignments covering community events and issues. Many of our contributors are aspiring local writers or journalism students. Why not join them? You can see your name in print, even if it's only once!

**After nineteen years, I still believe a local newspaper is important and much needed. Now, more than ever, the *Rat Creek Press* needs your help to survive.**

Writing for the *RCP* is a great opportunity to get published and get paid. Become an *RCP* member for \$36 annually and earn a \$50 honorarium per assignment. And not just writing assignments—we also often need photographers or illustrators.

But above all, we need a new editor. Our longtime editor, the talented Talea Medynski, moved on to a new job in June. Her presence is sorely missed.

As the publisher, I've taken over Talea's duties, tapping freelance editors for help. The current situation is exhausting as I continue to do my other jobs. The *RCP* urgently needs a new editor, or perhaps an editorial team. Payment is part of the package.

I would also be happy to pass my publishing duties on to someone else while providing transitional support. A small salary is included. A new publisher could tackle future challenges, such as whether the *RCP* continues as a print plus online publication, or simply online. The operating structure of the *RCP* could also be changed to make its future more viable.

Above all, it's important that *RCP* have leadership from a person or persons who live in the area.

The structure will depend on who comes to the table: neighbourhood ambassadors who are engaged in the community, writers and reporters, and people

with editing, advertising, graphic design, social media, and website-building experience, among other talents. The *RCP* is looking for you.

Without enough interest or human resources, the *RCP* may stop publishing.

So much opportunity exists. We need to hear from anyone willing and able to be involved.

Contact me and let's have a chat. Email: [info@ratcreek.org](mailto:info@ratcreek.org).

On **Wednesday, October 11, at 7 p.m.**, the *RCP* will hold its AGM to discuss and plan for the future. Please mark your calendar today. We invite everyone to turn out and share their thoughts at the Alberta Avenue Community League Centre. Consider becoming a board member to ensure the continuation of our newspaper. Share your expertise at the board's monthly meeting and enjoy being part of the team.

*For the last 20 years, Karen poured her heart and soul into building community in the Alberta Avenue District. Now she is starting a new season in her life and exploring where that might take her.*

Please take our quick reader survey at [bit.ly/RCPSept23](https://bit.ly/RCPSept23)

We need to hear from you. Five minutes may make all the difference to the *RCP's* future.



### You are needed at the RCP AGM!

Join us in planning the future of the newspaper.

**Wednesday**

**Oct. 11**

**at 7 p.m.**

**Alberta Avenue**

**9210 118 Ave**

**south door**

JUST SHOW UP.

ENJOY BEVERAGES, SNACKS & GREAT CONVERSATIONS.



arts on the ave presents

# Kaleido

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**SEPTEMBER 15-17, 2023**

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# Discover hidden treasures west of 97 St

Women entrepreneurs serving up food, training, and community in Westwood

## GAIL SILVIUS

A walk along the 118 Avenue business district often stops at 97 Street. I wanted to take a look at the Avenue beyond the bat.

One of my excursions takes me into **Guuto Mothers Cafeteria**. I've eaten here a few times and enjoyed the goat and samosas. Zuhair Ali and Tirik Hasan started the business as a social enterprise several years ago. They received a loan from the Social Enterprise Fund with the goal of providing a space for training and supporting newcomer women whose qualifications aren't recognized in Canada. The loan went to renovating the space on 118 Avenue and then "...Covid interrupted all our classes and now it's like starting at the beginning again," says Zuhair.

With the help of Raqiya Abdi, who acts as interpreter, Zuhair shares her vision of empowering women and youth to be more independent. Trained as a midwife in Somalia, she sees a loss of culture and identity as people try to understand their new life in Canada. She is passionate that people need a place to gather and learn together. Right now the food service is paying the bills and future plans include offering sewing lessons.

At the end of the avenue the bright green window coverings of **Mind-Full The Cannabis Store** draw me in. Owner Maureen Fehr is inside chatting with a customer. The store is well lit and well kept with bright flowers in the planter



**Left:** Zuhair Ali preparing food for Guuto Mothers Cafeteria. | Gail Silvius  
**Right:** Spicy fried chicken is a specialty at Chicken for You. | Supplied

**The women entrepreneurs agree getting past the Covid business challenges will take time and each is ready to help make the avenue more welcoming.**

at the door. Maureen talks about the ongoing stigma of cannabis and tight controls about how marketing can be done. Maureen points out that cannabis stores face higher delivery fees than liquor stores.

My third stop is to meet up with Jane Kim who owns and operates **Chicken for You** along with her husband James, who had a similar business in South Korea. As I try out the chicken quesadilla Jane shares a bit of her story. She came to Canada about 10 years ago, followed by James a year later. They started their business 4 years ago and will be celebrating the second anniversary of the Alberta Avenue location in

September. A lot of their business is take out or delivery. As some delivery apps take up to 30% of the cost of an order, Jane hopes customers will order directly from the restaurant website and pick up or dine in to help their small business survive. Watch the website for anniversary specials.

The women entrepreneurs agree on several points. Getting past the Covid business challenges will take time and each is ready to help make the avenue more welcoming. As Jane says... Come and eat!

*Gail is recently retired and enjoys exploring her Delton neighbourhood.*

**Chicken for You**  
Korean fried chicken  
10406 118 Ave  
Chickenforyou.business.site  
Orders: 780.705.3336  
11 a.m. to 8:30 p.m.  
Closed Sundays

**Guuto Mothers Cafeteria**  
Social Enterprise  
10412 118 Ave  
10 a.m. to 9 p.m.  
7 days a week

**Mind-Full Cannabis**  
10430 118 Ave  
mindfullcannabis.ca

## Blake Desjarlais

Edmonton Griesbach

### Constituency Office

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### ABOUT US

We are a non-profit community newspaper serving Alberta Avenue, Delton, Eastwood, Elmwood Park, Parkdale-Cromdale, Spruce Avenue, and Westwood. Published on Treaty 6 Territory. The opinions expressed in the paper are those of the people named as authors of the articles and do not necessarily reflect those of the board or staff.

### GOALS

Build Community, Encourage Communication, Increase Capacity.

### BOARD OF DIRECTORS

Constance Brissenden, Victoria Stevens, Kevin Blakeman and Derek Quittenton.  
The board may be contacted at board@ratcreek.org.

### PRODUCTION STAFF

PUBLISHER Karen Mykietka info@ratcreek.org  
EDITOR editor@ratcreek.org  
DESIGNER Brenda Fortin design@ratcreek.org  
ADVERTISING ads@ratcreek.org

### CONTRIBUTORS

Our writers vary from trained journalists to community residents with varying backgrounds. We strive to be a place where individuals can learn new skills and acquire experience—whether in writing, editing, photography, or illustration. We welcome letters, unsolicited submissions, and story ideas.

### COPYRIGHT

Copyright of articles, letters, photographs, and other online materials submitted and published by the Rat Creek Press in print or online remains with the author, but the Rat Creek Press may freely reproduce them in print, electronic and other forms.

### CIRCULATION

Serving 12,000 community members.

### DELIVERY

The paper is delivered by Canada Post to all houses, apartments, and businesses in the seven neighbourhoods listed above including those with no unaddressed mail notices. For the most part, delivery begins on the last Wednesday of the month.

## RCP BANNED ON FACEBOOK

**META has banned ratcreek.org links along with all other Canadian new websites from Facebook and Instagram. We cannot make posts of any kind on the RCP Facebook page.**

**You need to go directly to our webpage to see our online content. You can take a screenshot of an article and share that on your Facebook.**

**Please sign up for our e-Newsletter at bit.ly/joinRCPnews**



## DON'T MISS THESE ONLINE ARTICLES

**Night markets on Alberta Avenue see unprecedented success** by Andres Calderon

**CEASE appoints new executive director** by Molly Staley

**Elmwood Park Community League celebrates a new beginning** by Devyn Ens

**Neighbouring for Climate Pilot this summer** by Gail Silvius

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# Arts overtaking the ave

Family friendly event promises a unique and all-inclusive experience

**ANDRES CALDERON**

Continuing an impressive 18-year run, the Kaleido Family Arts Festival is returning to Alberta Avenue this month.

Starting on Friday, Sept. 15, the three day festival is a free, family-friendly event that will include music, theatre, visual arts, street performers, dancing, artisan markets, and food trucks.

Christy Morin, General Manager and Artistic Director, explains the festival delivers an experience that is not only diverse but completely unique.

“We don’t narrow in on only one area and discipline of the arts. We actually bring all of the arts together to see how they play and interplay together, with audience and artist and artist becoming audience and audience becoming artist,” says Morin.

“Being able to have interaction is really important in the development of what Kaleido brings,” she adds.

Morin notes the festival not only encourages interaction between performer and spectator, but also interaction between performances and the surrounding community itself.

“We shut down five blocks of the avenue, from 90 to 95 Street, and we use backs of alleyways, parks, tops of buildings, back spaces of streets, and we have performances and such on the street ‘al fresco,’” she says. “It’s a really lovely mix of the arts and community.”

Morin explains the direct connection to community was essential to the foundation of the festival itself, as its origins are rooted firmly in the Alberta Avenue district.

“We were just a group of grassroots artists living in the neighbourhood. [We] started meeting in each other’s homes and loving this neighbourhood but sort of realizing what a stigma that crime had on the beauty of the avenue and the businesses,” says Morin.

“So we were like ‘maybe we can find



Kaleido Festival fills the streets, buildings and sometimes even rooftops with a dizzying array of visual and performing arts. Don’t miss it. | Epic Photography

a way to bring beauty and arts to the neighbourhood.’ So we decided to do a festival,” she adds.

Growing in both scope and attendance, Morin states the festival has increased from 300 visitors in its first year to over 40, 000 visitors currently. Morin explains this growth is due in large part not only to dedicated performers but also volunteers.

“Volunteers is how we all started, I started out as a volunteer presenter,” she says. “Volunteers are the heart of Kaleido, and this year’s theme is ‘Hearts a Bustin,’ which is a type of strawberry. That’s why you’ll see the heart with strawberries bursting out of it this year in our logo.”

Morin explains the festival requires 420 volunteers, with a variety of roles needing to be filled in order to make

the weekend as successful as possible. She adds that volunteers are still needed and welcome for this month’s upcoming event.

“We have a huge breadth of need for volunteers,” she says. “What we ask is for a minimum of a six hour shift and hopefully to a maximum of four or five shifts, if possible, with us on the weekend. So it would be great to see people starting to fill up those places and positions.”

Morin explains anyone wanting to volunteer can go to The Carrot Community Arts Coffeehouse or visit the festival’s website. She adds the website will also include a GoFundMe page as the festival is currently 40 percent lower than it normally is in terms of donations and grants.

“[The festival] is completely free, and if you were actually going to a festival like this paying, it would probably cost

about 120 dollars per person for the amount of talent and artists and experience you are receiving,” she says.

*Andres is slowly studying nursing while working full time. He spends most of his free time either reading or going to used book stores. He has a collection of over 1,200 books.*

**Kaleido Family Arts Festival**  
**September 15 - 17, 2023**  
[kaleidofest.ca](http://kaleidofest.ca)  
**The Carrot Community Arts**  
**Coffeehouse**  
**9351 118 Avenue**  
[thecarrot.ca](http://thecarrot.ca)  
**780.471.1580**

Welcome TO THE 

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**Spruce Avenue Community League**

Join us September 9th for a movie night, see social media for more details!  
 We also host Bingo the last Friday of every month from 6-9.  
 Interested in being more active in the community? We are looking for board members!  
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# Imperfect reconciliation

## It's better to do something imperfectly than to do nothing at all

**GAIL SILVIUS**

When I was growing up in a small prairie city you couldn't rent a house in town if you were Indigenous. I went to school with children who still lived at the nearby residential school. (Education was slowly becoming less segregated by the time I entered grade 7). One of the earliest Native Friendship Centre's in Canada was opened in 1965 in my hometown. I learned at an early age that small groups of dedicated folks could create change.

Eight years ago the Truth and Reconciliation Commission crossed the country and listened to the survivors of the residential school system. The final report had 94 calls to action. According to the Yellowhead Institute, at the end of 2022 only 13 of the calls have been completed. So what is my role as a non-Indigenous person in advancing both the truth of destructive colonialism and reconciliation with the original inhabitants of this land?

Jody Wilson-Raybould, in her book *True Reconciliation: How to Be a Force for Change*, proposes that we learn, understand, and act. She reminds us we don't need sprinters, we need marathoners who will commit to the hard work. She invites non-Indigenous people like me to become "inbetweeners".

### Things we can do to further reconciliation:

- Eat at an Indigenous-owned restaurant like Tipi Treats.
- Purchase Indigenous literature (and donate the books when I've read them).
- Read and reread the 94 Calls to Action and contact my MP or other elected officials about progress implementing them.
- Donate to organizations that are revitalizing language and culture or addressing climate justice.

- Take responsibility to call out racism when I see or hear it.
- Support harm reduction. Learn how to give Naloxone for drug overdose.
- Be humble and prepared to listen and learn.
- Look for opportunities to invite others to talk about reconciliation.
- Be prepared to face anger and criticism (from all over!).

I know I can't do reconciliation perfectly. I'm willing to be imperfect. I'm not willing to do nothing.

*Gail is recently retired and enjoys exploring her Delton neighbourhood.*

**Truth and Reconciliation Day (Sept 30) was declared a civic holiday in Edmonton by Mayor Amerjit Sohi.**

**Truth and Reconciliation Week is Sept 25 through September 30.**

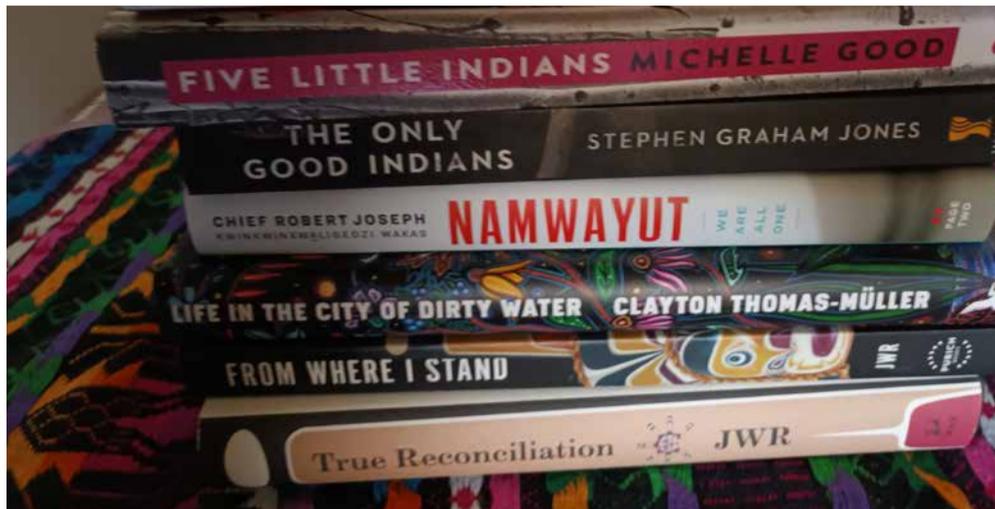
### RESOURCES

The National Centre for Truth and Reconciliation (nctr.ca) offers online courses for educators and for individuals.

Books to deepen our understanding of colonialism and how government policy was developed and used:

*21 things you may not know about the Indian Act* by Bob Joseph. (Includes discussion guides) Indigenous Relations Press, 2018.

*Truth telling* by Michelle Good, HarperCollins Publishers, 2023.



Top: You can learn more by reading these books. | Gail Silvius

Bottom: This star blanket was presented to Audrey Silvius, Gail's mother, on the occasion of the 50th anniversary of the Brandon Native Friendship Society. | Gail Silvius

## PARKDALE-CROMDALE COMMUNITY LEAGUE PRESENTS

**2023**  
**HARVEST BREAKFAST**

**SATURDAY** ×  
**SEPTEMBER 16**  
**9 AM – 11 AM**

**@ PCCL HALL**  
**11335 85 ST NW**

**Come celebrate Community League Day with PCCL while we use our garden bounty to prepare a hearty harvest breakfast for you and your neighbors.**  
**RSVP on Facebook.**



### Here are some more suggestions to practice reconciliation:

#### Constance Brissenden

Visit Indigenous sites and monuments, like the statue honouring David Thompson and his wife Charlotte in Lac la Biche, Alberta. Learn more about Indigenous peoples and their roles in history.

I donate books that I co-wrote with my partner, Cree writer Larry Loyie, so that children know more about Indigenous cultures.

#### Rusti L Lehay

I personalize my land acknowledgement, at the beginning and at the end, keeping the integrity of the Treaty 6 acknowledgement. This way, I feel it deeply when I share before every event I lead, most often online. It stays fresh and impacts me each time.

I stand as a witness if I see security guards or law enforcement dealing with any person of minority.

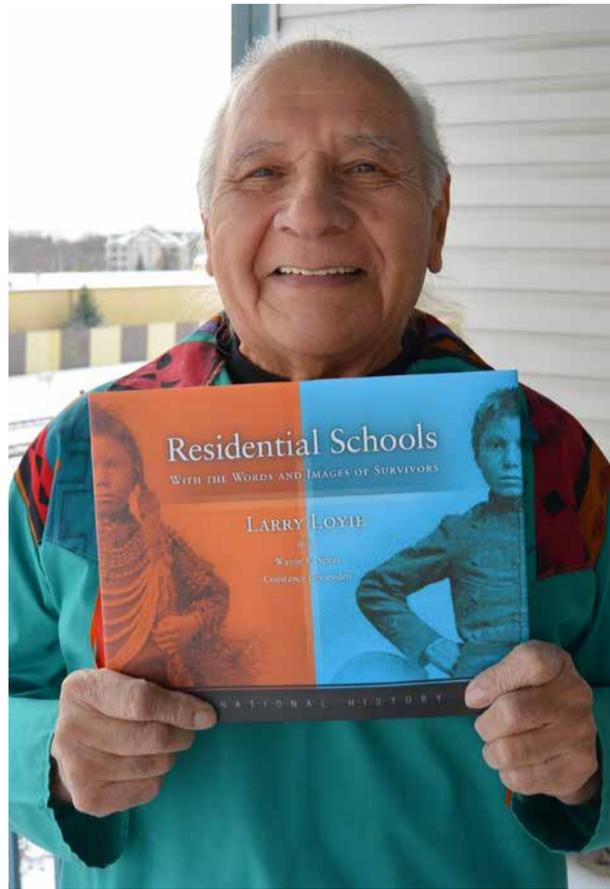
#### Derek Quittenton

I learned about intergenerational trauma by reading Cree author Tamara Starblanket's book *Suffer the Little Children*. It opened my eyes and my mind.

#### Victoria Stevens

Know whose land you are on, what the traditional name is, and how to pronounce it. For instance, Edmonton is called Amiskwaciwâskahikan (Beaver Hills House) by the Cree, Ti Oda (Many Houses) by the Nakota Sioux, and Amakowsis or Omahkoyis (Big Lodge) by the Niitsitapi. Edmonton has given all the municipal ridings Indigenous names; learn the one you are in and how to pronounce it, what nation it is from, and what it means, as well as try to do the same with the others.

Follow Indigenous creators and voices on social media. Search out what they say on all issues, but especially those that directly impact them. Amplify those voices.



**Top right:** Read Indigenous authors like Parkdale's Larry Loyie, who left an award-winning legacy.

**Bottom left:** Learn a new skill, such as sewing a ribbon skirt.

**Bottom right:** Join in a school event and explore truth and reconciliation through education. Photo taken in 2022.

| Constance Brissenden



# Rat Creek Press



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# Resilience and determination

Covid-19 isolation put a young man's life on track



**Left:** Dylan Zambonelli relaxing with a new friend by the campfire. **Right:** The family gathering is held every year in northern Alberta. Cree ceremonies honour the deceased. This year's weather was perfect with no flooding or fires. | Constance Brissenden

## DEREK QUITTENTON

Over the past few months, I've been talking to random people about how they survived the Covid lockdowns. Chance brought Dylan Zambonelli's experience my way. This one stands out.

When he shared his story, the 27-year-old Parkdale-Cromdale resident was relaxing outside by a campfire. Three months before, Zambonelli had booked off his restaurant job for the weekend so that he could join his family at a gathering near Kinuso, Alberta. That's the kind of mindset that he has: planning ahead is a way of life, with his goals set into his mid-thirties.

Back in March 2020, the first Covid-19 lockdown caught him at a crucial moment. "My four-year-long relationship had ended. I was struggling financially. I enrolled in school, failed courses, and dropped out. I would work all week and then spend all my pay."

For many, lockdown made matters worse. But for Zambonelli, "Covid essentially saved my life."

All his old patterns were shattered. Still in his early twenties, Covid "forcibly erased all my responsibilities. I had no social life. I had no work. Everything was torn away," he recalls.

The empty hole in his life was soon filled. "Covid gave me intense motivation to study and re-establish myself," says Zambonelli. He is grateful that government support took care of his financial needs.

With the pressure off, he made significant progress in his studies. He took advantage of online education at Athabasca University, studying for a Bachelor of Science in Applied Mathematics degree. He aced courses for the first time and finished half his degree.

Today, relaxing by the fire, with family

and friends nearby, Dylan Zambonelli has clearer goals. "I'm establishing my own identity of what I want to be as a man. I'm establishing my own career. I didn't think this before Covid, when I felt useless, with no skills and no education. I felt pressure to be a provider, but I couldn't provide anything."

Pausing to remember this period of his life, Zambonelli says, "It's ironic. Covid improved my mental health. I had felt a lot of pressure to prove myself as a man. I was struggling to provide for my basic needs. During the lockdown, I read a lot of philosophy and understood life better. I had time to plan for my future."

The post-Covid years have been rough for the young man. His beloved younger sister died, and his house burned down. Yet he forges on. He moved to Parkdale-Cromdale and continues to work in the restaurant industry. This fall, he will finish

his final three university courses online. Plans include joining the Canadian Armed Forces to continue his education.

In spite of every tragedy, Zambonelli does not waver when he says, "I feel I know exactly who I want to be now. I'm a lot more positive. I'm not giving up."

As a senior, I often wondered how young people coped with Covid-19 issues. I knew it affected mental health around the world. My belief in the resilience and determination of young people is reinforced by Dylan Zambonelli's experience. His is a story that everyone can appreciate. I certainly do.

*Derek, a former financial planner, retired, sold his practice, bought a big honking touring motorcycle, and hit the road! Six years and 160,000 km later, all in Canada and a snippet in Alaska, he has seen this land. You want to learn about the grandeur of this land, just ask him!*

**3 Days left!**

**September 1 & 8**  
at Battista's Calzone

**September 15**  
at Downtown Auto

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**Alberta Ave Community League**

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SEPT. 9TH

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OCT. 14TH

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# Around the world with friends

## Neighbours gather to try new local restaurants

### CHRIS NICHOLS

It was early spring 2022, and I was out on the front street talking to a neighbour, Charlene, about a recent trip to a local bar with neighbourhood friends. We formed a group to experience an establishment we all found intimidating but wanted to try. We didn't have the courage to go individually but felt there would be strength in numbers.

Charlene was intrigued, stating she would like to get involved in something similar, but was certain she wasn't adventurous enough to visit local bars. I replied there are many interesting, independent restaurants within a 15-minute walk. Restaurants that many of us would love to try. Sinclair Street Diners' Club was born following the eureka smiles on both our faces.

We spread the word and collectively decided to start in September after all the wanderlusts of summer were satiated. Meeting on the third Thursday of every month, we kept the group relatively small – no more than 12 neighbours from 95A street – to avoid overwhelming the owner-operated businesses.

### Mama Asha Cafe

The first destination of our culinary journey was Mama Asha Cafe near the corner of 95 St and 118 Ave. The owner, chef, and host is a delightful person who takes pride in telling the story of her grandmother's legacy left to her in the form of amazing food and a true passion for ensuring her guests have a memorable experience. The blend of spices and flavours in the dishes was mouth-wateringly precise. After this experience, we knew we were on the right path.

### Noi Thai

The beauty of mid-autumn brought us to Noi Thai on the corner of 95 St and 107 Ave. The owner has an ageless smile and eyes that speak kindness as he diligently works to keep everything moving smoothly, ensuring the food is brought out at the right moment. Noi Thai is known

for its beautifully and masterfully balanced curries. The massamun brown curry was Katelyn's favourite, while Brian raved about the Thai papaya salad.

### Swagat Indian Bar and Bistro

We finished off the year before the holiday break by indulging in the warmth and comfort found in the menu at Swagat Indian Bar and Bistro, which is located on the traffic circle at 101 St and 118 Ave. Jonathan introduced us to the delicious

Kathmandu chicken momos, which I have persisted in ordering since. Charlene claims that everything on Swagat's menu is excellent. My personal favourite from Swagat is the mango chicken with garlic naan. I just can't get enough of it.

### Asian Express Hot Pot

In the depths of February's clutches, we trekked into Chinatown to Asian Express Hot Pot, where no soul in our group left disappointed. The variety. The aromas.

The flavours. The opportunity to experiment and explore with one's taste buds. The communal experience of cooking together while laughing and conversing makes Asian Express a gem. Most of our gang asked for their excess broths to be packed up so they could enjoy them again the next day. Andrea says they have the best milk tea.

### Serengeti BBQ

Throughout the spring, we visited three more local restaurants. The hidden treasure of these visits was Serengeti BBQ, situated on 118 Ave west of 88 St. The owners are dynamic, genuinely filled with joy, and undeniably proud of their offerings. The Zanzibar platter is a generous plate best shared with a partner. We ate the ribs, fish, and chicken dipped in their robust house-made hot sauce and washed it down with the perfectly paired Tusker lager from Kenya. Doug and Brian consider the thinly sliced beef ribs a delicacy in their own right.

### Padmanadi

We finished our first season at the venerable Edmonton institution, Padmanadi. Earlier in my life, I deliberately avoided vegan restaurants for various foolish reasons. I sincerely regret not going to Padmanadi years ago. Our diners' club has a wildly inconsistent practice of sharing or not sharing food, which was best displayed at Padmanadi. We kept leaning over each other to try everyone's dishes. Everything we tried was brilliant. The skewers were very popular, and the chocolate mousse was a revelation.

And so, with Volume One of our saga under our belts, we look forward to continuing Volume Two in September. There are so many restaurants and cafes left for us to experience. Some are well known, and many undeservedly fly under the radar. In either case, we know we're in for a treat.

*Chris Nichol is a resident of Sinclair Street in the "Norwood part of Alberta Avenue" who happily spends time exploring and experiencing the vibrancy of Alberta Avenue and neighbouring communities.*



There are so many restaurants and cafes left for us to experience. Some are well known, and many undeservedly fly under the radar. In either case, we know we're in for a treat.



Top left: So many delicious options on the menu. | serengetibbq.business.site

Bottom left: Sabayad bread served with meals. Bottom right: Spiced black tea or Somali coffee, regular or Latte style. | mamaashacafe.com

**COMMUNITY LEAGUE DAY  
PANCAKE BREAKFAST**

PANCAKES / SAUSAGES/COFFEE

**September 9, 2023**  
9:00 - 11:00 am

Elmwood Park Community League  
12505 75 st

**FREE ENTRY**

Come renew your membership, and join us for a free breakfast! & Find out about all other community league day activities happening in our area!

**Janis Irwin, MLA**  
Edmonton-Highlands-Norwood

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**ETown Minors & ETown Augmented  
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**Thursday, September 14, 2023**  
**Eastwood Community League**  
**11803 86 Street**  
**Edmonton, Alberta T5B 3J9**  
**Minors @ 6:30 pm**  
**Augmented @ 7:30 pm**

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